



NIMMY JOSEPH

REGISTERED NURSE

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PROFESSIONAL SUMMARY

Compassionate and skilled Registered Nurse with over 8 years of experience in ICU and general patient care, including critical care, emergency response, and multidisciplinary team collaboration. Proficient in patient assessment, vital signs monitoring, medication administration, IV therapy, ventilator management, and advanced nursing procedures. Experienced in managing critically ill patients, responding to medical emergencies, ensuring infection control, and maintaining accurate EMR documentation. Demonstrates strong clinical decision-making, critical thinking, and adherence to hospital protocols, delivering safe and high-quality patient care in fast-paced healthcare settings.

WORK EXPERIENCE

Registered Nurse – Intensive Care Unit (ICU)

Oct 2022 – Aug 2025

Qatif Central Hospital (MOH), Dammam, Saudi Arabia

- Provided comprehensive critical care to unstable and critically ill patients, ensuring continuous monitoring and support.
- Conducted vital signs assessment, ECG interpretation, and hemodynamic monitoring to detect patient deterioration early.
- Administered IV medications, controlled drugs, and infusion therapies according to physician orders and hospital protocols.
- Performed advanced nursing procedures, including suctioning, wound care, catheterization, and central line maintenance.
- Operated and maintained life-support and critical care equipment: mechanical ventilators, BiPAP/CPAP, high-flow oxygen therapy, infusion pumps, and defibrillators.
- Collaborated with multidisciplinary teams, including physicians, respiratory therapists, and specialists, to develop and implement individualized care plans.
- Responded to emergencies and delivered rapid care for cardiac arrest, sepsis, trauma, stroke, and multi-organ failure.
- Ensured accurate EMR documentation, patient records management, and clinical communication.
- Maintained infection control standards, patient safety, and adherence to hospital policies and clinical protocols.
- Applied critical thinking, clinical assessment, and decision-making skills in high-pressure ICU settings.

Registered Nurse – Intensive Care Unit (ICU)

Jan 2020 – Sep 2022

Dr. Suliman Al-Habib Medical Group (Qatif Central Hospital Under MOH), Dammam, Saudi Arabia

- Delivered comprehensive critical care to unstable and critically ill patients with continuous monitoring and intervention.
- Conducted vital signs assessment, ECG interpretation, and hemodynamic monitoring for early detection of patient deterioration.
- Administered IV medications, controlled drugs, and infusion therapies per physician orders and hospital protocols.
- Performed advanced nursing procedures, including suctioning, wound care, catheterization, and central line management.
- Operated and maintained life-support and critical care equipment: mechanical ventilators, BiPAP/CPAP, high-flow oxygen, infusion pumps, and defibrillators.
- Collaborated with multidisciplinary teams to develop and implement individualized care plans.
- Responded to emergencies, including cardiac arrest, sepsis, trauma, stroke, and multi-organ failure.

Staff Nurse

Jan 2016 – Dec 2019

Karuna Hospital, Mumbai, India

- Assessed physical, psychological, and psychosocial needs of patients to develop individualized care plans.
- Delivered daily patient care, including monitoring vital signs, administering medications, and assisting with personal hygiene and mobility.
- Conducted patient assessments and documented observations in compliance with hospital protocols and EMR systems.
- Provided patient education and support to promote recovery, adherence to treatment, and overall well-being.
- Ensured infection control, patient safety, and adherence to clinical standards and hospital policies.

EDUCATION

Bachelor of Nursing (Post-Basic B.Sc.)

Rajiv Gandhi University of Health Sciences, Karnataka, India | 2015

LICENSES & CERTIFICATIONS

- **Saudi Commission for Health Specialties (SCFHS)** – Registered Nurse License
- **Advanced Cardiac Life Support (ACLS)**
- **Basic Life Support (BLS)**
- **DHA (Dubai Health Authority)** – Registered Nurse – Eligibility Holder

PROFESSIONAL SKILLS

- ICU Nursing & Critical Care
- Patient Assessment & Monitoring
- Vital Signs Monitoring & ECG Interpretation
- Hemodynamic Assessment
- IV Therapy & Medication Administration
- Ventilator Management (Mechanical, BiPAP/CPAP, High-Flow O₂)
- Central Line Care & Advanced Nursing Procedures
- Emergency Response
- EMR Documentation & Clinical Communication
- Infection Control & Patient Safety
- Multidisciplinary Team Collaboration
- Patient Education & Psychosocial Support
- Clinical Decision-Making & Critical Thinking
- Hospital protocol and care standards compliance
- Patient safety and quality care

LANGUAGES

- English
- Hindi
- Malayalam
- Kannada