

KRUPA ELSA PHILIP

REGISTERED NURSE | MOH: RN010374

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PROFESSIONAL SUMMARY

Dedicated and experienced **Medical and Surgical Nurse** with over **10 years** of diverse **clinical experience** across **medical-surgical wards, preoperative assessments, and postoperative recovery**. Proven expertise in **wound care management, colostomy maintenance, blood transfusions, and infection control protocols**. Skilled in **emergency response, including CPR for cardiac arrest patients**, and proficient in **patient advocacy and multidisciplinary collaboration**. Adept at **developing team members, delegating tasks, and ensuring clear communication** for optimal health outcomes. Holds **UAE Federal Department of Nursing (RN010374), and Kerala Nurses and Midwives Council (18461) registrations**. Committed to **evidence-based practice, continuous professional development, and compassionate patient care**.

CAREER EXPERIENCE

REGISTERED NURSE | Medical Ward

Medcare Medical Center, Kerala, India | May 2024 - March 2025

- **Provided comprehensive patient care**, including **assessment, diagnosis, and treatment planning** for acute and chronic medical conditions.
- **Administered IV medications, injections, and oral drugs**, ensuring **accurate dosage and timely delivery** while monitoring for adverse reactions.
- **Monitored and documented vital signs, lab results, and patient responses**, updating **electronic health records (EHR)** in real-time.
- **Collaborated with doctors, specialists, and pharmacists** to optimize **individualized treatment plans** and improve patient outcomes.
- **Educated patients and families** on **post-treatment care, medication management, and lifestyle modifications** to promote recovery.

REGISTERED NURSE | Medical Ward

Wasit Health Center, Emirates Health Services, UAE | October 2020 - March 2023

- **Managed a high-volume patient load** in a **busy medical unit**, prioritizing cases based on **acuity and urgency**.
- **Performed and interpreted diagnostic tests** (ECG, blood glucose, urinalysis) and **reported critical findings** to physicians promptly.
- **Responded to medical emergencies**, including **code blue situations**, providing **CPR, defibrillation, and advanced life support**.
- **Strictly followed infection control protocols**, reducing **hospital-acquired infections (HAIs)** by maintaining **sterile techniques**.

REGISTERED NURSE | Medical - Surgical Ward

Thumbay Hospital LLC, Ajman, UAE | May 2016 - July 2020

- **Provided post-operative care** for surgical patients, managing **pain relief, wound dressings, and drain monitoring**.
- **Assisted in minor surgical procedures**, ensuring **proper sterilization, instrument handling, and patient positioning**.
- **Administered blood products and IV therapies**, closely monitoring for **transfusion reactions and fluid imbalances**.
- **Maintained accurate patient records** using **Cerner & HIMS EHR systems**, ensuring **compliance with hospital policies**.

REGISTERED NURSE | Medical - Surgical Ward

Rev. George Matthew Medical Mission Hospital, India | February 2014 - October 2014

- **Delivered bedside nursing care**, assisting patients with **hygiene, mobility, and nutritional support**.
- **Conducted medication reconciliation** to prevent **errors and drug interactions**, improving **patient safety**.
- **Managed medical supply inventory**, ensuring **adequate stock levels** and **proper equipment sterilization**.

REGISTERED NURSE | Medical - Surgical Ward

Kokilaben Dhirubhai Ambani Hospital, Mumbai, India | June 2011 - October 2013

- **Implemented evidence-based nursing practices**, adhering to **hospital protocols** and **international standards (JCI)**.
- **Assessed and triaged patients**, recognizing **deteriorating conditions** and initiating **rapid interventions**.
- **Performed advanced clinical procedures**, including **Foley catheterization, NG tube insertion, and tracheostomy care**.
- **Audited nursing documentation** to ensure **compliance with regulatory requirements** and **quality benchmarks**.

EDUCATION

- **Bachelor of Science in Nursing**

Alva's College of Nursing, Rajiv Gandhi University of Health Sciences, India | 2006 - 2010

REGISTRATIONS AND CERTIFICATION

- **Federal Department of Nursing, UAE** | Registration No: RN010374
- **Kerala Nursing Council** | Registration No: 18461
- **Basic Life Support (BLS)** | American Heart Association | Expiry: Jan-2027

PROFESSIONAL SKILLS

- **Clinical Nursing:**
 - Medical-Surgical Care | Preoperative & Postoperative Management | Wound Care | Colostomy Maintenance
 - Blood Transfusions | Infection Control | Emergency Response (CPR) | Patient Advocacy
 - Chronic Disease Management | Health Education | Triage Assessment
- **Medical Technical Skills:**
 - Medication Administration (IV, Oral, IM) | Vital Signs Monitoring | Sterilization Protocols
 - EHR Documentation | Infection Prevention | Surgical Patient Handovers
- **Languages:**
 - English (Fluent) | Hindi (Conversational) | Arabic (Conversational) | Malayalam (Native)
- **Software & Technical Skills:**
 - Electronic Health Records (EHR) | MS Office (Word, Excel, PowerPoint)

PERSONAL SKILLS

- Strong **critical thinking** and **problem-solving** abilities.
- Excellent **communication** and **interpersonal skills**.
- Leadership in **team coordination** and **task delegation**.
- Time management and multitasking in **high-pressure environments**.
- Empathy and commitment to **patient-centered care**.

REFERENCES

Marwa Mustafa Abdel Qader Asad
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