

# THRIVENI BHOJA KULAL

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## **SUMMARY:**

Compassionate and detail-oriented Registered Nurse with 1.7+ years of hands-on experience in ICU patient care. Skilled in monitoring critical conditions, administering life-saving interventions, and collaborating with multidisciplinary teams to deliver exceptional healthcare outcomes. Known for staying calm under pressure, ensuring patient safety, and maintaining accurate medical records. Passionate about continuous learning and committed to improving patient recovery and wellness. I am dedicated to providing exceptional patient care in a fast-paced healthcare setting. My extensive knowledge of medical procedures, strong communication skills, and ability to work well under pressure make me an asset to any healthcare team. With a passion for promoting health and wellness, I strive to make a positive impact on the lives of my patients every day.

## **PROFESSIONAL EXPERIENCE:**

**Staff Nurse - ICU (02/2024 - 08/2025)**

**KMC HOSPITAL MANGALORE, Mangalore**

## **Main Responsibilities:**

- ✓ Continuously monitor and evaluate patient conditions, meticulously recording vital signs and symptoms.
- ✓ Efficiently administer medications and treatments as per physician directives, ensuring optimal patient outcomes.
- ✓ Assist in complex medical procedures while delivering compassionate post-operative care to enhance recovery.
- ✓ Empower patients and families through comprehensive education on health management and post-treatment protocols.
- ✓ Diligently maintain precise medical records and documentation for seamless healthcare delivery.
- ✓ Create a safe and hygienic environment for patients, strictly adhering to hospital protocols.
- ✓ Swiftly respond to emergencies, providing critical medical attention with poise and expertise.
- ✓ Monitored critically ill patients, tracked vital signs, and reported changes promptly, reducing complications.
- ✓ Supported doctors during emergency procedures including CPR, intubation, and central line insertions.
- ✓ Ensured infection control protocols, contributing to a 0% hospital-acquired infection rate in the unit.
- ✓ Trained and mentored new nursing staff to ensure smooth onboarding and adherence to hospital standards.
- ✓ Maintained meticulous patient documentation for legal and clinical compliance

**STRENGTH AND SKILLS:**

- ✓ Ability to Work Under Pressure.
- ✓ Adaptability.
- ✓ Fast Learner.
- ✓ Patient Care.
- ✓ Dressing.
- ✓ Critical Care Nursing.
- ✓ Record Keeping
- ✓ Clinical Skills
- ✓ Time Management.

**INTERSHIP:**

**Intern, KMC HOSPITAL ATTAVAR  
(09/2023 - 10/2023)**

Completed a transformative month-long internship at KMC Hospital, gaining hands-on experience in patient care and healthcare operations.

**CERTIFICATIONS:**

- ✓ BLS CERTIFICATION – 22 FEB 2025
- ✓ ACLS CERTIFICATION – 28 APRIL 2025
- ✓ DHAID – 21432765-RNT0312-1 (DHA cleared on January 4th, 2024)

**EDUCATIONAL QUALIFICATION:**

- ✓ B.Sc. Nursing, SCS COLLEGE OF NURSING SCIENCE, Mangalore, India.
- ✓ Pre-University in Science from SDPT PU COLLEGE, Mangalore, India

**PERSONAL DETAILS:**

Date of Birth	: 01-07-2001	Nationality	: Indian
Gender	: Female	Languages Known	: English, Hindi, Kannada, Tulu.

**PASSPORT AND VISA DETAILS:**

Passport No	: C9197342	Date of Issue	: 07-03-2025
Place of Issue	: Bengaluru	Visit Visa Expiry	: 02-12-2025

**DECLARATION:**

I hereby declare that the above given particulars are true from best of my knowledge and belief.

**Sincerely,**

Thriveni Bhoja Kulal  
Place: Dubai