



ARDRA TOMY

BSC NURSE

ABOUT ME

A dedicated and compassionate BSc Nurse with 6 years of total nursing experience, including 2 years of hands-on expertise in the GCC, specializing in ICU and inpatient care, and 4 years of experience in Kerala in Medical ICU settings. Demonstrates exceptional clinical skills in patient care, emergency response, and medical procedures in high-pressure environments. Adept at coordinating with multidisciplinary teams to ensure optimal patient outcomes and maintain high standards of healthcare services. A strong advocate for patient well-being with a keen attention to detail, maintaining compliance with international medical standards and protocols. Currently seeking a challenging position as a BSc Nurse to leverage extensive experience in providing critical care and enhance patient safety and recovery.

WORK EXPERIENCE

BSC NURSE

21/06/2022 – 23/11/2024

CANADIAN SPECIALIST HOSPITAL DUBAI, UAE

Department: ICU and in patient

BSC NURSE

17/11/2021 – 19/03/2022

NIRMALA HOSPITAL, MARIKUNNU, CALICUT, KERALA, INDIA

Department: Medical ICU

BSC NURSE

02/02/2020 – 14/11/2021

VALLEY VIEW HOSPITAL, THAMARASSERY, KERALA, INDIA

Department: Medical ICU

BSC NURSE

30/01/2018 – 31/01/2020

NIRMALA HOSPITAL, MARIKUNNU, CALICUT, KERALA, INDIA

Department: Medical ICU

DUTIES & RESPONSIBILITIES

- Regularly monitor patients' vital signs, including heart rate, blood pressure, and oxygen levels.
- Assess and respond to changes in patient conditions, administering immediate care when necessary.
- Provide personalized patient care and ensure comfort for critically ill patients in ICU and inpatient settings.
- Administer medications, IV fluids, and blood transfusions as per the physician's orders.
- Assist with mechanical ventilation, intubation, and other life-support procedures.
- Manage and operate ICU equipment such as monitors, ventilators, and defibrillators.
- Work closely with the medical team during code blue and other critical situations.



Phone

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Email

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Area

Dubai, UAE

PERSONAL INFO

Gender : Female
DOB : 07/07/1995
Marital Status : Married
Nationality : Indian
Visa Status : Visit Visa

PASSPORT DEATILS

Passport No : S6698047
Date of Expiry : 30/09/2028

PROFESSIONAL REGISTRATION

- DHA (Dubai Health Authority)**
DHA ID : 65656244
- REGISTERED NURSE IN INDIA**
KERALA STATE NURSING COUNCIL
Reg ID : KL03201800742
- Advanced Cardiac Life Support**
- Basic Life Support**

PROCEDURES ASSISTED

- Mechanical ventilation
- Intubation
- Centre line insertion
- Tracheostomy
- Arterial line insertion

KEY SKILLS

Patient Care

Clinical Assessment

Medication Administration

Infection Control

IV therapy Management

Vital signs Monitoring

Wound care

Documentation and Reporting

Health Education

Communication Skills

Time Management

Compassion and Empathy

Critical Thinking

Team Collaboration

LANGUAGES KNOWN

English

100%

Malayalam

100%

Hindi

100%

REFERENCES

- ❖ Sr. Clarence
Principal
Nirmala College of Nursing
Kerala, India
- ❖ Dr. Ajith Kumar
Medical superintendent
Nirmal Hospital, Marikunnu, Calicut,
Kerala, India

- Respond promptly to medical emergencies and implement life-saving interventions such as CPR and airway management.
- Educate patients and families about the patient's condition, treatment plans, and post-discharge care.
- Provide emotional support to patients and families during critical times.
- Maintain accurate and up-to-date medical records and nursing notes.
- Report patient status and changes to the attending physicians and ensure clear communication across shifts.
- Collaborate with doctors, specialists, and other healthcare professionals to develop and implement patient care plans.
- Participate in multidisciplinary team meetings to discuss patient progress and adjust treatment protocols as necessary.
- Follow strict infection control measures to prevent the spread of infections within the ICU.
- Ensure patient rooms, equipment, and ICU environments are kept sterile and organized.

EDUCATION AND QUALIFICATIONS

✚ BSC NURSING

KERALA UNIVERSITY OF HEALTH SCIENCE, KERALA, INDIA
| 2017

✚ HIGHER SECONDARY

BOARD OF HIGHER SECONDARY EXAMINATION, KERALA
INDIA | 2013

✚ SSLC

BOARD OF PUBLIC EXAMINATION, KERALA, INDIA
| 2011

EQUIPMENTS HANDLED

- ✚ Defibrillator
- ✚ Ventilator
- ✚ ECG Machine
- ✚ Suction Apparatus
- ✚ Pulse Ox meter
- ✚ Infusion & Syringe Pump
- ✚ Cardiac Monitor
- ✚ Ambu Bag
- ✚ CVP Monitor
- ✚ Nebuliser
- ✚ Crash Cart Emergency medicines & intubation tray
- ✚ Pacemaker
- ✚ Doppler machine
- ✚ Glucometer
- ✚ Sphygmomanometer
- ✚ Ventilator
- ✚ Infusion pump
- ✚ CPAP
- ✚ BI PAP
- ✚ Arterial line
- ✚ IABP

DECLARATION

I hereby declare that the above-mentioned information is correct to the best of my knowledge and belief.

ARDRA TOMY