

# SOWMYA KRISHNASWAMY

PHYSICIAN ASSISTANT

## OBJECTIVE

Dedicated Physician Assistant with 5 years of experience in patient care, specializing in comprehensive assessments, accurate diagnoses, and effective treatment plans. Skilled in patient education and evidence-based practice, committed to optimizing patient outcomes through collaborative healthcare teamwork.

## WORK EXPERIENCE

### Meitra hospital - Calicut

02/2023 - PRESENT

#### Physician Assistant - Neurology

- Conducted initial and follow-up evaluations for patients with cerebrovascular incidents, including stroke and transient ischemic attacks (TIAs), utilizing the NIH Stroke Scale and other standardized tools.
- Administered and interpreted neuroimaging studies, including MRI, MRA, CT, and CTA, in collaboration with radiologists to identify and assess intracranial pathologies.
- Developed and managed individualized care plans for patients with chronic headaches and migraines, including pharmacologic and non-pharmacologic interventions such as triptans, CGRP inhibitors, and lifestyle modifications.
- Maintained comprehensive and precise documentation in EMRs, ensuring accurate coding and billing practices, and adherence to regulatory and compliance standards.
- Provided perioperative and postoperative management for patients undergoing neurosurgical interventions, including craniotomies and spinal surgeries.

### GKNM hospital - CBE

03/2021 - 11/2022

#### Physician Assistant -Nephrology

- Comprehensive assessments, including history reviews, physical exams, and lab interpretations (serum creatinine, BUN, GFR). Utilize diagnostic tools to evaluate kidney function and identify abnormalities.
- Manage hemodialysis and peritoneal dialysis. Assess vascular access, monitor for complications, and implement interventions to ensure effective treatment.
- Coordinate pre-transplant evaluations and educate candidates. Manage post-transplant care, including immunosuppressive medication and monitoring for rejection.
- Prescribe and manage medications for hypertension, anemia, and other complications of kidney disease. Adjust treatments based on patient response and renal function.

### Women's Center by Motherhood - CBE

06/2019 - 03/2020

#### Physician Assistant - Obstetrics, Gynecology, and Pediatrics

- Performed comprehensive prenatal care, including history taking, physical examinations, fetal monitoring, and patient education.
- Assisted in labor and delivery, including cesarean sections and vaginal births.
- Managed routine well-woman exams, including Pap smears, breast exams, and STI screenings.
- Conducted well-child visits, providing immunizations, developmental screenings, and parental counseling.
- Assisted in gynecological procedures such as pap smears, colposcopies, and biopsies.
- Managed a variety of women's health issues, including menstrual disorders, contraception, and menopause management.



## PROFILE INFO

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- Passport No - U7376863
- Nationality - Indian

## EDUCATIONAL

- 2015 - 2019
- AVINASHI LINGAM UNIVERSITY
- B.Sc. Physician assistant
- Coimbatore

## CERTIFICATION

- DHA- Healthcare professional registration certificate in allied health physician assistant (ID-42763202)
- Certified Medical coding
- Life time membership in Indian Association of Physician Assistants
- Certificate of Participation in Workshop on Research Methodology
- Certificate of Appreciation Stroke Volunteer Program

## SKILLS

- ChartWare EMR
- Acute management of stroke
- Imaging and blood investigation interpretation
- Patient education
- Team collaboration
- Pre and post operative care

## LANGUAGES

- Tamil
- English
- Malayalam