

# ASWATHY PARACHALI KUNJAPPAN

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Nationality: Indian, Passport Number: C6908845

Date of Birth: June 7, 1991, Marital Status: Married

## SUMMARY

Qualified and dedicated DHA License Registered Nurse (RN) with 5+ years of experience in Direct Patient Care, Emergency Management of the Critical Patient, Ward Management, In Service Education Program Attended, Equipment's Handled. Displayed ability to deal with highly sensitive issues, build strong bonds with colleagues to foster open, honest - candid communication, multitask and maintain organization in a fast paced, changing environment. Possess great level of integrity with excellent communication, analytical, problem solving, decision making, time management and interpersonal skills.

## EDUCATION

POST BASIC BSC NURSING, 2014

SIMET College of Nursing (KUHS) - PALAKKAD, KERALA, INDIA

DIPLOMA IN GENERAL NURSING AND MIDWIFERY, 2012

AMRITA SCHOOL OF NURSING(AIMS) - KOCHI, KERALA, INDIA

## SKILLS

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|-------------------------------|----------------------------|----------------------|
| • CONFIDENCE BUILDING         | TEST PREPARATION           | CONCEPT EXPLANATIONS |
| • DOCUMENTATION               | FRIENDLY AND PERSONABLE    | ADAPTABLE NATURE     |
| • PERSONALIZED LEARNING PLANS | INDIVIDUALIZED INSTRUCTION |                      |

## LANGUAGES

English: Proficient Hindi: Intermediate Malayalam: Proficient Tamil: Intermediate

## EXPERIENCE

### REGISTERED STAFF NURSE, 01/2023 - 02/2025

JOHN VARGHESE HOSPITAL, - VENGOOR, ERNAKULAM, KERALA, INDIA

- Gathering patient information by conducting physical examinations and asking questions
- Ordering necessary diagnostic tests, such as blood work or diagnostic imaging
- Making informed diagnoses based on the findings of exams and tests
- Recommending treatments to ease symptoms, manage chronic conditions or cure illnesses
- Educating patients about self-care and lifestyle changes that can contribute to the success of a treatment
- Monitoring patients' ongoing conditions and adjusting treatment plans as needed
- Supervising and coaching other members of the care team to coordinate care for patients

### CLINICAL INSTRUCTOR/ NURSING TUTOR, 12/2020 - 12/2022

ST: JOSEPH'S SCHOOL OF NURSING, - KOTHAMANGALAM, ERNAKULAM, KERALA, INDIA

- Internally moved to College to School due to management decision.
- Supported students to reach curriculum goals with tailored coaching style.
- Maintains effective communication with all relevant staff during placements
- Ensures that clinical staff are aware of requirements and expectations
- Maintains professional boundaries within the student/tutor relationship
- Ensures that students are allocated a realistic clinical workload which allows students to learn and practice their skills in accordance.
- Maintains detailed records of student progress, which are sighted by and signed by student.

## **CLINICAL INSTRUCTOR / NURSING TUTOR, 10/2019 - 11/2020**

**ST: JOSEPH'S COLLEGE OF NURSING - KOTHAMANGALAM, ERNAKULAM, KERALA, INDIA**

- Coordinated safe and successful laboratory experiments designed to test theories proposed in classes.
- Promoted topic discussion and independent investigation to heighten student engagement.
- Facilitated engaging discussions focused on igniting student curiosity and deepening understanding of concepts.
- Devised curriculum plans to achieve department exam targets.
- Mentored students to support achievement of target grades.
- Prepared polished lectures discussing course-specific topics and broader related issues.

## **NURSING TUTOR, 06/2019 - 10/2019**

**NAJATH COLLEGE OF NURSING - ALUVA, KERALA, INDIA**

- Maintains effective communication with all relevant staff during placements.
- Provides students with a written clinical plan that outlines clinical tutor's expectations i.e. due dates for worksheets, presentations, self- assessments etc. as well as how you can be contacted.
- Ensures that students are allocated a realistic clinical workload which allows students to learn and practice their skills in accordance.
- Assist students with the development of personal learning objectives.

## **STAFF NURSE, 10/2015 - 08/2016**

**GOVT. THALUK HOSPITAL - ALATHUR, PALAKKAD, KERALA, INDIA**

- Admission and Discharge of Patients. Death care of patients.
- Emergency NSG management during intubation.
- Cardiac monitoring, Catheterization, Checking of Vital Signs.
- Pre-Operative preparations and post-operative care. Care of equipment's in ward.
- Administration of medicines and injections and Administration of Medications.
- Total Care of Patients - Care of Patients with Pneumonia, Viral Fever and Gastritis.
- Assisting doctors for rounds and carrying out the orders of doctors.
- Prepare the patient for peritoneal dialysis, Hemodialysis and A.V fistula
- Providing proper skin care and avoiding pressure sores

## **STAFF NURSE, 11/2014 - 10/2015**

**THANGAM HOSPITAL OF PMRC - PALAKKAD, KERALA, INDIA**

- Worked with meticulous accuracy in administering patient medication according to correct, appropriate doses.
  - Supported charge nurse to deliver care for full wards in line with quality-of-care standards.
  - Measured blood pressure, pulse and temperature to assess and record vital signs.
  - Collated medical data for patient records, maintaining strict confidentiality.
  - Provided rehabilitation care and emotional support to patients and their relatives during difficult times.
  - Maintained continued personal development through regular training, maximizing nursing capabilities and competence.
  - Actively promoted best nursing practices, leading by example in providing accurate, prompt patient provisions.
  - Performed in-depth prevention assessments, maintaining patient health and safety.
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