

# TOMS PAUL

## STAFF NURSE

Oud Metha, Dubai, UAE

+971558041143

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### SUMMARY

Dedicated and compassionate Staff Nurse with 2.5 years of clinical experience in a 300-bed multispecialty hospital. Proven expertise in providing high-quality patient care across Medical-Surgical and Pediatric wards. Skilled in patient assessment, medication administration, care planning, and interdisciplinary collaboration. Committed to patient safety, quality improvement, and evidence-based practice. Holds DHA Unique ID: 29936519.

### SKILLS

- Patient Assessment and Monitoring
- Medical-Surgical Nursing Care
- Pediatric Nursing
- Care Planning and Implementation
- Basic Life Support (BLS) & CPR
- Multidisciplinary Team Collaboration
- Clinical Documentation
- Adherence to DHA Guidelines and Protocols

### PROFESSIONAL EXPERIENCE

#### APOLLO ADLUX HOSPITAL

FEB 2023-JUNE 2025

- Monitor vital signs, manage IV therapy, and provide care for critically ill patients, including those post-surgery or requiring ventilatory support.
- Perform specialized care for patients with tracheostomies and ileostomies etc. , ensuring comfort, hygiene, and safety.
- Administer medications, manage pain, assist with wound care, and document all patient-related activities per hospital protocols.
- Educate patients and families, collaborate with healthcare teams, and uphold infection control practices in daily ward care.

### EDUCATION

#### B Sc Nursing

2017-2023

University of Kerala University of Health Science

- Graduation in Nursing on 2023
- Thesis on “ A DESCRIPTIVE STUDY TO ASSESS THE PREVALENCE OF REPRODUCTIVE HEALTH PROBLEMS AMONG ADOLESCENTS GIRLS STUDYING IN DIFFERENT COLLEGES IN KERALA”

### CERTIFICATES

- BLS and ACLS Training done under American Heart Association ON 2025
- Improving Health Care Quality, Certification Course From POLHN
- Infection Prevention And Control (Basic & Advanced), Certification Course From POLHN
- Standard Precaution: Waste Management
- Health Emergency Program From WHO
- The Bharat Scouts & Guides Dwithiya Sopan Badge

### ADDITIONAL INFORMATION

- **Languages:** English, Hindi, Tamil, Malayalam
- Passport No: W1909513
- Visa Status: Visting (Expiry-28/08/2025)