

## SOJA TONY

Registered Nurse – Critical Care / ICU

Al Nahda 2, Dubai, UAE (Spouse Visa)

Phone: +971 555571581 | Email: sojatonysss@gmail.com

### Professional Summary

Dedicated and compassionate Registered Nurse with 4.5 years of ICU experience providing high-quality care in fast-paced, high-acuity environments. Skilled in managing critically ill patients, administering medications, using life-support equipment, and collaborating with multidisciplinary teams. Known for strong clinical judgment, critical thinking, and emotional resilience. Actively seeking to contribute to a reputed healthcare institution in the UAE.

### Licenses & Certifications

- DHA Eligible – Dubai Health Authority
- MOH Kuwait Practice License – License No: 22022200821
- Kerala Nursing Council – Reg. No: KL03201904468
- BLS (Basic Life Support) – AHA Certified
- ACLS (Advanced Cardiovascular Life Support) – AHA Certified
- CRRT Trained – Prismaflex V8.2, Ahmadi Hospital, Kuwait, July 2024

### Clinical Experience

#### Staff Nurse – CTVS ICU

NMC Speciality Hospital, Al Nahda, Dubai | Aug 2025 – Present

- Monitoring Vital Signs: Closely monitoring patients' vital signs, such as heart rate, blood pressure, and oxygen saturation.
- Administering Medications: Administering medications and treatments as prescribed by physicians.
- Life Support: Operating and maintaining life-support equipment, such as ventilators and cardiac monitors.
- Collaboration and Communication: Working with multidisciplinary teams, including physicians, therapists, and specialists, to develop and implement patient care plans.
- Patient and Family Education: Educating patients and their families about their conditions, treatments, and care plans.
- Accurate Documentation: Maintaining accurate and detailed patient records.
- Critical Thinking and Decision-Making: Assessing patient conditions, developing nursing interventions, and responding to emergencies such as cardiac arrest or arrhythmias.
- Quick Decision-Making: Making quick decisions in high-pressure situations.
- Leadership and Mentorship: Mentoring junior staff, overseeing patient care strategies, and participating in quality improvement initiatives.

#### Staff Nurse – Intensive Care Unit (12-bedded)

Ahmadi Hospital – Kuwait Oil Company, Kuwait | Aug 2022 – Nov 2024

- Monitored neurological status, vital signs, and overall patient condition.
- Managed and administered medications, blood products, and CRRT using Prismaflex.
- Operated and maintained ICU equipment: mechanical ventilators, IABP, ICP monitors, etc.
- Responded promptly to emergencies, participated in Code Blue & Rapid Response Teams.
- Educated and supported patients and families on diagnoses, procedures, and treatments.
- Maintained accurate records using EMR systems.

#### Staff Nurse – Neuro-Medical-Surgical ICU (26-bedded)

Holy Spirit Hospital, Mumbai, India | Jan 2019 – Mar 2021

- Provided post-operative and critical care for medical, surgical, and neurological patients.

- Administered IV fluids, blood transfusions, medications, and monitored drug reactions.
- Assisted in procedures: central line care, tracheostomy, ABG sampling.
- Maintained aseptic techniques and strict infection control protocols.
- Collaborated with physicians, physiotherapists, and respiratory therapists.

## Education

Bachelor of Science in Nursing – Snehodaya College of Nursing, Kerala, India (2014 – 2018)

Higher Secondary Education – Board of Higher Secondary Examination, Kerala, India (2014)

## Key Skills

- Critical Care Nursing
- Neurological & Post-Operative Assessments
- Mechanical Ventilation & CRRT
- Pain & Wound Management
- Medication Administration
- Emergency Response & Resuscitation
- Patient & Family Education
- Infection Control & Aseptic Technique

## Administrative & Technical Skills

- EMR Documentation
- Microsoft Office (Word, Excel, PowerPoint)
- Strong communication and interpersonal skills
- Time Management & Workflow Optimization
- Leadership & Decision-Making
- Team Collaboration & Conflict Resolution

## Languages

- English (Fluent)
- Hindi
- Malayalam
- Tamil

## Equipment Handled

- Mechanical Ventilators
- Intra-Aortic Balloon Pump (IABP)
- ICP Monitors, ABG Machines
- Infusion & Syringe Pumps
- ECG, Capnography, Suction Machines
- BiPAP, CPAP, Nebulizers, High-Flow O<sub>2</sub>
- Blood Glucose & Point-of-Care Testing Devices

## Personal Information

- Nationality: Indian
- Gender: Female

- Date of Birth: 10 April 1997
- Marital Status: Married
- Passport No.: C6900370
- UAE ID: 784-1997-3677714-7

## References

Dr. Adel Alsarraf, MD FRCPC – Consultant Critical Care, Ahmadi Hospital, Kuwait  
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Sr. Usha Thomas – Nursing Director, Holy Spirit Hospital, Mumbai  
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