



# SARA CHAUDHRY

**Registered Nurse, Post BSC**  
**DHA Unique Id No.: 64821686**

My nursing journey has equipped me with the ability to handle diverse healthcare challenges and adapt to evolving situations. I am known for my empathetic approach to patient care, always striving to put their well-being at the forefront of my practice. In addition to my clinical skills, I possess a strong work ethic and a passion for continuous learning, allowing me to stay current with the latest advancements in the field

## Contact Me

### Phone

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### Email

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### Address

Al Nahda, Sharjah

## Education

### DHA Rn Licence Holder

(Health Care Professionals)

### BLS certification

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### Patriotic Health Institute Nursing

### Bachelor of Science in Nursing

(RN) June 2021 - Jun 2023

### FSC - Pre Medical

### Punjab Medical College

(Faisalabad) 2009 - 2011

## Certification

### Jinnah Postgraduate Medical Center

Midwifery - 2016

### Jinnah Postgraduate Medical Center

General Nursing - 2015

## Experience

### Aesthetic Nurse

**2024**

Inshape medical center

- Provide exceptional customer service, creating a welcoming and professional atmosphere for all patients.
- Document all patient interactions and treatment outcomes accurately in electronic health records.
- Assist in training new staff on aesthetic procedures and patient care protocols.
- Manage inventory levels of aesthetic supplies, ensuring availability for all treatments.
- Engage in community outreach to promote aesthetic services and educate potential clients.
- Laser hair removal
- HydraFacial
- Assistant doctor for fillers Botox meso therapy face prp
- IV therapy
- Slimming machine
- Ems machine
- Documentation

### Hair Transplant FUE Procedure

**April - Oct**

- To prepare the OT for the procedure
- To prepare patient taking vitals signs
- Shave the donor area
- Prepare wash and count graft
- Maintaining the hygiene
- Make sure of the safety and comfort of the patient
- Taking sample for plasma and Hair PRP

### Part Time Nurse

**Aug 24 to Dec 24**

Dubai, UAE

### Babies and beyond home health care services

**Dec 23 - Jul 24**

Dubai, UAE

### Nightingale Home Health Care

**Oct 23 to Dec 23**

Dubai, UAE

(Part Time Nurse)

## Skills

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- Patient Assessment
- Clinical Reserach
- Analytical and Team work
- Critical Thinking
- Recording Patient Medical History
- Administering Injections
- Social Skills

## languages

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English

Urdu

Punjabi

### **District Health Office (DHO)**

**Mar 20 to Jun 23**

(Staff Nurse) under District Health Office (DHO)

- Provide comprehensive nursing care to patients of all age groups, including assessment, monitoring, and administration of medication and treatments.
- Respond to medical emergencies, triage patients, and provide immediate care and life-saving interventions when necessary.
- Assist in the organization of healthcare programs, scheduling, and maintaining medical supplies and equipment.
- Participate in public health programs, vaccination campaigns, and health promotion act

### **Expo Centre (COVID-19 Isolation Ward)**

**Mar 20 to Oct 21**

(Staff Nurse)

- Implement and maintain strict infection control protocols to minimize the risk of transmission within the healthcare facility.
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- Educate patients and their families about COVID-19 prevention, symptom management, and self-care, as well as the importance of following pub

### **People's Primary Healthcare Initiative (PPHI)**

**2018 - 2019**

(Staff Nurse)

- Administer pain relief measures, monitor pain levels, and adjust care plans as needed to ensure patient comfort.
- Offer emotional and psychological support to patients and their families, especially during challenging times.
- Work closely with physicians, other healthcare professionals, and support staff to ensure coordinated patient care and interdisciplinary teamwork