



RESHMA SAJI

REGISTERED NURSE (DHA LICENSED)

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Visa Status : Visit Visa

PROFESSIONAL SUMMARY

Compassionate and DHA-licensed Registered Nurse with 3+ years of clinical and intensive care experience, specializing in Medical ICU, critical patient monitoring, and multidisciplinary care coordination. Expert in ventilator management, medication administration, infection control, EMR documentation, and emergency response. Proven ability to deliver safe, evidence-based, patient-centered care in fast-paced hospital environments. Adept at educating patients/families, supporting physicians, and maintaining high ICU compliance standards. Seeking a challenging nursing role in a reputable healthcare facility in the UAE.

WORK EXPERIENCE

Staff Nurse

May 2025 – Sep 2025

B&B Hospital, Kollam, Kerala, India

- Conducted comprehensive patient assessments, monitored vital parameters, and supported diagnostic and therapeutic procedures.
- Administered medications safely, monitored treatment responses, and ensured strict adherence to individualized care plans.
- Coordinated with laboratory, imaging, and diagnostic teams to streamline patient evaluations and timely reporting.
- Ensured safe patient handling, comfort measures, and maintained accurate clinical documentation in line with hospital protocols.
- Provided patient and family education on treatment plans, recovery guidelines, and hospital safety practices to improve care outcomes.

Staff Nurse – Medical ICU

June 2022 – April 2025

Max Super Specialty Hospital, Noida, India

- Provided direct nursing care to critically ill ICU patients, ensuring 100% adherence to clinical standards and infection control protocols.
- Monitored and documented vital signs, medication administration, ventilator status, and patient progress using EMR systems.
- Assisted physicians during emergency procedures, intubation, central line insertion, and critical care interventions.
- Managed treatment plans, medication schedules, and coordinated with healthcare professionals for continuity of care.
- Mentored junior nursing staff and interns to strengthen ICU workflow and patient safety standards.
- Educated patients and families on treatment plans, medication routines, and post-discharge care instructions.
- Maintained accurate and up-to-date patient records, progress notes, and ICU documentation.
- Provided emotional support and counselling to patients and family members during critical situations and recovery periods.

EDUCATION

Bachelor of Science in Nursing (B.Sc. Nursing) - Azeezia College of Nursing, Kollam, Kerala 2017 – 2022

Higher Secondary Education - Mahatmaji Memorial Higher Secondary School, Kollam 2015 – 2017

LICENSES & CERTIFICATIONS

- Dubai Health Authority (DHA) Registered Nurse – Reg. ID: 13873383**
- Kerala Nurses & Midwives Council – Reg. ID: KL03202203215**
- Basic Life Support (BLS) – American Safety & Health Institute**

CORE COMPETENCIES

- Critical Care Nursing
- Patient Assessment & Monitoring
- Ventilator & Airway Management
- Medication Administration
- Emergency & Code Blue Response
- Infection Control & Safety Protocols
- Care Planning & Implementation
- Patient/Family Education & Support
- Multidisciplinary Team Coordination
- Clinical Decision-Making
- Compassionate Patient Care

TECHNICAL SKILLS

- EMR & Digital Documentation
- ICU Equipment Handling
- IV Cannulation & Line Management
- Wound Care & Dressing Techniques
- Monitoring Devices (ECG, SPO2, Infusion Pumps)
- Specimen Collection & Reporting
- Patient Safety Protocols
- Multilingual Communication

LANGUAGES : English | Hindi | Malayalam