

NOUR SABANEH | General Practitioner | MBBS

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Location: UAE/Jordan, DOB: 11/Dec/1997 | References: Available Upon Request

WORK EXPERIENCE

General Practitioner/Physician Intern at Al Saudi Hospital - Amman, Jordan |
May 2025 - Present

- Working at Day Case Unit, managing patients Pre and Post operatively
- Manage surgical Cases post-op complications
- Prescribe medications accordingly to their needs
- Explain to patients post-surgery instructions and care
- Discharge patients when fit for discharge
- Working in a team with Most Responsible Physicians, Nursing and Pharmacists.
- Quality Auditing Patients medical records

Virtual Medical Assistant at Vista Health Clinic – Nevada, USA - June 2024 – September 2024

- Created website for the clinic – www.vistahealthmd.com- and Designed Clinic related Flyers.
- Reviewed the Medical Diseases Educational Blogs.

Teaching Assistant - General Surgery Department, RAK Medical & Health Sciences

University September 2023 – June 2024 | RAK, UAE

- Conducted clinical training sessions for MBBS students, focusing on practical skills such as urinary catheterization, nasogastric tube insertion, wound care, suturing and much more.
- Evaluated students during clinical rotations and provided personalized mentorship, contributing to passing of students in clinical exam.
- Assisted faculty in preparing lesson plans and facilitated clinical case discussions, improving student comprehension of complex surgical procedures.
- Managed daily logbooks and assessments, ensuring accurate record-keeping and compliance with academic standards.

Medical Intern | Emirates Health Services (EHS) August 2022 – August 2023 | RAK, UAE

- Provided patient care across various departments, including internal medicine, family medicine, general surgery, pediatrics, emergency department and obstetrics & gynecology. Four weeks Elective in vascular Surgery.
- Assisted and attended in 40+ surgeries, including laparoscopic appendectomies,

cholecystectomies, incision and drainage of abscesses, bowel resection and anastomosis following RTA and vascular surgeries.

- Performed comprehensive patient assessments, wound care management, and diabetic wound care.
- Proficient in the use of Wareed System in Citrix workspace for patient data entry and quality audits, ensuring accurate and efficient medical record management

Committee on Science & technology (CST) Officer, 2020-2021 Student Council, RAKMHSU

- Coordinated the organization of the 12th RAKMHSU Scientific Conference.
- Planned and directed general operations to meet committee's goals
- Attended public speaking events to deliver presentations.
- Represented the committee during student council meetings.
- Successfully continued and operated the Committee's sub programs.
- held monthly meetings with the team for the plan and management of the committee's program.
- Successfully recruited sub-committee members.

EDUCATION

- Bachelor of Medicine, Bachelor of Surgery (MBBS) RAK Medical & Health Sciences University (RAKMHSU) | RAK, UAE
2017- 2022 | GPA: 3.45 | Graduated with Merit
- Bachelor of Science in Biotechnology University of Sharjah (UOS) | Sharjah, UAE
2017 | GPA: 3.72 – one semester

CERTIFICATIONS & LICENSES

- General Practitioner Eligibility letter, MOH License, UAE | Ref. #267992
- ACLS, Al Saudi Hospital, Accredited by Jordan Medical Council | Valid through Jan 2028
- Chronic wounds and Pressure Ulcers Management, Accredited by Jordan Medical Council 3 CPD Hours | 2025
- Basic Life Support (BLS), American Heart Association | Valid through Mar 2026
- Peer-reviewer at Cureus Medical Journal, successfully Reviewed 5 articles
- Open and laparoscopic skills Dry Lab Course, Qassimi Hospital, Sharjah | 2024
- Electives in General Surgery & Emergency Department, The Specialty Hospital, Jordan | 2021
- Infection Control Training Certification (ICTC), RAKMHSU, UAE | 2019

AWARDS & ACHIEVEMENTS

- Nominee for Sandooq Al Watan National Impact Award | "The Slot" Project | 2020
- 1st Place Winner, Think Science National Competition | Novel Selective Medium for Gram Negative bacteria | 2018-2019

COMMUNITY SERVICE

Volunteered at multiple Health Checkup Campaigns for public health in coordination with MOHAP, RAK, including events at the Special Olympics and RAKMHSU Mini-Marathon. | 2022 | 2023

CORE COMPETENCIES

-Team Collaboration and Leadership
-Exceptional communication

-Patient Counseling and Education

-Medical Research and Publication

-Beginner in SPSS use for medical research and data analysis

-Minor Surgical Procedures (Suturing, wound care, abscess drainage, urinary catheterization, NGT insertion and removal)

KEY SKILLS

-Patient diagnosis, treatment planning, Compassionate Patient Care and follow-up care

-Fluent in English (IELTS 7.5) and Arabic (Native)

-Effective use of EMR systems (Wareed, Citrix, Certa)

RESEARCH & PUBLICATIONS | ORCID: 0000-0001-5690-4226

- Development of a Novel Selective Medium for Gram-negative Bacteria | Published in BMC Research Notes (May 2021)
- Perforated Marginal Ulcer Post Roux-en-Y Surgery without risk factors – A Case report | Published in International Journal of Surgery – Open (October 2023)
- COVID-19 and Pregnancy Outcomes: A Descriptive Study From a Tertiary Hospital in Ras Al Khaimah, UAE | Published in Obstetrics & Gynecology International – Hindawi (December 2024)
- Laparoscopic Management of a Giant Echinococcal Liver Hydatid Cyst in a Technically Challenging Site with Simultaneous Ureteric Stone Removal: A Case Report - Published in Cureus Journal on (September 2025)

PROFESSIONAL DEVELOPMENT & CONFERENCES

- International Oncology and Supportive Care Congress | 7 CPD Credits, DHA | 2024
- Gulf Aortic Summit | 10 CME Hours, EACCME | 2024
- Endovascular Aortic Diseases and Treatment Conference | 2022
- Wound Care Scientific Talks and Hands-on Workshop | 15 CPD credits, DHA | 2022
- From Labs to market: What makes research a successful story with Dr. Lourdes Vega | 2020
- Interactive Session on Infection Prevention and Control (CIPC & ISIPC) | 8.5 CPD, MOHAP | 2019
- RAKMHSU Students Scientific Conference | 2019 | 2022