

# SABITHA KAMALASANAN SOBHANA

**Assistant Nurse | DHA Eligibility Holder**

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## PROFESSIONAL SUMMARY

Dedicated **DHA Eligibility Holder (Assistant Nurse)** with 17 years of clinical experience in **JCI-accredited environments**. Proven track record in supporting medical teams through accurate **patient monitoring, vital sign assessment, and infection control**. Committed to maintaining the highest patient safety standards while providing compassionate, hands-on care in medical-surgical, maternity, and outpatient settings.

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## CORE HEALTHCARE COMPETENCIES

- **Clinical Support:** Patient Assessment & Monitoring, Medication Administration, Triage.
  - **Patient Safety:** Strict Infection Control (JCI & CBAHI Standards), Wound Care, Patient Safety & Quality Care.
  - **Communication:** Effective SBAR Communication, Multidisciplinary Team Collaboration.
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## LICENSES & CERTIFICATIONS

- **DHA Eligibility Letter:** Assistant Nurse (Active).
  - **Basic Life Support (BLS):** American Heart Association (AHA) – Valid until 12/2027.
  - **Home Country Registration:** Registered Nurse & Midwife.
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## PROFESSIONAL CLINICAL EXPERIENCE

**Nursing Technician – Medical & Surgical Ward | Hayat National Hospital, KSA | 2018 – 2025**

- Provided high-quality care for post-operative patients, ensuring timely **medication administration** and **vital sign monitoring**.
- Upheld JCI safety standards to minimize infection risks in a high-volume surgical ward.

**Staff Nurse – Labour Room & NICU | *Multiple Hospitals, India* | 2006 – 2009; 2015 – 2018**

- Assisted obstetricians during normal and high-risk deliveries, providing critical **postnatal and newborn care**.
- Managed specialized neonatal and dialysis care while adhering to strict hygiene protocols.

**Nursing Technician – Polyclinic | *Al Khaleejy Medical Clinic, KSA* | 2011 – 2015**

- Conducted patient triage and assisted physicians in minor medical procedures.
- Managed outpatient clinical duties, including wound care and administering injections.

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**EDUCATION**

- **Diploma in General Nursing & Midwifery (GNM)** | 2003 – 2005