

Lakshika Rathnayaka

Dubai Registered Nurse



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Al Jassim Building, Al Nahda 2, Dubai, UAE

PROFILE SUMMARY

A dedicated and highly skilled Registered Nurse with over five years of comprehensive experience in clinical and hospital settings. Expertise in emergency care, critical patient management, and blood bank operations, with a proven ability to work effectively in fast-paced environments. Specializes in delivering exceptional patient-centered care, managing high-pressure scenarios, and educating patients and families on health practices. Passed the Dubai Health Authority (DHA) Registered Nurse Exam and trained in Basic Life Support (BLS). Committed to maintaining the highest standards of patient safety, comfort, and well-being.

PROFESSIONAL EXPERIENCE

Registered Nurse

February 2025 – August 2025

Bayti Home Health Care, Dubai, UAE

- Delivering in-home nursing care to patients, including medication administration, wound care, and vital sign monitoring, while maintaining high patient comfort and dignity.
- Coordinating individualized care plans with physicians and allied health professionals to ensure optimal patient recovery and health outcomes.
- Educating patients and family members on ongoing health conditions, post-treatment care, and disease prevention practices.
- Maintaining detailed patient records and documentation in accordance with UAE healthcare regulations and organizational standards.

Emergency Treatment Unit Nurse

January 2024 – November 2024

National Hospital of Sri Lanka, Colombo, Sri Lanka

- Delivered immediate and life-saving care to patients in critical conditions within a fast-paced Emergency Treatment Unit.
- Triaged patients based on the severity of their condition, ensuring rapid and appropriate medical intervention.
- Assisted in advanced cardiac life support (ACLS) and Basic Life Support (BLS) procedures during emergencies.
- Stabilized patients suffering from trauma, cardiac arrest, respiratory distress, and other life-threatening conditions.

Medical & Surgical Nurse

January 2022 – December 2023

National Hospital of Sri Lanka, Colombo, Sri Lanka

- Provided comprehensive nursing care to patients in medical and surgical wards, ensuring adherence to clinical protocols.
- Monitored and managed pre- and post-operative patients, including wound care, pain management, and mobility assistance.
- Administered medications, IV therapies, and other treatments, ensuring precision and patient safety.
- Collaborated with doctors and multidisciplinary teams to develop and implement patient care plans.
- Educated patients and families on recovery guidelines, medical conditions, and health promotion strategies.

Outpatient Department (OPD) Nurse

February 2021 – December 2021

National Hospital of Sri Lanka, Colombo, Sri Lanka

- Provided nursing support in high-volume outpatient clinics, assisting physicians with minor procedures and patient assessments.
- Performed triage and initial evaluations, ensuring accurate prioritization and documentation of patient conditions.
- Administered vaccinations, medications, and routine health checks while maintaining detailed clinical records.
- Delivered health education and discharge guidance to patients for follow-up and preventive care.

- Monitored the safety of blood collection and transfusion services while ensuring cold chain management.
- Screened donors for eligibility and managed documentation for traceability and safety compliance.
- Administered transfusions and observed patients for complications or reactions.
- Conducted public awareness sessions to encourage voluntary donations and community participation.

EDUCATION

B.Sc. in Nursing | Oxford Brookes University, London, UK - March 2022 – March 2023

Diploma in General Nursing | Nurses Training School, Colombo, Sri Lanka - 2015 – 2018

Blood Bank Training | National Blood Center, Colombo, Sri Lanka - 2019

Emergency Treatment Unit (ETU) Training | National Hospital of Sri Lanka - 2023

DHA Registered Nurse Exam | Dubai Health Authority – Passed - 2024

BLS Training | European Resuscitation Council - 2024

KEY SKILLS

- Emergency Treatment Unit Management
- Blood Bank Operations and Safety
- Critical Care and Acute Response
- IV Therapy and Medication Administration
- Wound Care and Infection Control
- Patient and Family Education
- Health Promotion and Disease Prevention
- Interdisciplinary Team Collaboration
- Healthcare Documentation and Recordkeeping
- Basic Life Support (BLS) Training

LANGUAGES

- **Sinhala:** Native
- **English:** Intermediate (B1)
- **Tamil:** Basic

DIGITAL SKILLS

- Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)
- Google Drive and LinkedIn Navigation

ACHIEVEMENTS

- Successfully completed the DHA Registered Nurse Exam, qualifying for practice in Dubai.
- Contributed to improved patient outcomes in critical care and emergency settings.
- Recognized for effective patient and family education initiatives, enhancing community awareness of health practices.

PERSONAL DETAILS

- **Full Name:** L.A. Lakshika Dilhani Rathnayaka
- **Date of Birth:** February 20, 1993
- **Nationality:** Sri Lankan

REFERENCES

- Available upon request