

NIZA MOLE NIZAR

REGISTERED NURSE|MOH ID: 281310

Fujairah, UAE|+971525498942, +971562893808|nizanizar001@gmail.com

SUMMARY

- Compassionate and highly skilled Registered Nurse with over 3 years of experience delivering critical care in fast-paced Emergency Department settings and Inpatient Department settings. Certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) by the American Heart Association (AHA), adept at providing rapid patient assessment, trauma care and life-saving interventions. Proven expertise in managing cardiac arrests, respiratory emergencies, pediatric and neonatal critical care and mass casualty incidents. Skilled in performing endotracheal intubation assistance, central venous pressure monitoring, arterial blood gas analysis and 12-lead ECG interpretation. Committed to maintaining strict infection control, accurate documentation and compliance with healthcare protocols.

KEY SKILLS

- Effective Communication □ Adaptability □ Problem Solving
- Leadership □ Time Management □ Team Collaboration
- Critical Thinking □ Attention to Detail □ Conflict Resolution

WORK EXPERIENCE

Alsharq Hospital, Dibba /Fujairah/UAE

Registered Nurse (Emergency department -26/09/2023 to still working)

- Providing rapid emergency assessment, triage, and stabilization of critically ill patients
- Delivered advanced emergency nursing care in compliance with AHA BLS& ACLS protocols, actively participating in cardiac arrest resuscitation and post-resuscitation management.
- Performed triage assessment for incoming patients, prioritizing care for cardiac events, respiratory distress, trauma cases, and other critical conditions.
- Provided care for pediatric and neonatal emergencies, including IV cannulation, code blue response, seizure management

Government Medical College Hospital , Thiruvananthapuram, Kerala

Registered Nurse (Medical Gastroenterology ward - 14/07/2022 to 14/01/2023)

- Monitoring patient progress, administering medications, maintaining accurate records
- Coordinating with multidisciplinary teams to optimize patient care

Government Medical College Hospital , Thiruvananthapuram ,Kerala

Registered Nurse (Covid care unit - 20/04/2020 to 14/05/2021)

- Assigned to high risk zones during pandemic response
- Delivered intensive care to critically ill patients including ventilator and hemodynamic support
- Competent in PPE protocol , infection prevention and isolation care
- Independently handled ICU patients requiring advanced nursing care
- Supported procedures including intubation , cannulation , and tracheostomy care

Key Responsibilities

- Delivered advanced emergency nursing care in compliance with AHA BLS& ACLS protocols, actively participating in cardiac arrest resuscitation and post-resuscitation management.
- Performed triage assessment for incoming patients, prioritizing care for cardiac events, respiratory distress, trauma cases, and other critical conditions.
- Assisted in endotracheal intubations, central venous line insertions and arterial blood gas (ABG) sampling, ensuring adherence to sterile techniques.
- Interpreted 12-lead ECGs to identify acute cardiac abnormalities, supporting rapid clinical decision-making.
- Managed emergency cases including myocardial infarction, acute respiratory arrest, polytrauma, acute burns, poisoning, anaphylaxis, stroke and seizures
- Provided care for paediatric and neonatal emergencies, including IV cannulation, code blue response and poisoning management.
- Coordinated and participated in disaster management drills (internal and external) and mass casualty incident response, ensuring readiness for large-scale emergencies.
- Collected and processed blood samples for routine investigations and monitored Central Venous Pressure to guide critical care interventions.

EDUCATION

Bachelors of Science in Nursing

2016 - 2021

Government College of Nursing, Thiruvananthapuram . Total 4010 hours of clinical exposure during the course of study.

CERTIFICATIONS

American Heart Association (AHA)

- Advanced Cardiac Life Support(ACLS)
- Basic Life Support (BLS)
- Occupational English Test (Passed)

TECHNICAL SKILLS

- MS Office
- Basic Operations
- Internet & Email

AREAS OF EXPERTISE

- | | |
|--|---|
| <input type="checkbox"/> Emergency Nursing Care | <input type="checkbox"/> Patient Triage and Trauma Assessment |
| <input type="checkbox"/> Rapid emergency assessment | <input type="checkbox"/> Endotracheal Intubation Assistance |
| <input type="checkbox"/> Cardiac Arrest Management | <input type="checkbox"/> Pediatric and Neonatal Emergency Care |
| <input type="checkbox"/> Central Venous Line Monitoring | <input type="checkbox"/> Arterial Blood Gas (ABG) Sampling and Analysis |
| <input type="checkbox"/> ECG Interpretation (12-lead) | |
| <input type="checkbox"/> Medication administration | |
| <input type="checkbox"/> Health screenings and health education | |
| <input type="checkbox"/> Poisoning and Anaphylaxis Management | <input type="checkbox"/> Acute Burn and Trauma Care |
| <input type="checkbox"/> Disaster and Mass Casualty Management | <input type="checkbox"/> Code Blue Response |
| <input type="checkbox"/> Vital Signs Monitoring and Documentation | <input type="checkbox"/> Intravenous (IV) Cannulation and Medication Administration |
| <input type="checkbox"/> Emergency Medication Preparation and Administration | <input type="checkbox"/> Patient Stabilization and Resuscitation |

- Documentation and Compliance with Healthcare Protocols
- Wound Care and Dressing Changes
- Use of Emergency Medical Equipment
- Infection Control and Sterile Techniques

CORE COMPETENCIES

- Acute and Critical Care Nursing: Providing comprehensive nursing care to critically ill patients in emergency settings, ensuring rapid assessment and intervention.
- Advanced Life Support and Resuscitation Techniques: Skilled in performing CPR, airway management and cardiac arrest protocols following ACLS and BLS guidelines.
- Rapid Patient Assessment and Prioritization: Expertise in triaging patients quickly to determine the severity of conditions and prioritize treatment efficiently.
- Airway Management and Intubation Support: Assisting physicians in endotracheal intubation and maintaining airway patency in emergency situations.

PERSONAL STRENGTHS

- Patient Advocacy: Strongly advocates for patients' rights and needs, ensuring they receive appropriate care and support throughout treatment.
- Technical Proficiency: Quickly adapts to new medical technologies and equipment, ensuring safe and effective use in patient care.
- Emotional Resilience: Manages emotional stress effectively, maintaining professionalism and empathy even in challenging or traumatic situations.

LANGUAGES KNOWN

- Arabic: Proficient/Fluent(C2), English: Proficient/Fluent(C2), Hindi: Basic, Malayalam: Native, Tamil: Proficient/Fluent(C2).

PERSONAL DETAILS

- Gender : Female
- Date of Birth : 18/04/1997
- Nationality : Indian
- Marital Status : Married