

HELNA SEBASTIAN

REGISTERED PHARMACIST | DHA QUALIFIED

Address: Al Baraha Building, Room 406, Khalid Palli, Dubai, UAE
Phone: +971 0565629963
Email: helnappy@gmail.com

SUMMARY

Highly dedicated and DHA-qualified Registered Pharmacist with over 7 years of experience in hospital and community pharmacy operations. Proven ability to manage prescription dispensing, drug inventory, and patient counseling in compliance with medical and safety standards. Skilled in advising healthcare professionals and patients on drug usage, dosage, and adverse effects to ensure optimal therapeutic outcomes. Strong knowledge of Pharmacology, Pharmaceutical Care, and Hospital Pharmacy Practices. Seeking to contribute expertise in a reputable healthcare facility in the UAE, leveraging clinical and operational skills for enhanced patient safety and service excellence.

WORK EXPERIENCE

- Registered Pharmacist | Kripa Medicals, Peratta | Kannur** **Mar 2025 – Oct 2025**
- Dispensed medications as per physician prescriptions with 100% accuracy.
 - Advised patients on dosage, side effects, and drug interactions.
 - Monitored stock levels and maintained optimal inventory.
 - Ensured compliance with medical and regulatory requirements.
- Registered Pharmacist | Aster MIMS Hospital | Kannur, Kerala** **Feb 2021 – Mar 2025**
- Collaborated with healthcare teams to ensure correct drug administration.
 - Verified prescriptions, prepared drug labels, and ensured timely patient service.
 - Provided clinical advice on pharmacotherapy and dosage management.
 - Maintained accurate pharmacy documentation and reports.
- Registered Pharmacist | Ashrayam Community Pharmacy | Iritty, Kannu** **Mar 2020 – Jan 2021**
- Counseled patients regarding the proper use of over-the-counter and prescription medications.
 - Managed medicine storage, ensuring proper temperature and safety conditions.
 - Handled billing and customer queries effectively.
- Registered Pharmacist | SCS Hospital Pvt. Ltd | Mangalore, Karnataka** **Feb 2019 – Feb 2020**
- Assisted in inpatient and outpatient pharmacy functions.
 - Ensured drug availability and adherence to hospital policies.
 - Coordinated with nursing staff for accurate medicine distribution.
- Registered Pharmacist | Indiana Hospital & Heart Institute (NABH Accredited) | Mangalore** **Oct 2017 – Jan 2019**
- Dispensed and reviewed prescriptions for accuracy.
 - Supported doctors and nurses in selecting suitable medication alternatives.
 - Monitored stock and participated in quality improvement initiatives.

EDUCATION

- **BACHELOR OF PHARMACY (B.PHARM)**
Srinivas College of Pharmacy (2013-2017), Rajiv Gandhi University of Health Sciences, Bangalore.
- **DHA QUALIFIED | DHA ID: 68453221**
- **REGISTERED PHARMACIST**
Kerala State Pharmacy Council – Reg. No. 73926

ADDITIONAL INFORMATION

- **Technical Skills:** Pharmacy Operations | Prescription Verification | Drug Dispensing | Patient Counseling | DHA Compliance | Medication Safety | Inventory Control & Data Entry | Pharmaceutical Care | Hospital Pharmacy | Pharmacovigilance | Dosage Calculation | Team Collaboration | Customer Service | Documentation Accuracy | Regulatory Standard | Microsoft Office (Word, Excel, PowerPoint) | Pharmacy Management Systems | Prescription Auditing.
- **Languages:** English | Malayalam | Kannada | Hindi.
- **Passport Details:** **Passport No.:** V2239456 | **Expiry Date:** 29-09-2031 | **Place of Issue:** Kozhikode.