

SOPHIYA LAWRENCE

REGISTERED NURSE

Phone No: +971 506341235

Mail Id : 900sophiyalawrence@gmail.com

Location: Deira, Dubai, UAE



SUMMARY

Experienced Registered Nurse with expertise in medical-surgical, ICU and emergency care nursing across Dubai and India. Skilled in in-patient care, wound care, IV cannulation and medication administration. Proficient in emergency procedures, critical care and infection control. Adept at collaborating with healthcare teams to develop and implement individualized care plans. Committed to patient safety, emotional support and continuous improvement. Seeking to apply my skills in a dynamic healthcare environment to contribute to high-quality patient outcomes.

EDUCATION

BACHELOR OF SCIENCE IN NURSING 2012

Bangalore City College of Nursing, Bangalore, Karnataka

HIGHER SECONDARY 2008

LEO X111th H.S.S, Pulluvila

SSLC 2006

St Chrysostom HS, Nellimoodu

PROFESSIONAL REGISTRATIONS

- **DHA License – 36706492-001**
- **Rajiv Gandhi University of Health Sciences, Karnataka – 08N6345**
- **Kerala Nurses & Midwives Council, Kerala – 35879**

PROFESSIONAL CERTIFICATIONS

- Basic Life Support
- Airway Management
- ECG & Pharmacology
- Advance Cardiovascular Life Support

PROFESSIONAL SKILLS

- Patient Care
- Medication Administration
- Vital Signs Monitoring
- IV Therapy
- Charting & Documentation
- Emergency Response
- Wound Care
- Stress Management
- Medical Record Keeping
- Problem solving
- Excellent communication

WORK EXPERIENCE

REGISTERED NURSE

SHEKAR MEDICAL CLINIC, AL QUOZ, DUBAI

Aug 2025 – Present

Department: Medical Department

- Provided immediate, evidence-based nursing care, including wound care, IV cannulation, and medication administration.
- Monitored and recorded patient vitals and symptoms, ensuring accurate documentation per clinical protocols and EMR systems.
- Administered medications and managed IV infusions as per doctor's orders, ensuring adherence to dosage, timing, and safety guidelines.
- Followed infection control practices, maintaining a sterile environment to prevent cross-contamination.
- Provided emotional support to patients and families to enhance the overall care experience.
- Collaborated with healthcare teams to develop and implement patient care plans.
- Assisted in patient education, providing information on procedures, treatments, and aftercare.
- Ensured compliance with hospital policies, safety regulations, and healthcare standards.
- Contributed to the continuous improvement of nursing practices and patient care strategies.
- Conducted routine assessments and provided feedback for quality improvement initiatives.

STAFF NURSE

NAHAS HOSPITAL, PARAPPANANGADI

Jul 2023 – Mar 2025

Department: Medical & Surgical Department & Emergency Department

- Provided immediate, evidence-based nursing care in the Emergency Department, including triage, wound care, IV cannulation and administration of emergency medications.
- Monitored and recorded patient vitals, symptoms and treatment responses in the Medical Ward, ensuring accurate documentation according to clinical protocols and EMR systems.
- Assisted physicians in emergency procedures such as CPR, catheterization, NG tube insertion and stabilization of critically ill patients.
- Administered medications and managed IV infusions, ensuring adherence to dosage, timing, and safety guidelines.
- Collaborated with healthcare teams to develop and evaluate individualized care plans for acute and chronic conditions.
- Maintained infection control practices, ensured hygiene, and provided emotional support to patients and families.

LANGUAGES

- English
- Malayalam
- Hindi
- Tamil
- Kannada

PERSONAL DETAILS

Date of Birth : 21/04/1990
Gender : Female
Marital Status : Married
Nationality : Indian
Passport No : X7176481

EQUIPMENTS HANDLED

- Cardiac Monitor
- Pulse Ox meter
- Infusion Pump
- ECG Machine
- Nebulizer
- Defibrillator
- Glucometer
- BP Apparatus
- Suction Apparatus
- Mechanical ventilator

REFERENCES

Available Upon Request

STAFF NURSE

SNEHA HOSPITAL, KANNUMAMOODU

Sep 2016 – Nov 2016

Department: Medical & Surgical ICU

- Provided critical care nursing, including ventilator management, ECG monitoring, and emergency medication administration.
- Performed ICU procedures like suctioning, central line care, catheterization, and tracheostomy care, ensuring safety standards.
- Monitored patient vitals, neurological signs, and fluid balances, reporting clinical changes for immediate intervention.
- Maintained accurate documentation, managed ICU equipment, and followed infection control protocols.
- Collaborated with healthcare teams to ensure patient safety and optimal ICU outcomes.

STAFF NURSE TRAINEE & STAFF NURSE

**CANANTHAPURI HOSPITAL AND RESEARCH INSTITUTE,
TRIVANDRUM, KERALA**

Jul 2013 – Aug 2016

- Provided specialized nursing care to post-operative neurosurgical patients, including GCS assessments and neurological observations.
- Assisted in procedures such as lumbar punctures and seizure management, adhering to ICU protocols.
- Managed ventilator support, tracheostomy care and emergency response for patients with traumatic brain injuries and spinal cord conditions.
- Maintained accurate documentation of patient status, medication administration and neurological assessments to support multidisciplinary care planning.
- Collaborated with healthcare teams to ensure continuity of care and optimal recovery for neurosurgical patients.

STAFF NURSE

METRO MEDICAL CENTRE, TRIVANDRUM

Nov 2012 – May 2013

- Provided patient care, monitored vital signs, and administered medications as prescribed.
- Assisted with wound care, dressing changes, and patient hygiene.
- Documented patient conditions, treatments, and progress.
- Maintained infection control and ensured a sterile environment.

DECLARATION

Hereby declare that all the details mentioned above are in accordance with the truth and fact as per the knowledge and hold the responsibility for the correctness of the above-mentioned information.

SOPHIYA LAWRENCE