



NASEEMA KOTILIL

REGISTERED ANESTHESIA TECHNICIAN-DHA

CONTACT

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📍 Dubai, UAE

EDUCATION

Diploma in Operation Theatre & Anesthesia Technology

Kerala Paramedical Council, Directorate of Medical Education Kerala, India
2008 - 2011

Bachelor Degree in Sociology

Calicut University, Kerala, India
2022 - 2025

KEY SKILLS

- Patient Monitoring
- Equipment Handling
- Time Management
- Emergency Response
- Infection Control
- Safety Compliance
- Team Collaboration
- Healthcare Regulations
- Ventilator Management
- Machine Maintenance
- Data Documentation

LANGUAGES

- English
- Arabic
- Hindi
- Malayalam

PERSONAL DETAILS

- DOB: 22/09/1990
- Nationality: Indian

PROFESSIONAL SUMMARY

DHA - licensed Anesthesia Technician with extensive experience supporting surgical procedures in multi-specialty hospitals across India. Proven expertise in pre - operative preparation, intraoperative support, and post - operative care across general surgery, neurosurgery, orthopedics, gynecology, and urology. Skilled in operating and maintaining advanced anesthesia equipment including workstations, multi - parameter monitors, ventilators, and emergency resuscitation tools. Certified in BLS and ACLS by the American Heart Association, with a strong foundation in infection control, patient safety protocols, and sterile techniques. Recognized for precision, dependability, and effective collaboration with anesthesiologists and surgical teams in high - stress environments.

EXPERIENCE

Anesthesia Technician

Nadakkavil Emergency Hospital, Valanchery, Kerala, India | 05/02/2019 - 23/06/2025

- Set up and calibrated anesthesia machines, monitors, and airway equipment prior to surgical procedures.
- Assisted anesthesiologists during a variety of surgeries including general, orthopedic, gynecological, and trauma cases.
- Monitored patient vitals throughout preoperative, intraoperative, and recovery phases.
- Operated and maintained anesthesia equipment such as ventilators, infusion pumps, and patient monitors.
- Ensured adherence to OT sterilization protocols and infection control guidelines.
- Supported emergency resuscitations and maintained crash cart readiness in critical care areas.
- Oversaw inventory and availability of anesthesia supplies, medications, and consumables.

Anesthesia/OT Technician

Sunrise Hospital, Changaramkulam, Kerala, India | 01/11/2011 – 24/09/2013

- Assisted with general, spinal, epidural, and local anesthesia under supervision.
- Prepared OT with necessary anesthesia and surgical equipment ahead of procedures.
- Monitored intraoperative patient vitals and alerted medical staff to any irregularities.
- Provided technical support during emergency and routine surgeries across multiple specialties.
- Sterilized surgical tools and ensured OT cleanliness in line with infection prevention standards.
- Managed OT inventory and facilitated timely restocking of essential supplies.
- Coordinated closely with surgical, anesthetic, and nursing teams to streamline procedural workflows.

CERTIFICATIONS/LICENSES

- DHA Eligibility (Unique ID: 34580334)
- American Heart Association (AHA) Approved BLS & ACLS Certified.
- MOFA Attested Certificate.

SURGERY ASSISTED

- General surgery - Laparotomy, Hernioplasty, Open and Laparoscopic Appendectomy, Thyroidectomy.
- Neuro Surgery - Lumbar Laminectomy, Thoracic Laminectomy.
- Orthopaedic Surgery -Total Knee Replacement, ORIF [Patella, Humerus, Ankle, Tibia Condyle], Arthroscopy.
- Nephrology & Urology- PCNL, Lap/Open Nephrectomy, Urethroplasty, Varcicoelectomy.
- Gynaecology- LSCS, Abdominal And Vaginal Hysterectomy, D&C
- ENT surgery- Adenoidectomy, Tonsilectomy, Fess, Tympanoplasty

EQUIPMENTS HANDLED

- Anesthesia machine - Ohmeda (Aspire, Avance) and Boyle's Multi-channel monitor Datex Ohmeda, Philips, L&T
 - Bair hugger Warming System
 - Resuscitation equipments - Defibrillator, AMBU bag
 - Airway equipments - LMA, Boogie, Stylet and Cricothyriodotomy set.
 - Infusion Pumps - B.Brawn, TCI PUMP
 - Cardiac Defibrillator
 - Video laryngoscope
 - ECG Machine & Ventilators
 - Suction apparatus
 - Neuro muscular monitor
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