

# DR. SAYED SARA ANWAR HUSAIN

## General Practitioner- Physician (DHA Eligible)

📍 Al Warqa 1- Dubai | Immediate Joining (UAE)

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📷 [Dr Sara Sayed](#)

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## PROFESSIONAL SUMMARY

DHA-eligible General Practitioner with ~4 years of post-MBBS clinical experience and formal training in Family Medicine (NBEMS). Experienced in high-volume OPD/IPD care, emergency stabilization, and chronic disease management. Proven ability to deliver patient-centred, evidence-based care across diverse clinical settings. Skilled in preventive healthcare, multidisciplinary coordination, and adherence to international clinical standards. Available for immediate joining in UAE.

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## CORE COMPETENCIES

- Family Medicine & General Practice
  - OPD & IPD Patient Management
  - Chronic Disease Management (Diabetes, Hypertension, Asthma, Thyroid)
  - Emergency Assessment & Stabilization
  - Women's Health & Paediatrics Primary Care
  - Preventive Care & NCD Screening
  - Clinical Procedures & Bedside Interventions
  - EMR / HIS Documentation & Clinical Audits
  - Infection Control & Patient Safety
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## PROFESSIONAL EXPERIENCE

### Consultant Physician (Locum – On Call)

Thane, India | Oct 2025 – March 2026

- Providing supervised clinical care in OPD and IPD settings for acute and chronic medical conditions
  - Supporting patient assessment, treatment planning, and timely escalation of care
  - Ensuring accurate EMR documentation and compliance with infection control protocols
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### Resident Doctor – Family Medicine (NBEMS Program)

Saket Hospital, Jaipur, India | Sep 2023 – Sep 2025

- Managed **25–30 OPD and 12–18 IPD patients daily** in a structured family medicine residency
  - Treated chronic diseases including diabetes, hypertension, respiratory and gastrointestinal disorders
  - Participated in emergency triage and stabilization of critically ill patients
  - Performed procedures including lumbar puncture, paracentesis, central line insertion, and intubation
  - Maintained high standards of EMR documentation, clinical audits, and infection control compliance
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## **Medical Officer**

### **Thane Municipal Corporation (NUHM) | Mar 2023 – Sep 2023**

- Independently managed **100+ OPD patients daily** in a primary healthcare setting
  - Conducted NCD screening, preventive healthcare, and maternal-child health services
  - Improved patient care continuity through effective referral coordination
  - Led community outreach and health awareness initiatives
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## **Intern Doctor**

### **Rajiv Gandhi Medical College & CSM Hospital, Thane | Sep 2021 – Sep 2022**

- Completed rotations in Medicine, Surgery, Paediatrics, OBGYN, ICU, and Emergency
  - Assisted in deliveries, neonatal care, and emergency case management
  - Performed clinical procedures including IV cannulation, catheterization, suturing, and wound care
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## **CLINICAL SKILLS & PROCEDURES**

- Lumbar puncture, thoracentesis, paracentesis
  - Central line insertion, endotracheal intubation
  - IV cannulation, catheterization, suturing
  - Neonatal resuscitation & basic ventilator support
  - Minor surgical procedures & wound management
  - Basic radiology and laboratory interpretation
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## EDUCATION

### Doctor of Medicine (MD)

Northern State Medical University, Russia | 2020

### Diploma in Family Medicine (DFM)

National Board of Examinations in Medical Sciences, India | 2025

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## LICENSURE

- **Dubai Health Authority (DHA)** – Eligibility Letter (ID: 55053240)
  - **Maharashtra Medical Council (MMC)** – Permanent Medical Registration (Registration No- 2022119046)
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## CERTIFICATIONS

- Basic Life Support (BLS) - NBEMS
  - Advanced Cardiac Life Support (ACLS) – Alison (NHCPS)
  - Paediatric Advanced Life Support (PALS)- Alison (NHCPS)
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## LANGUAGES

- English           Fluent
  - Hindi             Fluent
  - Urdu              Proficient
  - Marathi           Basic
  - Russian           Intermediate
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## ADDITIONAL INFORMATION

- Nationality: Indian
- Availability: Immediate Joining
- Visa Status: Visit Visa- Exp Date- May 2026