

# Dr. Sayed Sara Anwar Husain – (Doctor of Medicine – (MD) | Diploma in Family Medicine (DFM) | BLS & ACLS)

## General Practitioner – Family Medicine – (DHA-Eligible | 4 Years Post-MBBS Experience | Family Medicine Residency Trained |

High-Volume OPD & IPD Management | Chronic Disease Management – Diabetes, Hypertension, Asthma, Thyroid Disorders | Emergency Assessment & Stabilization | Preventive Healthcare & NCD Screening | Women's Health & Pediatric Primary Care | Multidisciplinary Coordination | Minor & Advanced Clinical Procedures – Lumbar Puncture, Pleuronectes's, Ascitic Tapping, Central Line Insertion, Intubation | EMR Documentation & Clinical Audits | Infection Control Compliance) (DHA Unique ID: 55053240 & MMC Reg. No: 2022119046)

DHA Eligible | Family Medicine | General Physician | Chronic Disease Management | Outpatient (OPD) | Inpatient (IPD) | Emergency Stabilization | Preventive Care | NCD Screening (Non-Communicable Diseases) | Multidisciplinary Team Coordination

DHA-Eligible Family Medicine Specialist with nearly 4 years of post-MBBS experience, combining robust tertiary hospital training with independent clinical practice, ready to deliver comprehensive, patient-centered care in Dubai's dynamic healthcare environment.

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## Professional Clinical Profile – Family Medicine & Preventive Care:

Experienced General Practitioner – Family Medicine with 4 years of post-MBBS clinical experience in the Indian healthcare sector, supported by Doctor of Medicine (MD) and Diploma in Family Medicine (DFM) qualifications. Holds active Dubai Health Authority (DHA) licensure and Maharashtra Medical Council (MMC) registration, with completed Family Medicine Residency Training. Fully aligned with DHA clinical governance and MOHAP regulatory standards. Experienced in managing high-volume OPD and IPD caseloads with proven competency in Chronic Disease Management covering Diabetes Mellitus, Hypertension, Bronchial Asthma, and Thyroid Disorders. Skilled in Emergency Assessment and Patient Stabilization, Women's Health, Pediatric Primary Care, NCD Screening, and Preventive Healthcare. Competent in advanced clinical procedures including Lumbar Puncture, Thoracentesis, Paracentesis, Central Line Insertion, and Endotracheal Intubation. Proficient in EMR Documentation, Clinical Audits, MDT Coordination, and Infection Prevention and Control (IPC) protocols in line with DHA standards.

## Healthcare Skills & Diagnostic Procedures:

### Core Skills:

#### Delivering comprehensive primary care through clinical expertise and evidence-based practice

Comprehensive Adult & Family Medicine | Acute & Chronic Disease Management (DM, HTN, Asthma, Thyroid) | Emergency Assessment & Initial Stabilization | Women's Health & Pediatric Primary Care | Preventive Screening & Lifestyle Counseling | Infection Control & Patient Safety Compliance | EMR Documentation & Clinical Audits | Multidisciplinary Team Coordination

### Procedures & Pediatric Care:

#### Executing advanced procedural skills with precision and adherence to safety standards while delivering comprehensive, patient-centered care through clinical expertise and evidence-based practice

Lumbar Puncture | Thoracentesis | Ascitic Tapping (Paracentesis) | Central Line Insertion | Endotracheal Intubation | Assisted Deliveries | IV Cannulation & Catheterization | Suturing | Neonatal Resuscitation & Advanced Life Support | Ventilator Management (NICU/PICU) | Comprehensive Pediatric Diagnostic Procedures | Minor Surgical Procedures | Bedside Procedures: Wound Care & IV Cannulation | Diagnostic Support: Basic Radiology & Lab Interpretation | Patient Monitoring: ICU Support & Vital Signs | Routine Care: Health Check-ups & Preventive Screenings | Independent IPD & OPD Management | Acute & Chronic Disease Management | Pediatric Emergency & Trauma Stabilization | Critical Care Monitoring (Neonates & Pediatric) | Mechanical Ventilation & Respiratory Management | Allergy, Asthma, & Immunologic Disorder Management | Preventive Healthcare & Family Counseling | Discharge Planning & Multidisciplinary Collaboration

## Medical Employment History – Primary & Patient Care:

Bringing 4 years of dedicated clinical experience in family medicine and pediatric care, with proven expertise in emergency procedures, chronic disease management, and multidisciplinary collaboration ready to contribute to the UAE's evolving healthcare landscape.

### Consultant Physician

Locum On Call – Thane, India | Oct 2025 – Present

### Key Result Areas:

- Deliver **supervised consultant-level care** across **1,200+ outpatient consultations** and **400+ inpatient admissions** annually, independently interpreting **labs, imaging, and ECGs** during daily **multidisciplinary rounds** to accelerate **diagnostic decisions** and reduce **consultant escalation** frequency by **35%**.
- Assess and escalate **50+ high-acuity cases** quarterly with **clinical precision**, ensuring **100% timely handover to specialty teams** and maintaining **zero adverse events** from delayed intervention in alignment with **DHA & UAE Healthcare quality standards**.
- Uphold **EMR documentation integrity** and **infection prevention protocols** across a **150-bed facility**, attaining **98% compliance** in **clinical audits** and securing **zero regulatory citations** during **DHA surveillance inspections**.

## Resident Doctor – Family Medicine

Saket Hospital (A Most Trusted Name in Healthcare with over 539 beds Hospital) (NBEMS) – Jaipur, India | Sep 2023 – Sep 2025

### Key Result Areas:

- Oversaw **25–30 outpatient consultations** and **12–18 inpatient evaluations** daily across a **500+ active patient panel** attained **92% same-day disposition precision**, reducing **waiting intervals** by **20%** through optimized **workflows** aligned with **DHA ambulatory benchmarks**.
- Supervised **800+ patients** with **diabetes, hypertension, respiratory illnesses, and gastrointestinal pathologies** using **tailored regimens** secured **HbA1c decline** by **1.5%** in **70%** of **diabetics** and sustained **BP targets** below **130/80 mmHg** for **78%** of **hypertensives**, surpassing **quality objectives**.
- Directed **resuscitation and hemodynamic stabilization** for **40+ urgent cases** annually, partnering with **emergency medicine, critical care, and surgical teams** to enable **seamless transfers**. Maintained **100% stabilization success** with **zero transfer delays**.
- Executed **120+ intricate bedside interventions** yearly, including **lumbar puncture, pleurocentesis, ascitic drainage, central venous catheterization, and endotracheal intubation**, achieving **0% complication incidence** upheld **sterile field integrity** and **intervention logging** at **99% conformity**.
- Enforced **EMR documentation accuracy** and **infection prevention** throughout **150-bed inpatient units**, achieving **98% audit ratings** and earning **zero DHA regulatory infractions** across successive **inspection cycles**.

## Medical Officer

Thane Municipal Corporation (NUMH) Lokmanya Pada Health Center – Thane, India | Mar 2023 – Sep 2023

### Key Result Areas:

- Independently managed **100+ outpatient consultations daily**, delivering **comprehensive primary care** with **95% patient throughput** efficiency, aligning with **DHA ambulatory service benchmarks**.
- Executed **NCD screenings** for **1,200+ individuals annually**, alongside **maternal-child health** assessments, achieving **85% early detection rates** for **hypertension** and **diabetes** through structured **preventive protocols**.
- Organized **12+ community outreach campaigns** reaching **500+ residents**, streamlining **referral pathways** with **specialty clinics** to reduce **appointment wait times** by **30%** and enhance **care continuity**.

## Healthcare Rotations – Internships:

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### Intern Doctor

Rajiv Gandhi Medical College & Chhatrapati Shivaji Maharaj Hospital (CSM) Hospital | Sep 2021 – Sep 2022

### Key Result Areas:

- Completed **6 core specialty rotations** across **Internal Medicine, General Surgery, Pediatrics, OBGYN, Intensive Care, and Emergency Medicine**, demonstrating **versatility** in diverse **clinical environments** under **consultant supervision**.
- Assisted deliveries in **labor ward** settings, performing **neonatal resuscitation** and **maternal monitoring** with strict adherence to **safety protocols**. Executed bedside procedures encompassing **IV cannulation, urinary catheterization, and suturing**, achieving high **first-attempt success rates**.
- **Emergency & Critical Care Exposure**  
Supported **acute case management** across **ICU and Emergency departments**, contributing to **rapid assessment** and **stabilization** for **critically ill patients**, maintaining **zero adverse events** during **handover** to **specialty teams**.

## Educational – Background:

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### Doctor of Medicine (MD)

Northern State Medical University – Arkhangelsk, Russia | Sep 2014 – Jun 2020

### Diploma in Family Medicine (DFM)

National Board of Examinations in Medical Sciences (NBEMS) – Saket Hospital, Rajasthan | Sep 2023 – Sep 2025

## Life Support Certifications:

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### Basic Cardiac Life Support (BCLS)

### Advanced Cardiac Life Support (ACLS)

## Healthcare Licensure & Registrations:

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DHA Unique ID: 55053240 – General Practitioner – Dubai Health Authority – Dubai, UAE

MMC Registration No: 2022119046 – Medical Council Registration – India

## Languages – Spoken:

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- English (**Fluent**)
- Hindi (**Fluent**)
- Urdu (**Proficient**)
- Marathi (**Basic**)
- Russian (**Intermediate**)

## Personal – Details:

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- Nationality: **Indian**
- Gender: **Female**
- Country to Stay: **Republic of India**

## Reference:

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Available as per you request