



# SIKHANADHA PT

Dedicated and compassionate registered nurse with 5 years of diverse experience in pediatric and neurology departments. Eager to contribute skills in patient care, assessment, and treatment to a dynamic healthcare team. Seeking a challenging nursing position where I can continue to grow professionally while providing exceptional care to patients

## CONTACT

### PHONE

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### EMAIL

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### ADDRESS

Rola Street . Bur dubai

## EDUCATION

**Post Basic Nursing and Midwifery**  
Rathna college of nursing ,Karnataka

2014-2018

**General Nursing and Midwifery**

Malik Deenar College of Nursing

2012-2014

**Higher Secondary Education**

GVHSS Nadakkavu,Kerala

## REGISTRATION

Kerala Nurses and Midwives Council

KL01201802164

## DHA REGISTRATION

**DHA UNIQUE ID**

76880689

## LICENSE NUMBER

R76880689-001

## BASIC LIFE SUPPORT

**AMERICAN HEART ASSOCIATION**

16 NOV 2023 - 15 NOV 2025

## EXPIREANCE

**PRESENT FROM DECEMBER 2024**

**LIV HOSPITAL | CITY WALK**

**REGISTERED NURSE - PEDIATRIC DEPARTMENT**



- Provide comprehensive nursing care to pediatric patients, including administering vaccinations as per DHA guidelines and hospital protocols.
- Educate parents and guardians on immunization schedules, expected side effects, and general child health practices.
- Communicate effectively with patients and their families regarding diagnoses and treatment plans, offering emotional and psychological support.
- Prepare patients for diagnostic procedures such as ECG, X-ray, MRI, and CT scans, and assist with sample collection and documentation of results.
- Deliver bedside nursing care while adhering to infection prevention protocols, including barrier nursing techniques and aseptic practices.
- Participate in nursing rounds and multidisciplinary healthcare activities to ensure continuity of care.
- Maintain medical inventory, monitor medication stocks, and ensure proper functioning of medical equipment.
- Comply with hospital policies to uphold safety standards and promote a clean, infection-free environment.
- Perform IV cannulation and assist in the collection of laboratory samples; ensure accurate labeling, timely transport, and proper documentation of lab test results.

**MARCH 2022 TO JULY 2024**

**ASTER DM HEALTHCARE | Discovery Gardens**

**Assistant Nurse - PEDIATRIC DEPARTMENT**



- Based on disease condition, communicate with patient and family and provide psychological support.
- Administered vaccines to pediatric patients according to DHA guidelines and facility protocols Educated parents and guardians about vaccination schedules, benefits, and potential side effects.
- Collection of samples evaluate and recording the results.
- Prepare the patient for various investigations, like ECG, X-ray, MRI, CT etc. Provide bed side nursing care. Maintain barrier nursing techniques and prevent cross infection. Follow medical and surgical asepsis.
- Participating nursing turnings and other health services activities.
- Adhere to the hospital policies to prevent infection and the ensure standard health care to the patients. Maintain inventory, intending medicines and check the working condition of equipment's.

# EQUIPMENT HANDLED

Syringe  
Pumps Ecg  
Mechine  
Defibrillator  
ABG Machine  
  
Nebulizer  
Spirometry  
Laryngoscop  
e BIPAP  
Glucometer

# PROCEDURE ASSISTED

Injections IV  
Cannulation Suturing  
Femoral sheath  
Removal Blood  
Transfusion Wound  
Dressing  
  
Ryles Tube Insertion  
Suctioning Enema  
Insertion Diet  
Planning Urinary  
Catheterization  
Bladdei Irrigation

SEPTEMBER -2018 TO DECEMBER 2021

**BABY MEMORIAL HOSPITAL, CALICUT , KERALA**  
**Registered Nurse - NEURO MEDICINE**



Gathering patient information by conducting physical exam questions  
Ordering necessary diagnostic tests, such as blood work or diagnostic imaging  
Making informed diagnoses based on the findings of exams and tests  
Recommending treatments to ease symptoms, manage chronic conditions or cure illnesses  
Educating patients about self-care and lifestyle changes that can contribute to the success of a treatment  
Monitoring patients' ongoing conditions and adjusting treatment plans as needed  
Supervising and coaching other members of the care team to coordinate care for patients  
Updating patient medical records and ensuring that medical information is accurate and kept private

# PROFESSIONAL SKILLS

General patient assessment Care of vulnerable patients and basic life support care Procedure such as IV cannulation, catheterization, chest drain removal, Ryle's tube feeding, medication administration, ECG monitoring, ABG interpretation, Mechanical ventilator settings adjustments, cardiac monitor settings adjustments Handling medical equipment's such as cardiac monitor, ECG machine, infusion pump, syringe pump, mechanical ventilator, BIPAP machine

# REFERENCE - UAE

**Dr. Supriya Menen MBBS ,MD**  
**+971503869181**  
**PEDIATRICS**  
**ASTER CLINIC**  
**DISCOVERY GARDENS**

**Dr. Franson K Jose**  
**MBBS,MD**  
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**PEDIATRICS**  
**MEDICAL DIRECTOR**  
**ASTER SPECIALITY CLINIC**  
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**Dr. Gozde Ercan**  
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**+971545622111**  
**PEDIATRICS**  
**LIV HOSPITAL**  
**CITY WALK ,DUBAI**

# DECLARATION

I hereby declare that the details furnished above are true and correct to the best of my knowledge and belief

SIKHANADHA P.T