



LINTA JOHN

DHA QUALIFIED REGISTERED NURSE

+971 568786638 | lintajohn001@gmail.com

Location: Dubai, UAE | Visa Status: Visit Visa

Dedicated and compassionate DHA Qualified Registered Nurse with five years of experience across Medical & Surgical Wards, Surgical ICU, and Medical ICU settings. Seeking to leverage strong clinical expertise, critical care skills, and multidisciplinary collaboration experience to deliver safe, high-quality, and patient-centered care in a progressive healthcare organization. Committed to continuous professional development, adherence to international nursing standards, and contributing positively to patient outcomes, safety, and organizational excellence.

WORK EXPERIENCE

REGISTERED NURSE - MEDICAL AND SURGICAL WARD

Yasmin Hospital, Malappuram, Kerala, India | May 2023 - May 2025

- **Patient Assessment & Monitoring:** Conducted comprehensive initial and ongoing assessments, including vital signs, medical history, and continuous evaluation of patient conditions.
- **Medication Administration & Safety:** Administered prescribed medications, monitored for adverse reactions, and ensured accurate, timely documentation.
- **Clinical Nursing Care:** Delivered direct patient care including wound management, IV therapy, catheterization, and other essential nursing procedures.
- **Care Planning & Implementation:** Developed and executed individualized nursing care plans aligned with physician orders and patient-specific needs.
- **Interdisciplinary Collaboration:** Worked closely with physicians, nurses, and allied healthcare professionals to ensure coordinated and high-quality patient care.
- **Patient & Family Education:** Educated patients and caregivers on disease processes, treatment plans, medications, and lifestyle modifications.
- **Documentation & Discharge Support:** Maintained precise medical records and actively supported discharge planning with post-hospital care instructions and resources.

REGISTERED NURSE – SURGICAL ICU

Almoosa Specialist Hospital, Al Mubarraz, Saudi Arabia | January 2021 – January 2023

- **Critical Patient Care & Monitoring:** Delivered comprehensive care to critically ill post-surgical patients, including continuous monitoring of vital signs and clinical status.
- **Post-Operative Management:** Managed immediate and ongoing post-surgical recovery, ensuring patient stability and timely response to treatment plans.
- **Advanced Life Support & ICU Procedures:** Assisted in advanced life-saving interventions such as intubation, mechanical ventilation, and resuscitation when required.
- **Medication Administration & Titration:** Administered and carefully titrated critical medications, including analgesics and sedatives, in accordance with physician orders.
- **Multidisciplinary Collaboration:** Coordinated closely with surgeons, anesthesiologists, and ICU teams to develop and implement effective patient care plans.
- **Complication Detection & Response:** Monitored patients for post-operative and ICU-related complications, taking prompt corrective actions to ensure patient safety.
- **Documentation & Family Support:** Maintained accurate ICU documentation and provided emotional support and clear communication to patients and their families regarding treatment and recovery.

REGISTERED NURSE - MEDICAL ICU

Government Medical College Hospital, Kottayam, Kerala, India | November 2018 - October 2019

- **Critical Care Delivery:** Provided comprehensive nursing care to critically ill medical patients, ensuring continuous assessment and timely interventions.
- **Advanced Patient Monitoring:** Monitored vital signs, neurological status, and overall patient condition using advanced ICU equipment and technology.
- **Invasive Line & Procedure Support:** Assisted in insertion, care, and management of central venous catheters, arterial lines, and chest tubes.
- **Medication Administration & Evaluation:** Administered critical medications and closely monitored patient responses, adjusting care as per physician directives.
- **Multidisciplinary Coordination & Family Support:** Collaborated with the ICU healthcare team to implement care plans and provided emotional support and clear communication to patients' families.

EDUCATION & CERTIFICATION

- **Bachelor of Science - B.Sc. Nursing**
College of Nursing, Guru Group of Institute, Karukachal, Kottayam, Kerala, India | 2017
- **Basic Life Support (BLS)** - American Heart Association

REGISTRATIONS

- **Dubai Health Authority (DHA)** - DHA Unique ID: 40447190 | Expiry: 12/11/2026
- **Kerala Nurses and Midwives Council** - Registration No: KL03201803794 | Expiry: 26/02/2028

EQUIPMENT'S HANDLED

Cardiac Monitor | Pulse Oximeter | Suction Machine | Ventilator | CPAP & BIPAP | Infusion Pump | Syringe Pump | Resuscitation Equipment (Laryngoscope, Ambu Bag, Face Mask) | Endotracheal Tubes & Airways | ECG Machine | DVT Pump | Steam Inhaler | Nebulizer | Minor Surgical Procedure Sets | Enema Tubing | Bowl Wash Set | Inhaler | Glucometer | Defibrillator | Dressing Tray | Oxygen Cylinder with Humidifier | Thermometer | Sphygmomanometer | Stethoscope | CRRT

PROFESSIONAL SKILLS

Patient Care | Critical Care Nursing | Clinical Assessment | Medication Administration | Vital Signs Monitoring | ICU & Ward Operations | Emergency & Life Support | Infection Control | IV Therapy | Wound Care Management | Patient & Family Education | Medical Documentation | Care Plan Implementation | Discharge Planning | Multidisciplinary Coordination

PERSONAL SKILLS

Compassionate Care | Strong Communication | Teamwork | Attention to Detail | Time Management | Adaptability | Problem-Solving | Emotional Resilience | Ethical Practice | Patient-Centered Approach

REFERENCES

- **Mr. Dr Radi Fadal Makkil, ICU Consultant** | Almoosa Specialist Hospital, Saudi Arabia
Email Id: radimakki@hotmail.com | Mobile No: +966 557967499
- **Ms. Silvi Das, Deputy nursing superintendent** | Government Medical College Hospital, Kottayam, Kerala, India | Email Id: nursingofficer.mchktm@gmail.com | Ph No: 04812592459

DECLARATION

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.

LINTA JOHN