

# ANAGHA THOMAS, RN

**Registered Nurse — Medical-Surgical Specialist**

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**LinkedIn:** anagha-thomas-rn / **Location:** Al Nahda,Dubai,UAE

## PROFESSIONAL SUMMARY

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Dedicated and compassionate **Registered Nurse** with over **4 years of clinical experience** in **Medical-Surgical Nursing, Emergency Care, Trauma Management, and Critical Patient Monitoring**. Skilled in **triage, medication administration, wound care, IV cannulation, pediatric and geriatric emergency handling**. Adept in using **EMR systems, patient education, infection control, and multi-disciplinary collaboration**. Actively seeking a **Registered Nurse position in UAE** with immediate availability.

## CORE CLINICAL SKILLS

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- Patient Assessment & Monitoring
- Vital Signs & Blood Glucose Monitoring
- Medication Administration (Oral/IV/IM/SC)
- IV Cannulation & Fluid Management
- Emergency & Trauma Nursing
- Triage & Resuscitation Support
- Advanced Wound Care & Dressing
- Pre/Post Operative Care
- Pain Management
- Infection Prevention & Control
- Pediatric & Geriatric Nursing
- Oxygen Therapy & Nebulization
- Catheterization & Specimen Collection
- Documentation & EMR Handling
- Basic Life Support (BLS)
- Teamwork & Patient Education

## PROFESSIONAL EXPERIENCE

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### **Staff Nurse – Medical Surgical Ward**

**Aster MIMS Hospital, India**

May 2021 – June 2025

- Delivered 24/7 comprehensive care for medical, post-operative, trauma, and critical patients.
- Conducted ongoing patient assessment, updating individualized care plans as needed.
- Administered medications via oral, IV, IM, and subcutaneous routes following safety protocols.
- Performed IV cannulation, maintained IV lines, and monitored fluid balance.
- Conducted sterile wound dressing, pressure ulcer prevention, and infection control measures.
- Monitored vital signs, I/O charting, blood glucose, and hemodynamic stability.
- Assisted physicians during rounds, procedures, and emergency interventions.
- Maintained accurate electronic documentation and nursing records.
- Educated patients and families regarding medications, discharge care, and lifestyle adjustments.

### **Staff Nurse – Emergency Department**

**Anwar Memorial Hospital, India**

Apr 2021 – May 2021

- Provided immediate care to trauma, RTA, cardiac, pediatric, and geriatric emergency cases.
- Performed triage, prioritizing critically ill patients for urgent interventions.
- Assisted in CPR, resuscitation, intubation, and emergency procedures.
- Administered emergency medications and monitored patient response.
- Managed oxygen therapy, airway support, and rapid stabilization.
- Prepared patients for urgent investigations and diagnostic procedures.
- Monitored critically ill patients using bedside and emergency equipment.
- Coordinated with physicians, trauma surgeons, ambulance teams, and support staff.

## EDUCATION

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### **Bachelor of Science in Nursing (BSc Nursing)**

Rajiv Gandhi University of Health Sciences, Karnataka, India

2015 – 2019

## CLINICAL EQUIPMENT HANDLED

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- Cardiac Monitor
- Pulse Oximeter & NIBP Monitor
- ECG Machine & Defibrillator
- Suction Apparatus
- Oxygen Therapy Systems
- Nebulizer
- Infusion & Syringe Pumps
- Glucometer
- Pressure Infusion Device
- Foley Catheter Equipment

## LICENSES & CERTIFICATIONS

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- **DHA Registration Certificate** — DHA Unique ID: 68357399 (Issued 30/11/2025)
- **Basic Life Support (BLS)** — Valid Nov 2025 to Nov 2027

## WORKSHOPS & TRAININGS

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- Aster ACCESS Course 8.0
- DVT Prevention Workshop
- Quality Assurance in Nursing – State Level Conference

## PERSONAL DETAILS

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**Nationality:** Indian  
**Passport Number:** C5916488  
**Languages:** English, Malayalam  
**Willing to Relocate:** UAE  
**Availability:** Immediate