

CURRICULAM VITAE



SOYA ELIZABATH PAULSON
REGISTERED NURSE -DHA



Al Jabri Twin Tower
Al Qusais 1
Dubai
UAE
+971 54532 9254
soyapaulsoncheruvelil@gmail.com

OBJECTIVE

Aspiring for a challenging career in nursing profession. Desirous of taking up challenging tasks and executing them in time to the satisfaction of the client, given with a prospective growth in career.

EDUCATION

- **Passed SSLC** (Kerala state syllabus) From HFHSS Rajapuram in 2012
- **Passed Higher Secondary** From HFHSS Rajapuram in 2014
- **Graduated BSc Nursing** from , Little Lourdes College of Nursing, Kottayam in 2018
- **Professional Registration** - Karnataka Nurse and Midwives Council RR KRL2019 8178 KAR

EXPERIENCE

- **Professional Experience** in Cambridge Medical & Rehabilitation Center, Abu Dhabi from July 2022 to March 2024 as a registered nurse
- **Professional Experience** in Father Muller Medical Collage, Mangalore from 06/06/2019 to 30/11/2021 as a registered nurse in Surgical ICU.

PROCEDURES ASSISTED

- Endotracheal intubation and extubation
- Insertion of central venous catheter and arterial line
- Lumbar puncture
- Thrombolization
- Suturing and suture removal
- Intercostal drainage

Software Skills

- MS Office
- E-His (Hospital Information System)
- Inpatient services
- Pharmacy intending

Personal Skills

- Learning new skills
- Effective communicator
- Hard work

Languages Known

- English
- Hindi
- Malayalam

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Key Roles:

- *Asses, plan, implements and evaluate nursing, care.*
- *Participate in the teaching program and teaching junior staffs in the unit.*
- *Providing psychological supports to allay patients fears in a kind, reassuring and confident manner*
- *Medication: ORAL, IM, IV, SC, ID and topical administration*
- *Caring of central line & pick line.*
- *Following strict aseptic techniques*
- *Careful attention to sterilization of instruments*
- *Maintaining of records and reports.*
- *Diet planning & serving diet*
- *Disinfection and sterilization of the unit*
- *Carryout the discharge procedure, follow-up & health education*
- *Care of unconscious patient*
- *Care of death*

Duties includes:

- *Receive the patient with case files, from OT, emergency ward. as direct admission endorsements in the patient register.*
- *E.C.G, blood transfusion, Catheterization, Bladder wash,*
- *Early morning sponge bath mouth care will be given for immobilized patients.*
- *Explaining the patient's relatives about visiting hours*
- *Care of patient with the seizure, stroke, post craniotomy, head injury trauma, CVA, DM, DKA, Meningitis TB, HIV, Hbs Ag.*
- *Dressing of minor and major wounds.*
- *Monitoring intake and output chart.*
- *Collection of specimens, and sent to laboratory as early as possible.*

DECLARATION

I declare that all the above-mentioned details are best to my knowledge and belief.

Thanking you,

Soya Elizabeth Paulson

Place : Dubai

Personal Information

Date of Birth : 31 /01/1997

visa Status: Spouse Visa

Marital Status: Married

Husband name: Jafin Jose

Nationality : Indian

Passport No : S7889711