

NOUMAN MEHBOOB

Sterile Processing Technician (CSSD)

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PROFESSIONAL SUMMARY

Sterile Processing professional with over 4 years of hands-on experience in decontamination, inspection, assembly, sterilization, storage, and distribution of surgical instruments. MOHAP-evaluated CSSD Technician Aide with strong knowledge of infection control, AAMI & HSPA standards, and sterilization monitoring (CI & BI). Experienced in steam and low-temperature gas plasma (LTGP) sterilization processes. CRCST certification in progress. Seeking progression into a CSSD Technician role in an accredited healthcare facility.

PROFESSIONAL LICENSURE & EVALUATION

CSSD Technician Aide – MOHAP (UAE)

Evaluation Letter No: 320323

DataFlow Reference No: M006-2511-2714628-ED01

Issued: 29 April 2025

CSSD Technician Aide – CAHSP (Pakistan)

License No: APC-MT-5097-KPK-21

Valid Until: 22 December 2026

PROFESSIONAL EXPERIENCE

Jan Memorial Hospital, Pandkari AJ&K, Pakistan

Sterile Processing Technician (CSSD)

March 2021 – January 2025

- Performed duties across Decontamination, Assembly & Packaging, Sterilization, and Sterile Storage areas
- Received, cleaned, and decontaminated surgical instruments using manual and mechanical cleaning methods
- Inspected instruments using appropriate lighting and magnification; assembled surgical sets per IFUs and count sheets
- Operated steam sterilizers (autoclaves) and low-temperature gas plasma (LTGP) systems
- Conducted and documented chemical (CI) and biological indicator (BI) monitoring
- Maintained sterilization load records, traceability logs, and equipment maintenance documentation
- Managed sterile inventory using FIFO, four-touch method, and event-related sterility principles
- Prepared accurate case carts and ensured timely distribution to operating rooms
- Ensured compliance with infection prevention policies, standard precautions, and workplace safety guidelines
- Maintained effective communication and coordination with operating room and clinical teams

CLINICAL TRAINING

Completed 400 hours of structured on-the-job practical training in CSSD, fulfilling the practical experience requirement for international sterile processing certification examinations.

CORE COMPETENCIES

- Decontamination & Infection Control
- Instrument Inspection, Assembly & Packaging
- Steam Sterilization & LTGP
- Chemical & Biological Indicator Monitoring
- IFU Compliance & Documentation
- Case Cart Preparation & Distribution
- Sterile Storage & Inventory Management
- FIFO & Event-Related Sterility
- Quality Assurance & Traceability
- Teamwork, Time Management & Communication

CONTINUING EDUCATION

10 CE Hours – IAHCSSM

Certificate in Sterile Processing of Surgical Instruments

Conference held at Jan Memorial Hospital, Pandkari AJ&K;, Pakistan (12–14 March 2020)

EDUCATION

Intermediate (Science) – Board of Intermediate & Secondary Education, Mirpur AJ&K;, Pakistan (2018–2020)

Matriculation (Science) – Board of Intermediate & Secondary Education, Mirpur AJ&K;, Pakistan (2016–2018)