

SAIJU PRIYA VARGHESE

SENIOR REGISTERED NURSE

DHA ELIGIBLE | DHA ID: 00023277

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Professional Summary

Senior Registered Nurse with 15+ years of clinical expertise, specializing in occupational health assessments, regulatory compliance, and preventive care. Skilled in conducting pre-employment and periodic health evaluations for aviation and engineering personnel, including physical fitness, mental health, and hazard exposure screenings. Proven ability to administer medications, maintain precise documentation, and collaborate with safety officers to promote workplace safety.

Professional Experience

Senior Registered Nurse | Al Rass General Hospital, Saudi Arabia August 2023– August 2024

- Delivered high-acuity care to critically ill patients in a 20-bed ICU and PICU, managing conditions such as sepsis, ARDS, and multiorgan failure, RTA Congenital disorders in children etc.
- Operated and monitored advanced ventilators, optimizing oxygenation for patients.
- Collaborated with intensivists to implement evidence-based protocols, reducing medication errors by 25% through doublecheck systems.
- Training given to junior staffs on crash cart management, emergency response, ventilator troubleshooting.
- Conducted daily rounds with multidisciplinary teams to update care plans, ensuring 100% compliance with Saudi council and hospital safety standards.

Senior Registered Nurse | Gayathri Multi Speciality Hospital, Bihar August 2021– August 2023

- Delivered high-acuity care to critically ill patients in ICCU, managing conditions such as MI, Heart Failure, Pre and Post Angio and PTCA cases etc.
- Operated and monitored advanced ventilators and optimizing oxygenation for patients.
- Collaborated with intensivists to implement evidence-based protocols, reducing medication errors by 25% through doublecheck systems.
- Training given to junior staffs on crash cart management, emergency response, ventilator troubleshooting.
- Conducted daily rounds with multidisciplinary teams to update care plans.

Nurse | NMC Speciality Hospital, Al Ain Sept 2016– Sept 2020

- Provided outpatient care to 50+ patients daily, including triage, wound dressings, and assisted in Radiology Procedures and Doctors.
- Streamlined patient triage processes using Clinic HIS software, cutting wait times by 30% and improving patient satisfaction.
- Educated patients and families on post-treatment care, resulting in a 20% reduction in readmission rates for chronic conditions.
- Maintained 100% accuracy in medication inventory management and expiry tracking for the clinic pharmacy.

School Nurse | Indian School, Al Ain April 2015 – May 2016

- Monitored students and staff for their medical needs performing assessments for students, eye checkup, height and weight monitoring, arranging doctors visit.
- Preparing the data for vaccination and arranging for vaccination.
- Providing First Aid for the children and staff
- Maintaining the medical records for each student in the school
- Health education was conducted for students regarding Hygiene, First Aid, Healthy Diet, etc.

Registered Nurse | Khadr Cardiology Clinic, Dubai Oct 2012- May 2014

- Assisting doctor in all cardiology care and procedures, Tread Mill, Echo, Holter monitoring, ECG and blood sampling for investigation.
- Conducted assessments for patients daily, ensuring readiness for procedures.
- Maintained infection control standards by sterilizing equipment.

- Assisting for the invasive procedures ET Intubation, Pleural Tapping, Lumbar Puncture etc.
- Continuous monitoring of vital signs and arrhythmias and taking blood samples for investigation.
- Preparing for CAG and PTCA, also post treatment care for patients.

Education

BSc. Nursing

2007

Ravishankar Shukla University, Raipur, India.

Certifications

- Advance Cardiac Life Support
- Basic Life Support
- IV Therapy
- Basic Infection Control Skill License

Medical Equipment

- Ventilators
- Cardiac Monitors
- Syringe Pump
- Infusion Pumps
- IABP
- ECG Machine
- Glucometers
- Crash Cart
- Suction Machine
- Defibrillators
- CPAP/BIPAP
- Blood Warmer

Procedures

- Intubation
- Central/Arterial Line Insertion
- Chest Tube Insertion
- ECG
- Treadmill Tests
- Lumbar Puncture
- Pleural/Ascitic Tapping
- Bone Marrow Aspiration
- CPR

Software Used

- MS Office
- Clinic HIS
- Electronic Health Records (EHR)

Skills

- Creative, Energetic & Dedicated to work
- Excellent communication skills
- Ability to deal people diplomatically
- Incisive insights into problems- opportunities
- Enthusiastic, willingness to learn good practices and logical skill

Personal Details

Languages : English, Hindi, Malayalam
DOB : 12 September 1985
Nationality : Indian
Passport No. : X5523885