



ALYSSA MARIE R. DE LA CRUZ

Registered Nurse

Profile

As a registered nurse, I bring blend of clinical expertise, empathy, and professionalism to patient care. I have experience in assessing, planning, and implementing individualized nursing interventions across diverse patient populations. I take pride in maintaining accurate documentation, collaborating with interdisciplinary teams, and ensuring patient safety and satisfaction. My goal is to support holistic care while upholding the highest nursing standards.

Work Experience

Registered Nurse (RN) January 2021–October 2025
Misamis Oriental Provincial Hospital – Balingasag

EMERGENCY ROOM NURSE

- Perform rapid patient assessment and triage based on severity of condition
- Monitor vital signs, oxygen saturation, and cardiac rhythm
- Provide immediate care for trauma, cardiac, respiratory, and critical cases
- Administer medications, IV fluids, and emergency treatments as prescribed
- Insert IV lines, catheters, and nasogastric tubes when required
- Assist doctors during emergency procedures and resuscitation (CPR, intubation, defibrillation)
- Prepare and operate emergency medical equipment
- Perform wound care, suturing assistance, and dressing changes
- Collect blood, urine, and other specimens for laboratory testing
- Maintain accurate and timely patient documentation
- Ensure infection control and patient safety at all times
- Coordinate with ambulance teams and other hospital departments


MEDICAL WARD AND PEDIATRIC WARD NURSE

- Assess and monitor patient condition, vital signs, and symptoms
- Provide nursing care to adult and pediatric patients with medical conditions
- Administer medications, IV fluids, and treatments as prescribed
- Perform IV insertion, blood sampling, and specimen collection
- Assist doctors during patient examinations and procedures
- Provide wound care, dressing changes, and infection control
- Monitor intake and output, including feeding and hydration status
- Provide care for children including feeding, medication, and comfort measures
- Educate patients and families about treatment plans and home care
- Maintain accurate nursing records and patient documentation
- Ensure patient safety, hygiene, and comfort at all times
- Respond to medical emergencies and report changes in patient condition
- Collaborate with doctors and healthcare team for patient management

OPERATING ROOM AND DELIVERY ROOM NURSE

- Prepare and maintain sterile operating rooms, surgical instruments, and equipment.
- Assist surgeons and surgical teams during procedures, ensuring patient safety.
- Monitor patients' vital signs and respond to emergencies intraoperatively.
- Document surgical procedures, medications, and patient outcomes accurately.
- Support postoperative care, including patient transfer and monitoring recovery.
- Provide comprehensive care to mothers before, during, and after childbirth.
- Monitor maternal and fetal health, including vital signs and fetal heart rate.
- Assist obstetricians and midwives during labor and delivery.
- Administer medications and support pain management as prescribed.
- Educate and guide mothers on postpartum care and breastfeeding.
- Respond promptly to obstetric and neonatal emergencies.

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 Sharjah, United Arab Emirates

Nationality: Filipino

Visa Status: Visit/Tourist Visa

Visa Validity: Valid Until 01/24/2026

Notice Period: Immediately

Willing to relocate

Education

Bachelor of Science in Nursing
Liceo de Cagayan University

2014–2019

License

Registered Nurse – Philippines

DHA license (in process)

NCLEX license (in process)

Expertise

- Emergency and Trauma Care
- Patient Assessment and Triage
- IV Cannulation and Therapy
- Medication Administration
- Vital Signs and Cardiac Monitoring
- Infection Control and Safety Protocols
- Wound Care and Dressing
- Surgical Assistance
- Labor and Delivery Support
- Patient and Family Education
- Specimen Collection