

RASHMI GANESH

Staff Nurse

Sharjah, U.A.E. | +971501320551

rashmiamarnath79@gmail.com

<https://www.linkedin.com/in/rashmi-ganesh-a98215375>

DHA Registered Nurse with **over 8+ years** of proven experience across **multi-specialty hospital settings including ICU, general wards, and surgical units**. Skilled in **critical care, emergency response, EHR documentation, and patient-focused service**. Known for compassionate bedside care and compliance with international healthcare standards. Ready for immediate licensing and deployment in a Dubai-based healthcare facility

AREA OF EXPERTISE

- ICU & Critical Patient Management
- GCS Monitoring & Neurological Assessment
- IV/IM Medication & Blood Transfusion
- NG/PEG Tube Feeding
- Catheter Care & Wound Dressing
- EHR Documentation & Report Management
- Pre/Post-Operative Care
- Infection Control Compliance
- Patient-Centric Communication
- Fast Decision-Making under Pressure
- Team Leadership & Collaboration
- Time & Shift Management
- Compassionate and Empathetic Care
- Analytical Thinking

PROFESSIONAL EXPERIENCE

Mangala Hospital & Mangala Kidney Foundation, Mangalore, India

Jan 2022 – May 2024

Staff Nurse – Medical Surgical Ward

- Administered post-operative care to **300+ patients**, reducing infection rates by **20%** through rigorous wound management and hygiene protocols.
- Led **GCS and neurological monitoring** for high-risk cases, enabling timely interventions and improved patient outcomes.
- Ensured strict compliance with **NG/PEG feeding protocols**, maintaining **zero aspiration incidents** across all assigned cases.
- Managed **Foley's catheterization, IV cannulation**, delivering precise, patient-centered care.

M J Multi Speciality Hospital, Bengaluru, India

May 2018 – Feb 2021

Staff Nurse – General Ward

- Delivered patient-centered care in the **General Ward**, managing **over 20 patients** per shift and maintaining a **98% patient** satisfaction rate through attentive and efficient service.
- Planned and **implemented individualized care protocols**, helping reduce patient readmission rates by **25%** through accurate discharge planning and follow-up care coordination.
- Built strong relationships with colleagues and supervisors, contributing to a collaborative work environment and **smoother ward operations**.

Al Ansar Hospital, Mysore, India

May 2015 – Dec 2016

Staff Nurse – ICU

- Managed care for **200+ critically ill patients**, achieving high recovery rates through vigilant monitoring and timely interventions.
- Coordinated patient-specific treatment plans with **multidisciplinary teams**, ensuring comprehensive and tailored care delivery.
- Assisted in emergency procedures including suturing, fluid resuscitation, and post-operative care, supporting optimal patient outcomes.

Sri Lakshmi Eshwara Srinivasa Hospital, Mysore, India

Apr 2014 – Apr 2015

Staff Nurse – General Ward

- Supervised a team of **3 nurses**, enhancing ward efficiency and reducing documentation errors by **30%** through close oversight and training.
- Supported physicians in **400+ patient diagnoses and follow-ups**, contributing to timely treatment decisions and continuity of care.
- Ensured accurate record-keeping and compliance with hospital protocols, streamlining daily operations within the unit.

Narayana Hrudayalaya Surgical Hospital Pvt Ltd, Mysore, India

Dec 2012 – Jan 2014

Staff Nurse – ICU & General Ward

- Trained and mentored **10+ junior staff and nursing interns** in ICU protocols, enhancing team competency and patient safety standards.
- Managed complex cases including **sepsis, respiratory failure, and pre/post-operative patients**, ensuring prompt interventions and quality care.
- Monitored critical vitals and coordinated with physicians for timely treatment adjustments, improving overall ICU outcomes.

Sterling Hospital, Gujarat, India

Mar 2010 – Apr 2011

Staff Nurse – General Ward

- **Delivered patient care** in a high-volume neurological ward, closely monitoring vitals, administering medications, and assisting with mobility and rehabilitation needs.
- Maintained **95% documentation accuracy**, ensuring all patient records, progress notes, and care plans were up to date to support informed clinical decisions.
- Coordinated with **physicians and multidisciplinary** teams to adjust care plans promptly, improving patient outcomes and streamlining daily ward operations.

EDUCATION

Bachelor of Science in Nursing (B.Sc Nursing)

2005 – 2009

Rajeev Gandhi University, Karnataka, India

CERTIFICATIONS

- DHA Registered Nurse (Dubai Health Authority) – Valid until 06-07-2026
- Registered Nurse (India)
- Basic Life Support (BLS) Certified

ADDITIONAL INFORMATION

- **Languages known:** English, Malayalam, Hindi, Tamil, Kannada
- **Software proficiency:** Microsoft Office Suite (MS Word, MS Excel, PowerPoint)
- **Nationality:** Indian
- **Passport Details:** Passport No- U 2884102, Passport Expiry –04-01-2031
- **Visa Type:** Spouse Visa

REFERENCE

Can be submitted upon request.