

SHARMILA
STAFF NURSE
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Career Objective

Passionate and detail-oriented NICU nurse with hands-on experience in Level III neonatal care, seeking to contribute advanced clinical skills and compassionate care to a progressive healthcare institution. Dedicated to continuous learning, evidence-based practice, and supporting critically ill and preterm neonates, while aligning with the organization's commitment to excellence and patient-centered care.

Professional Registration:

Name of the council	Registration number	Date of registration
The Tamil Nadu Nurses and Midwives Council	188156	24-01-2018

License:

BLS	Completed May2025 - Expired May2027
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Work experience:

Staff Nurse – Pediatric/Neonatal Care Unit

Genezen Indus Hospital, Madurai May 2023 – Jan 2025

- Delivered specialized care to critically ill neonates and children in a **tertiary-level NICU**, providing support for **high-risk preterm** and **term infants** with complex conditions such as **neonatal jaundice, meconium aspiration, RDS, and congenital defects**.
- Worked alongside a multidisciplinary team of **pediatricians, neonatologists, and surgeons**, assisting in the management and care of **cardiac, neurological, and respiratory** disorders in neonates and children.
- Administered advanced neonatal therapies such as **respiratory support via CPAP and mechanical ventilation, neonatal resuscitation, and surfactant administration** to stabilize critical patients.
- Assisted in a wide range of neonatal procedures including **umbilical venous catheterization, neonatal intubation, intercostal drainage (ICD), and peripheral intravenous line (IV)** placement for stable intravenous access.
- Maintained accurate and detailed **patient documentation**, monitoring vital signs, fluid balance, and medication administration to ensure continuity of care and effective outcomes.
- Supported the care of **post-surgical and post-cardiac surgery neonates**, ensuring optimal post-operative recovery and follow-up care.
- Fostered strong communication with families, providing support, education, and guidance on neonatal care, and offering emotional assistance in high-stress environments.

- Ensured the proper functioning of neonatal care equipment, including **ventilators, infusion pumps, cardiac monitors, and phototherapy units**, performing routine checks and troubleshooting when necessary.
- Maintained infection control protocols and safety measures in the NICU to minimize risk and ensure a safe environment for vulnerable infants.

Staff Nurse – NICU

RIO Hospital, Madurai Aug 2021 – April 2023

- Provided specialized care in the **Neonatal Intensive Care Unit (NICU)**, managing neonates with complex conditions such as **RDS, birth asphyxia, preterm birth, meconium aspiration, congenital anomalies, and cardiac defects**.
- Administered medications, provided nutritional support, and delivered advanced respiratory care to **ventilated and CPAP-dependent neonates** while monitoring for potential complications.
- Assisted in critical procedures, including **neonatal intubation, umbilical venous and arterial catheterization, neonatal resuscitation**, and the administration of **surfactant therapy**, ensuring timely and effective interventions.
- Collaborated closely with **pediatricians, neonatologists**, and a multidisciplinary team to formulate and implement individualized care plans, ensuring the best possible outcomes for high-risk infants.
- Delivered compassionate care to families, offering clear explanations, emotional support, and ongoing updates on the condition of their newborns in challenging medical situations.
- Ensured strict adherence to **infection control protocols, sterilization procedures, and NICU safety standards**, maintaining a sterile environment to minimize risk to vulnerable neonates.
- Accurately recorded and maintained detailed patient records, including **neonatal blood sampling, vital signs monitoring, and medication administration**, contributing to comprehensive and coordinated patient care.
- Demonstrated expertise in managing neonatal equipment such as **phototherapy units, infusion pumps, cardiac monitors, and respiratory support systems**, ensuring all equipment was functioning optimally.

Staff Nurse – NICU

Sri Ramakrishna Hospital, Coimbatore Nov 2017 – Jan 2021

NABH-accredited, 1009-bedded multispecialty hospital

Technical Skills & Equipment Proficiency:

- Hands-on experience with advanced neonatal equipment including: **neonatal warmers, incubators, Inosys, ventilator**.
- Proficient in operating a wide range of **ventilators** (SLE-2000/5000, Maquet, GE), **bubble CPAP, transport ventilators, Neopuff, oxygen blenders, and nebulizers**.
- Skilled in the use of **infusion and syringe pumps, cardiac monitors, pulse oximeters, ECG machines, glucometers, and emergency equipment** (crash cart, emergency trolley).
- Familiar with supporting devices such as **transillumination lamps, thermometers, and breast pumps**.
- Competent in sterilization of feeding articles and use of feeding tools like **paladai, OG/NG tubes, and bottle feeding systems**.

Clinical

Clinical Case Exposure:

- Extensive exposure to managing a variety of neonatal conditions including:
 - **Preterm/extreme preterm, RDS, PPHN, PDA, IVH, TGA, TAPVC, coarctation of aorta, post-cardiac surgery, and congenital defects** (cleft lip/palate, anal fistula).
 - **Common neonatal complications** such as **jaundice, hypothermia, birth asphyxia, pneumonia, NEC, GERD, IUGR, and anemia.**
 - GI and respiratory issues like **gastritis, meconium obstruction, MAS, TEF, and TTNB.**

Professional Responsibilities:

- Deliver high-quality, compassionate nursing care ensuring patient safety and comfort.
- Effectively communicate with parents, provide updates, and build strong nurse-family relationships.
- Support physicians during medical procedures and maintain readiness of equipment and materials.
- Accurately record and report patient conditions, maintain thorough documentation, and manage patient charts.
- Ensure proper sterilization and functioning of all neonatal equipment and feeding articles.
- Monitor stock levels and support smooth day-to-day operations in the neonatal care unit.

Strengths:

- Highly attentive to detail with strong clinical judgment and quick decision-making abilities.
- Demonstrates leadership, adaptability, and initiative in high-pressure environments.
- Committed to professional development, ethical care, and teamwork in multidisciplinary settings.

Equipment familiar with:

- Neonatal warmer
- Ambu bag
- Infusion pump
- Syringe pump
- Billi care
- Cardiac monitor
- Pulse oxymeter
- Crash cart
- Glucometer
- Emergency trolley
- Thermo meter
- Thermo bed
- Weighing machine
- Breast pump
- Incubator
- Ventilator
- Bubble cpap
- Blender o2
- Phototherapy

- Translumination lamb
- Neopuff
- Transport incubator
- Transport ventilator
- Billi blanket
- Inosys

Procedure Assisted:

- Neonatal intubation
- Umbilical vein and arterial catheter
- Peripheral intravenous
- PICC line
- ICD
- CPR
- Neonatal resuscitation
- Neonatal surfactant
- Tapping
- Urinary catheter
- ECHO
- Ultra sound
- ROP checkup

Procedure I do:

- OG and NG tube insertion
- Peripheral intravenous line
- Neonatal resuscitation
- Urinary catheter
- Surgical dressing
- Suction in ET, ORAL , NOSE
- Neonatal position
- Nebulization
- ECG
- Neonatal blood sampling
- Intra venous fluid
- Amino acid and lipid infusion
- TPN Preparation
- Care of preterm baby
- Care of ventilator and bubble cpap baby
- Chat maintenance
- Patient record maintenance
- Care of equipment
- Collection of breast milk
- Care of phototherapy baby
- Suture removal
- Care of post cardiac surgery baby
- Care of cardiac baby
- Care of ICD baby
- Bottle feeding
- Paladai feeding

- Baby bath
- Sponge bath
- OG and NG tube feeding
- Sterilization of feeding articles

Education Details:

- B.Sc. - Nursing Servite College of Nursing - Dr. M.G.R. - Medical University, Tamilnadu - 2013-2017 - 71.5%
- H.S.C - Sirumalar Higher Secondary School- State board of Tamilnadu - 2013 - 54.5%
- S.S.L.C - Sirumalar Higher Secondary School- State board of Tamilnadu - 2011 - 70.6%