

DELLA MARIYA THOMAS

Registered Nurse

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Location : Dubai, UAE



PROFESSIONAL SUMMARY

DHA Licensed Registered Nurse with experience in Emergency, Critical Care, OPD, IPD Care, and IV Therapy. Skilled in patient assessment, triage, ECG interpretation, medication administration, emergency stabilization, EMR documentation, and infection control. ACLS & BLS certified with strong commitment to patient-centered care and teamwork.

EXPERIENCE

Registered Nurse | December 2025- April 2026

Care 24 Healthcare - Dubai

- Performed comprehensive patient assessments and developed individualized nursing care plans for acute and critical care patients.
- Monitored ECG rhythms, oxygen saturation, blood pressure, and vital signs for early detection of clinical deterioration.
- Administered IV medications, infusion therapy, blood collection, and advanced nursing interventions according to hospital protocols.
- Assisted in emergency response situations including BLS, ACLS, and rapid response team activations.
- Delivered patient and family education regarding disease management, medication compliance, and discharge planning.
- Managed anti-aging and regenerative IV therapy treatments including NAD+ therapy, glutathione infusions, immune enhancement therapy, hydration therapy, collagen support, alpha-lipoic acid therapy, and peptide therapies.
- Maintained accurate EMR documentation and ensured compliance with infection prevention and patient safety standards.

Registered Nurse - ER | March 2024- May 2025

Dr. Moopens Medical College - Kerala, India

- Conducted rapid triage and stabilization of emergency patients in a high-volume Emergency Department.
- Assisted physicians during emergency intubation and airway management procedures.
- Monitored neurological status, cardiac rhythms, and hemodynamic parameters of critically ill patients.
- Operated ventilators, infusion pumps, cardiac monitors, and defibrillators for emergency and critical care management.
- Managed Code Blue, trauma, and ambulance emergencies with CPR, emergency medication administration, and resuscitation support.
- Collaborated with multidisciplinary healthcare teams to deliver evidence-based patient care.

EDUCATION

Bachelor of Science (BSc) in Nursing

Dr. Moopens Nursing College | 2019 – 2024

- Adult Health Nursing – 1360 Hours
- Obstetrics and Gynecology – 540 Hours
- Community Health Nursing – 480 Hours
- Child Health Nursing – 400 Hours
- Mental Health Nursing – 360 Hours

AREA OF EXPERTISE

- Emergency Room Nursing (ER)
- Critical Care Nursing
- Trauma Stabilization
- Medical ICU (MICU)
- Surgical ICU (SICU)
- Pediatric ICU (PICU)
- Airway Management
- ECG & Cardiac Monitoring
- IV Therapy & Infusion Management
- Hemodynamic Monitoring
- Patient & Family Education
- Medication Administration
- Infection Prevention & Control
- Clinical Documentation & EMR

TECHNICAL SKILLS

- Electronic Medical Records (EMR)
- Patient Monitoring Systems
- Ventilator Management
- Defibrillator Operation
- Infusion Pumps
- Critical Care Equipment Handling
- IV Cannulation & Blood Collection
- Clinical Documentation
- Infection Control Protocols

LICENSES & CERTIFICATIONS

- Registered Nurse (RN)
- DHA Eligibility Letter – Dubai Health Authority
- Advanced Cardiovascular Life Support (ACLS)
- Basic Life Support (BLS)

LANGUAGE

- English
- Malayalam
- Hindi

REFERENCES AVAILABLE UPON REQUEST