

PARVATHY SUCHITHRA

DHA-Licensed Registered Nurse

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PROFESSIONAL SUMMARY

DHA-licensed Registered Nurse with strong clinical experience in both UAE outpatient care and Indian critical care settings. Skilled in patient assessment, triage, medication administration, EMR documentation, ICU monitoring, and evidence-based nursing practice. Adept at managing fast-paced clinical environments, supporting cardiothoracic post-operative patients, and maintaining the highest standards of infection control and patient safety. Committed to delivering compassionate, patient-centered care aligned with UAE healthcare regulations. Available for immediate joining in Dubai.

CORE SKILLS

- Patient Assessment & Triage
- Vital Signs Monitoring & Interpretation
- Medication Administration & Drug Safety
- Wound Care & Dressing Management
- ECG Monitoring & Diagnostic Support
- IV Cannulation, Infusion & Phlebotomy
- Outpatient Nursing & Patient Flow Management
- Critical Care & Hemodynamic Monitoring
- Ventilator, IABP & ECMO Support
- Post-Operative Nursing Care
- Care Plan Development
- EMR / EHR Documentation
- Infection Prevention & Control (IPC)
- Patient & Family Education
- Multidisciplinary Team Collaboration
- BLS (AHA Certified)

PROFESSIONAL EXPERIENCE

Staff Nurse

Life Medical Centre and Clinic – Dubai, UAE

Mar 2025 – Dec 2025

- Delivered high-quality nursing care in a busy Outpatient Clinic, supporting 30–40 patients daily with diverse medical needs.
- Conducted rapid triage and patient assessment, prioritizing urgent cases and improving overall patient flow.
- Performed routine and advanced clinical procedures including wound care, IV therapy, ECG recording/monitoring, and medication administration.
- Maintained 100% accuracy in EMR documentation, ensuring timely and detailed clinical records compliant with DHA standards.
- Assisted patients with insurance verification, explaining eligibility, exclusions, and pre-approval requirements to reduce claim issues.
- Coordinated follow-up care, referrals, and continuity of treatment in collaboration with physicians and multidisciplinary teams.
- Ensured adherence to clinic infection control protocols, safety regulations, and quality assurance systems.
- Provided clear patient education on treatment plans, preventive care, and medications.

Staff Nurse – CVTS ICU

Amrita Institute of Medical Sciences – Kochi, Kerala, India

Oct 2022 – Aug 2024

- Delivered specialized care in a 10-bedded Cardiovascular & Thoracic Surgery (CVTS) ICU, managing critically ill and post-operative patients.
- Operated life-support equipment including Mechanical Ventilators, IABP, and ECMO, ensuring optimal patient stability.
- Assisted physicians during invasive procedures such as central line insertion, arterial line placement, and endotracheal intubation.
- Conducted continuous hemodynamic monitoring, interpreting cardiac rhythms, arterial pressures, and early signs of deterioration.
- Administered high-alert IV medications and titrated infusions with strict adherence to medication safety protocols.
- Provided detailed post-operative management, including wound evaluation, chest tube care, and infection prevention, contributing to a zero-infection rate.
- Delivered comprehensive care to cardiac transplant and cardiothoracic surgical patients, ensuring adherence to evidence-based recovery pathways.
- Collaborated closely with intensivists, surgeons, anesthesiologists, and allied health teams to achieve optimal patient outcomes.

EDUCATION

Bachelor of Science in Nursing (B.Sc Nursing) | Oct 2017 – Jun 2022

Josco College of Nursing, Alappuzha, Kerala, India | Graduated with First Class

Higher Secondary – Science Stream | Mar 2014 – Mar 2016

Government Higher Secondary School, Kollam, Kerala, India | Score: 80%

LICENSES & CERTIFICATIONS

- **DHA Registered Nurse License** – Mar 2025
- **Basic Life Support (BLS)** – American Heart Association – Jan 2025

LANGUAGES

- English: Fluent
- Malayalam: Native
- Hindi: Intermediate

ADDITIONAL INFO

- Nationality: Indian
 - Date of Birth: 28/09/1998
 - Visa Status: Employment Visa
 - Availability: Immediate
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