

# CURRICULAM VITAE



## **ANJU T. J**

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Opp-TASTE Restaurant .  
DUBAI ,UAE( 15881).

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## **OBJECTIVE:**

A Senior Charge Nurse in **an OPD/IPD/ER** focuses on providing leadership, clinical expertise, and patient-centered care in a cardiology setting. Objectives include ensuring high-quality patient care, managing the unit effectively, and contributing to professional development and service improvement. This includes tasks like patient assessment, medication management, and patient education, as well as leading the nursing team and ensuring adherence to policies and procedures.

## **PROFESSIONAL EXPERIENCE:**

### **Canadian Specialist Hospital Dubai-( From March-2022 to April -2025 )**

#### **Worked as a Sr Registered Nurse in Cardiology - OPD.**

- Educating patients on cardiovascular diseases.
- Informing them of preventative measures. Counseling the patients.
- Help diagnose and treat cardiovascular events.
- Assist in performing diagnostic tests such as ECGs.
- Interact with the patients as well as their family's pre and post treatment.
- Evaluate and monitor heart related devices such as pacemakers.
- Monitor the patient and their vitals, especially cardiovascular readings.
- Assessing and interpreting lab results ,Be able to communicate clearly and effectively with patients and their families to facilitate lifestyle modifications.
- Be able to provide postoperative care to cardiac patients.
- Be able to maintain a sterile standard in the operating room.
- Have adequate background knowledge and experience.
- Have the ability to perform and interpret various cardiac and vascular lab tests.

### **CONTINENTAL HOSPITALS (JCI ), Hyderabad -(FROM Feb - 2014 TO OCT-2020)**

- **Worked as a Unit manager (Medical&surgical) in 3<sup>rd</sup> IPD (In Patient Dept.)**
- Monitoring and Supervising medical care to the patients.
- Assist physicians during medical procedures.
- Performing minor medical procedures.
- Preparation of patients for medical procedures.
- Administration of medication according to the doctor's instructions.
- Maintaining data and documentation.
- Roster preparation for IPD staff and work distribution.

## **Kamineni Hospitals(NABH), Hyderabad – (From May-2010 to March-2013)**

### ➤ **Worked in Emergency ER and Trauma Department.**

- Able to identify trauma and medical emergencies like respiratory, cardiovascular, neurological, gastrointestinal, renal and urological, toxicological, gynecological, obstetrics, environmental etc.
- Able to manage and treat patients in emergency and assist in procedures.
- Assessments of the Patients Accident and emergencies.
- Monitoring.
- Use of equipment (airway, vascular access, splint application, extrication tools, suction, catheterization, NG tube, Defibrillator AED, Cardiac Pacer Etc.)
- Documentation.
- Communicate with superiors for data updates.

## **EDUCATIONAL BACKGROUND:**

- **Post Basic B.Sc. in Nursing** from Holy Mary College of Nursing, Hyderabad – Duration 2014 to 2016. (Dr. NTR University of Health Sciences)
- **General Nursing and Midwifery (GNM)** from Kamineni Institute of Medical Sciences, Narketpally, Nalgonda (AP). – Duration 2006 to 2010.

## **LICENCE:**

- **DHA License Unique ID - 33647913.**
- **Nursing Registration: 105068.**
- **Midwifery Registration: 104633.**
- **Post BSC : 14404202.**

## **SKILLS & CERTIFICATES:**

- **BLS** – Basic Life Support (American Heart Association).
- **ACLS**- Advanced Cardiac Life Support(American Heart Association).
- **PALS**- ( American Heart Association).
- Certified in Infection control Link Nurses.
- Certified in Infusion Nurse Course.

## **Capabilities :**

- Willingness to learn and ability to work in a team.
- Working well under pressure.
- Receiving and carrying complicated instructions and tasks.

**Personal Details :**

<b>Date Of Birth</b>	25/10/1987.
<b>Age</b>	38 Years.
<b>Marital Status</b>	Married.
<b>Spouse Name</b>	Bhanu Prasad Nampelly.
<b>Languages known</b>	English, Hindi, Telugu.Malayalam.
<b>Passport No.</b>	S0712475.
<b>Strengths</b>	Quick learner, Smart worker, Good communication skills, Good team working skills, Able to work independently, willing to take up responsibilities.
<b>Hobbies</b>	Reading books ,Gardening, watching movies. Drawing.
<b>Permanent Address</b>	H.NO-2-24, Vill-Patha Mugdhumpuram. Mandal –Chennaraopet (Narsampet). DIST-Warangal Rural .State –TELANGANA (pin-506332).

**DECLARATION:**

I here by declare that the above information is correct up to my knowledge, and i will be responsible for my discrepancy found in that.

Thanking you.

**Yours faithfully .**

**DATE: / /2025 .**

**ANJU T.J.**