

# MARIA SHAJU THOMAS

DHA ELIGIBILITY – DUBAI HEALTH AUTHORITY

ELIGIBILITY ID: 08967108-RNT0312-1

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📍 Dubai, UAE

## PROFESSIONAL SUMMARY

Compassionate and detail-oriented Registered Nurse with a Bachelor of Science in Nursing completed with distinction from Kerala University of Health Sciences. Experienced in providing patient care in Neuromedicine, Neurosurgery, and Nephrology units, ensuring accurate monitoring, treatment administration, and clinical support in critical care settings. Certified in Basic Life Support (CPR and AED) and trained in infection control, emergency response, and medication management. Skilled in using Electronic Health Records (EHR) and following healthcare protocols to maintain patient safety and treatment efficiency. DHA eligible and committed to delivering high-quality care while working collaboratively with healthcare teams. Dedicated to improving patient outcomes through professional practice, effective communication, and continuous learning.

## KEY SKILLS & CORE COMPETENCIES

- Patient Assessment
- Vital Signs Monitoring
- Neurological Evaluation
- Renal Function Monitoring
- Medication Administration
- Intravenous Therapy (IV)
- Wound Care & Dressing
- Infection Control & Prevention
- Emergency Care & Response
- Basic Life Support (CPR & AED)
- Pain Management
- Tracheostomy Care
- Post-operative Care
- Patient Education & Counseling
- Nutrition & Hydration Support
- Documentation & Clinical Reporting
- Care Plan Implementation
- Cross-functional Care Coordination

## PROFESSIONAL EXPERIENCE

**LOURDES HOSPITAL, ERNAKULAM, KERALA, INDIA** AUG 2024 – NOV 2025  
**STAFF NURSE – NEUROMEDICINE, NEUROSURGERY & NEPHROLOGY**

- Deliver comprehensive, patient-centered care to individuals with neurological, neurosurgical, and nephrology conditions, ensuring adherence to evidence-based protocols and best clinical practices.
- Perform detailed patient assessments including vital signs monitoring, neurological status evaluation, and renal function tracking to support accurate diagnosis and individualized care plans.
- Administer medications and intravenous therapies safely, with strict compliance to prescribed dosages, patient allergies, and hospital guidelines, ensuring optimal therapeutic outcomes.
- Provide critical support during diagnostic procedures and surgical interventions, assisting healthcare teams in maintaining sterile environments, monitoring patient responses, & implementing infection prevention protocols.
- Execute advanced life support interventions, including Basic Life Support (CPR and AED), responding swiftly to medical emergencies and stabilizing patients in high-pressure situations.
- Collaborate with interdisciplinary teams comprising physicians, physiotherapists, dietitians, and social workers to design and implement holistic treatment plans focused on recovery and patient safety.
- Educate patients and families on disease management, medication adherence, lifestyle modifications, and infection control measures, enhancing patient engagement and long-term health outcomes.
- Utilize Electronic Health Record (EHR) systems for accurate documentation of patient interactions, treatment progress, and clinical observations, ensuring seamless communication and continuity of care.
- Apply strict infection control and safety protocols, including isolation precautions, sterilization practices, and waste disposal, to mitigate healthcare-associated infections and maintain a safe clinical environment.
- Demonstrate cultural sensitivity and empathy in patient interactions, building trust with diverse patient populations while addressing emotional, psychological, and physical health needs.

## EDUCATION

**Bachelor of Science in Nursing**  
Kerala University of Health Sciences,  
India | 2019 – 2024 | CGPA: 8.3

## CERTIFICATIONS

**Basic Life Support (CPR & AED)**  
American Heart Association  
Issued October 24, 2024

**Occupational English Test (OET)**  
Grade B in all modules  
Test date - July 20, 2024

## PROFESSIONAL REGISTRATION

**Dubai Health Authority**  
Eligibility ID: 08967108-RNT0312-1

**Kerala Nurses and Midwives Council**  
Registration No: KL03202400734

## PERSONAL DETAILS

**Date of Birth:** 1 August 2001

**Marital Status:** Single

**Nationality:** Indian (Kerala)

**Passport No:** Y2542153

**Languages:** English, Hindi,  
Malayalam

## KEY ACHIEVEMENTS

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- Successfully provided specialized care in Neuromedicine, Neurosurgery, and Nephrology, improving patient outcomes through timely interventions and continuous monitoring.
- Certified in Basic Life Support (CPR and AED) and effectively responded to critical emergencies, ensuring patient safety and stabilizing life-threatening conditions.
- Recognized for consistently delivering evidence-based nursing care, maintaining high standards of infection control and patient hygiene protocols.
- Assisted in complex diagnostic and surgical procedures, demonstrating proficiency in medical equipment handling and clinical support under high-pressure environments.
- Played a key role in patient education programs, counseling individuals and families on medication adherence, disease management, and post-operative care, improving patient satisfaction.
- Maintained accurate Electronic Health Records (EHR), ensuring seamless communication across healthcare teams and contributing to better treatment planning.
- Actively collaborated with multidisciplinary teams, promoting interdisciplinary coordination and enhancing holistic patient care.
- Earned distinction upon graduation from Kerala University of Health Sciences, reflecting academic excellence and strong clinical competence.
- Achieved DHA eligibility, demonstrating commitment to global standards of nursing practice and readiness to serve in the UAE healthcare sector.
- Successfully cleared the Occupational English Test (OET) with Grade B in all modules, demonstrating strong English communication proficiency required for international healthcare practice.
- Upheld professional ethics and compassionate care, consistently ensuring patient comfort, dignity, and trust throughout treatment processes.

## ADDITIONAL DETAILS

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- **Soft Skills:** Communication, empathy, compassion, problem solving, critical thinking, time management, team collaboration, adaptability, cultural sensitivity, stress management, patient advocacy, leadership, conflict resolution, active listening, professional ethics, decision making, emotional intelligence.
- **Technical Skills:** Medical Equipment Handling, Microsoft Office Suite, Patient Monitoring Tools, Sterilization Techniques, EHR Management, Clinical Protocols Adherence
- **Availability:** Immediately available to join healthcare facilities in the UAE
- **Relocation:** Willing to relocate and adapt to new environments across Emirates
- **Interests:** Continuous professional development, patient advocacy, community health awareness, and volunteer work in healthcare camps
- **References:**
  - Sr. Goldin Peter, Nursing Superintendent, Lourdes Hospital  
ns@lourdeshospital.in
  - Mrs. Neenu V X, Head Nurse, Lourdes Hospital  
+91 9544781100

## DECLARATION

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I hereby declare that the information provided above is true and accurate to the best of my knowledge. I am dedicated to providing compassionate, ethical, and high-quality patient care, and I commit to adhering to professional standards and continuous learning in the field of nursing.

Dubai, UAE

Maria Shaju Thomas