



## AJITH KURUVILA

REGISTERED NURSE

### Details

Address : Sharjah – U.A.E.

Mob : +971 58 160 7168

E-Mail: ajithkuruvila1@gmail.com

### Education

2022

**BACHELOR OF SCIENCE IN NURSING**

Rajiv Gandhi University of Health Sciences  
Karnataka

2016

**HIGHER SECONDARY**

Board of Higher Secondary Examination,  
Kerala, India

2016

**SSLC**

Board of Public Examination, Kerala, India

### Professional Skills

- Patient Care Management
- Medical-Surgical Nursing
- Neuro and Nephrology Nursing Care
- Shift In-Charge Coordination
- Emergency and Critical Care Response
- Medication Administration and IV Therapy
- Vital Signs Monitoring and Documentation
- Post-Operative Care and Infection Control
- Multidisciplinary Team Collaboration
- Electronic Medical Records (EMR) Handling
- Patient and Family Education
- Compliance with NABH Standards

### Profile

Dedicated and skilled Staff Nurse with over 2 years of full-time experience in a NABH-accredited multi-specialty hospital. Proficient in providing high-quality patient care across departments including General Medicine, Pulmonology, Neuro Medicine, Neuro Surgery and Nephrology. Experienced in shift in-charge responsibilities, medication administration, post-operative care and emergency response. Strong interpersonal and communication skills, with a consistent record of maintaining clinical excellence and patient satisfaction in a high-acuity hospital environment.

### Experience

#### STAFF NURSE – GENERAL WARD

LOURDES HOSPITAL, KOCHI, KERALA

Feb 2023 – Mar 2025

**Departments:** General Medicine, Neuro Medicine, Neuro Surgery and Nephrology

*Lourdes Hospital is Kerala's first NABH-accredited multi-super specialty mission hospital, known for its excellence in medical care, surgical expertise, and advanced diagnostics, with 17 basic and 21 super specialties, 14 OTs, a Cath Lab, MRI, and HR CT.*

- Provided holistic nursing care to patients across diverse departments including General Medicine, Neurology and Nephrology.
- Monitored vital signs, administered medications, IV infusions, and assisted in diagnostic and therapeutic procedures.
- Coordinated with multidisciplinary teams to develop and implement individualized care plans.
- Acted as Shift Incharge, managing nursing operations, assigning duties, and ensuring smooth shift transitions.
- Maintained accurate patient records and documentation as per hospital and NABH standards.
- Delivered post-operative care to neuro and nephrology patients, ensuring infection control and wound management protocols were followed.
- Responded promptly to medical emergencies, ensured effective triage, and assisted doctors in critical care interventions.
- Provided emotional support and health education to patients and families.
- Ensured compliance with hospital safety protocols, hygiene standards, and ethical practices.
- Fostered a positive work environment by maintaining good interpersonal relationships with colleagues, patients, and attendants.

### Cases Handled

- Craniotomy
- Craniectomy
- Carpal Tunnel Release
- Laminectomy
- Discectomy procedures
- Chronic Kidney Disease (CKD)
- Acute Kidney Injury (AKI)
- Nephrotic Syndrome
- Diabetic Nephropathy
- Stroke Management
- Transient Ischemic Attack (TIA)
- Migraine
- Seizure disorders
- Bell's Palsy
- Code Blue Management

## License & Registration

- DHA License Number: 73801002
- Registered Nurse and Midwife  
Registration Number: KL04202303862  
Valid Until: 9<sup>th</sup> Oct 2028

## Certifications

- BLS Certification
- ACLS Certification

## Languages Known

- English,
- Hindi,
- Malayalam, and
- Tamil

## Personal Details

**Nationality** : Indian  
**Date of birth** : 05/04/2000  
**Gender** : Male  
**Marital Status** : Single  
**Passport No.** : W8850153  
**Date of Expiry** : 08/01/2033  
**Visa Status** : Visit Visa Valid till  
25/11/2025

## Equipment's Handled

- IV INFUSION
- NEBULIZER
- GLUCOMETER
- SLIDING SHEET
- NSUCTION MACHINE
- ECG MACHINE
- PULSE OXYMETER
- RESTRAINTS

## References

- **SR. GOLDIN**  
NURSING SUPERINTENDENT  
LOURDES HOSPITAL, ERANAKULAM,  
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- **PROF.MOLLY SALDANA**  
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- **MRS.SHERIN JOSEPH**  
ASSISTANT PRINCIPAL  
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## Declaration

I hereby declare that all the information provided above is true and accurate to the best of my knowledge, and I take full responsibility for its correctness.

**AJITH KURUVILA**