

# JESLIN MARIYA ANTONY

DHA LICENSED REGISTERED NURSE



## SUMMARY

Dedicated and compassionate Registered Nurse with over 8 years of clinical experience across OPD, surgical, medical and emergency care in India and the UAE. Skilled in patient assessment, medication administration, wound management and post-operative care, with proven expertise in maintaining EMR documentation and ensuring compliance with NABH, JCI and DHA standards. Adept at collaborating with multidisciplinary teams, assisting physicians during procedures and providing patient and family education to support recovery and health promotion. Recognized for strong critical thinking, patient advocacy, and the ability to perform effectively in high-pressure environments while maintaining the highest standards of care and safety.



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## EDUCATION

### B.SC. NURSING | 2012

Rajiv Gandhi University of Health Science,  
Karnataka, India

### HIGHER SECONDARY | 2008

Board of Higher Secondary  
Examination, Kerala

### SECONDARY | 2006

Board of Public Examination, Kerala

## PROFESSIONAL SKILLS

- Patient Care
- OPD Nursing
- Critical Care
- Emergency Response
- Post-Operative Care
- Wound Management
- Infection Control
- Medication Administration
- IV Therapy
- EMR Documentation
- Patient Education
- Physician Assistance
- Safety Compliance
- Team Collaboration
- Vital Monitoring
- Good Communication Skills

## WORK EXPERIENCE

### STAFF NURSE | Mar 2024 – Jun 2025

CO-OPERATIVE HOSPITAL KATTAPPANA, INDIA

- Delivered comprehensive nursing care to patients across medical, surgical, and emergency units, ensuring adherence to NABH standards.
- Monitored patient conditions, administered medications, and maintained accurate EMR documentation.
- Assisted physicians in procedures, wound care, and post-operative recovery, enhancing patient safety and recovery outcomes.
- Educated patients and families on treatment plans, medications, and post-discharge care to support holistic recovery.
- Responded promptly to emergencies, demonstrating strong critical thinking and decision-making in high-pressure situations.
- Prepared and maintained sterile equipment and ensured strict compliance with infection control and patient safety protocols.
- Collaborated with multidisciplinary teams to plan individualized patient care, ensuring timely interventions and continuity of care.
- Supported quality improvement initiatives by participating in audits, reporting incidents, and contributing to improved nursing practices.

### REGISTERED NURSE- OPD | Jan 2020 – Mar 2023

MEDCARE MEDICAL CENTRE DUBAI

- Provided professional nursing care to patients in the Outpatient Department (OPD), ensuring compliance with DHA and international healthcare standards.
- Assisted physicians during consultations, minor procedures, and diagnostic tests, ensuring patient safety and comfort.
- Performed patient triage, vital signs monitoring, and preliminary assessments to support timely medical decision-making.
- Administered medications, injections, and vaccinations as prescribed, maintaining accurate documentation in EMR systems.
- Educated patients on treatment plans, preventive healthcare, and follow-up care, fostering improved health outcomes and patient satisfaction.
- Coordinated with multidisciplinary teams to streamline patient flow and reduce waiting times in the OPD.

## LANGUAGES

English

Malayalam

Hindi

## COMPUTER SKILLS

- MS Word
- MS Excel
- MS PowerPoint

## PERSONAL DETAILS

Nationality : Indian  
D.O.B : 16-09-1990  
Gender : Female  
Marital Status : Married  
Passport No : C8194154

## HOBBIES

- Music
- Travelling
- Movies

### STAFF NURSE | Jun 2018 – Oct 2019

HIGH RANGE SUPER SPECIALTY HOSPITAL INDIA

- Delivered patient-centered nursing care across medical and surgical wards, adhering to hospital protocols and infection control standards.
- Monitored patient conditions, recorded vital signs, and reported changes promptly to physicians for effective treatment.
- Assisted in diagnostic procedures, wound care, and post-operative recovery, ensuring quality patient outcomes.
- Administered prescribed medications and intravenous therapies with precision, maintaining accurate documentation in patient records.
- Educated patients and families on disease management, discharge instructions, and lifestyle modifications to promote recovery.
- Collaborated with healthcare teams to improve patient safety, reduce hospital-acquired infections, and enhance overall care delivery.

### REGISTERED NURSE- OPD | Feb 2017 – Jul 2017

UNICARE MEDICAL CENTRE DUBAI

- Delivered professional nursing care in the Outpatient Department, ensuring compliance with DHA regulations and international healthcare standards.
- Worked on a shift basis across multiple specialties, assisting doctors in General Practice, Pediatrics, Obstetrics & Gynecology, ENT, Orthopedics, and Cardiology.
- Assisted physicians during consultations, minor surgical procedures, and diagnostic investigations.
- Conducted patient assessments, recorded vital signs, and maintained accurate EMR documentation for seamless care continuity.
- Administered medications, vaccinations, and injections safely and effectively.
- Provided patient education on treatment plans, preventive healthcare, and follow-up requirements, improving patient awareness and satisfaction.
- Coordinated with the healthcare team to optimize patient flow and reduce waiting times in OPD clinics.

### STAFF NURSE | May 2013 – Mar 2016

P D HUNDUJA NATIONAL HOSPITAL INDIA

- Provided direct patient care in a Medical-Surgical Ward, handling patients with acute and chronic conditions in gastroenterology, nephrology (renal), autoimmune disorders, gynecology, and post-ICU bedridden cases, in line with NABH and JCI-accredited standards.
- Monitored patient conditions, administered medications, and ensured accurate nursing documentation.
- Assisted physicians during procedures, post-operative care, and emergency interventions to enhance patient recovery outcomes.
- Performed patient assessments, recorded vital signs, and managed IV therapies, wound dressings, and critical nursing interventions.
- Educated patients and families on treatment plans, discharge care, and lifestyle modifications to support long-term health.
- Collaborated with multidisciplinary teams to maintain high-quality, patient-focused care in a fast-paced hospital environment.

## DECLARATION

Hereby declare that all the details mentioned above are in accordance with the truth and fact as per the knowledge.

**JESLIN MARIYA ANTONY**