

# Shiji Mullappally Malayil Shaji

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## Professional Summary

Operating Theatre Nurse with hands-on experience as Scrub and Circulating Nurse across multi-specialty surgeries, including kidney transplant, oncology, neurology, gynecology, vascular, laparoscopic, urology, ENT, ophthalmology, pediatric, bariatric, and obstetrics. I am skilled in sterile technique and infection control, patient monitoring, surgical instrumentation and OR setup, and comprehensive pre-/post-operative care. Recognized for maintaining workflow efficiency, accurate documentation, and collaborative teamwork with surgeons, anesthetists, and nursing staff. I hold a valid Basic Life Support (BLS) certification, ensuring readiness for emergency situations and adherence to international patient safety standards.

## Core Skills

- Operating Theatre Nursing (Scrub & Circulating)
- Sterile Technique & Infection Control
- Patient Monitoring & Anesthesia Support
- Surgical Instrumentation & OR Setup
- Inventory & Supply Management
- Clinical Documentation & Audit Readiness
- Wound Care & Dressing
- Team Collaboration, Training & Induction
- Time Management & Workflow Coordination

## Technical Proficiencies

ECG machine, Pulse oximeter, Cardiac monitor, Defibrillator, Nebulizer, Suction apparatus, Infusion pumps, Thermometer, Glucometer, Blood pressure apparatus, C-ARM, ZEISS microscope, Diathermy machine, AMBU bag

## Professional Experience

### **Lifeline Multi Specialty Hospital, Kerala, India — Staff Nurse, Operation Theatre (Scrub Nurse)**

September 2024 – October 2025

- Scrubbed and assisted in diverse surgical procedures including gynaecological, laparoscopic, urological, ENT, paediatric, bariatric, and obstetrics cases, ensuring adherence to sterile techniques.
- Prepared and maintained the operating room with all necessary instruments and sterile supplies, reducing setup time and ensuring compliance with hospital protocols.
- Supported surgeons during operations by passing instruments promptly and monitoring patient vitals in coordination with the anaesthesia team for optimal safety.
- Delivered comprehensive post-operative care, including wound dressing and collaboration with recovery teams to ensure smooth patient handovers and infection prevention.
- Enhanced workflow efficiency by participating in team meetings, training programs, and assisting nursing and surgical teams to maintain timely and effective OR operations.

### **Jehangir Hospital, Maharashtra, India — Staff Nurse, Operation Theatre (Scrub & Circulating Nurse)**

December 2021 – February 2024

- Scrubbed and assisted in complex surgeries including kidney transplant, oncological, neurological, gynecological, vascular, laparoscopic, urological, ENT, and ophthalmological procedures, ensuring strict adherence to sterile techniques.
- Performed scrub and circulating duties across specialized areas, maintaining aseptic conditions and supporting surgical efficiency.
- Prepared and maintained a sterile operating environment, ensuring proper sterilization of instruments and equipment before and after procedures.
- Delivered comprehensive pre- and post-operative patient care, including monitoring vital signs and accurate documentation for continuity of care.
- Managed OR setup and surgical inventory, ensuring availability of instruments, sutures, and drapes tailored to each procedure and preventing stock-outs.
- Coordinated with surgeons, anesthetists, and healthcare teams to facilitate safe and timely surgical workflows.
- Supervised clinical waste disposal in compliance with infection control guidelines, ensuring segregation of hazardous and non-hazardous materials.
- Documented surgical procedures and patient information accurately, supporting audit readiness and hospital compliance standards.

## Clinical Procedures

IV cannulation, Blood transfusions, Nasogastric tube insertion, Foley catheter insertion, Wound dressing, Elastic bandage application, Suture removal, Central line removal, Ryles tube insertion, Endotracheal and tracheostomy suctioning, Tracheostomy care, Back care, Blood sample collection

## Education

- Bachelor of Science in Nursing (B.Sc.) – 2021  
Vinayaka Missions Annapoorana College of Nursing | Score: 73%
- Higher Secondary Certificate – 2017  
Government HSS, Kerala | Score: 76%
- Secondary School Certificate – 2014  
SHV High School, Kerala | Score: 86%

## Certifications

Basic Life Support (BLS) – Valid since December 2025

## Languages

- English – Fluent
- Malayalam – Native
- Hindi – Fluent
- Tamil - Intermediate

## References

**Dr Radhika Mohite** – Jehangir Hospital, Maharashtra, India | OT Assistant Medical Superintendent

**Ms Sheena Mathew** – Lifeline Multi Speciality Hospital, Kerala, India | OT Coordinator