

ACHSAH NIYONA K V

REGISTERED NURSE AND MIDWIFE

DHA Eligibility ID: 90874018-RNT0312-2

0562052234 | achsahniyona@gmail.com

Dubai, UAE

PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse with **1 year and 5 months** of hands-on experience in **Medical and Surgical wards**. Skilled in patient assessment, medication administration, wound care, and pre- and post-operative nursing care. **DHA Eligible with BLS & ACLS (AHA)** certification. Strong commitment to patient safety, infection control, and high-quality, patient-centered care in fast-paced hospital environments.

SKILLS

- Patient Assessment & Vital Signs Monitoring
- Medication Administration (IV, IM, SC, Oral)
- IV Cannulation & Fluid Therapy
- Pre- & Post-Operative Nursing Care
- Medical & Surgical Wound Care
- Infection Control & Patient Safety
- Acute & Chronic Patient Care
- Pain Assessment & Management
- Oxygen Therapy & Nebulization
- Catheter, Drain & Tube Care
- Nursing Documentation & Shift Handover
- Patient Education & Communication
- Patient-centered nursing care

WORK EXPERIENCE

Staff Nurse - Surgical Ward

Amrita Institute of Medical Sciences (AIMS), Ernakulam, Kerala | 21/01/2024 - 30/03/2024 | Bed Capacity: 1450

- Provided pre-operative and post-operative nursing care to surgical patients, including monitoring of vital signs, pain, wounds, drains, and intake/output.
- Assisted in pre-operative preparation, minor procedures, and post-surgical recovery under physician supervision.
- Performed wound care and sterile dressing changes, and managed surgical drains, catheters, NG tubes, and IV lines.
- Administered medications via oral, IV, IM, and SC routes and monitored patients for post-operative complications.
- Ensured strict infection control, patient safety, and maintained accurate nursing documentation while coordinating with the multidisciplinary team.

Staff Nurse – Medical Ward

Christian Hospital, Ambilikkai – Dindigul, Tamil Nadu, India | 09/05/2024 - 31/08/2025 | Bed Capacity: 100

- Provided comprehensive nursing care for acute and chronic medical conditions, including diabetes, hypertension, cardiac, respiratory, and infectious diseases.
- Monitored vital signs, blood glucose levels, intake and output, and patient condition; reported abnormalities promptly.
- Administered medications safely via oral, IV, IM, and SC routes, monitoring therapeutic and adverse effects.
- Maintained strict infection control, patient safety, hygiene standards, and assisted with diagnostic procedures and medical rounds.
- Delivered patient education, supported activities of daily living, and maintained accurate nursing documentation in accordance with hospital policy.

EDUCATION

- **B.Sc. Nursing** | The Tamil Nadu Dr. M.G.R. Medical University | November 2023

CERTIFICATES & REGISTRATIONS

- **Tamil Nadu Nurses & Midwife Council Registration** | #278994 | Registered on 02/05/2024
- **ACLS (Advanced Cardiac Life Support)** | Oct 2025 | eCard #265626666850 | American Heart Association
- **BLS (Basic Life Support)** | Oct 2025 | eCard #265606154136 | American Heart Association
- **DHA License Certificate** | No. 90874018 | Registered on 03/12/2025

INTERNSHIP EXPERIENCE

- Medical-Surgical Nursing, Christian Fellowship Community Health Centre, Dindigul, Tamil Nadu, India
- Child Health Nursing, Government Medical Hospital & College, Dindigul, Tamil Nadu, India
- Mental Health Nursing, Government Medical Hospital & College, Dindigul, Tamil Nadu, India
- Nursing Management & Administration, Christian Fellowship Community Health Centre, Dindigul, Tamil Nadu, India

ACHIEVEMENTS

- Completed Bridge Course on MLHP: Middle Level Health Provider (20-hour duration).
- Completed Oncology Posting at Christian Fellowship Community Health Centre, Ambilikkai.
- Completed Nursing Administration Posting at Christian Fellowship Community Health Centre, Ambilikkai.
- Clinical experience in Operation Theatre, Emergency Department, ICU, Labor Room, Pediatric and Mental Health Wards.

LANGUAGES

English | Malayalam | Tamil | Hindi