

SEMBARUTHI S *Registered Nurse*

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OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

PROFESSIONAL EXPERIENCE

Staff Nurse in Critical care icu

16/05/2023 – 30/09/2025 | Chennai

*Sri Ramachandra Medical College of Research Institute,
Chennai,*

Sri Ramachandra Hospital is 1800 bedded with all Equipped Critical care unit, maternity, Surgical, Pediatric, Neonatal intensive care unit since 1985 and JCIA ,NABH Accreditation. I am working as a STAFF NURSE in CRITICAL CARE ICU since 2.5 years.

Total ICU BED'S: 20 BEDS

Patient Ratio: 1:2 (Ventilator and Non ventilator patients)

Nature of duties:

- Performed initial assessment and complete required documentation with in organizational standard.
- Continuously monitored vital signs, oxygen saturation, cardiac rhythm, and neurological status.
- Managed the patients on mechanical ventilation, handling of ICU DEVICE like infusion pumps, syringe pump, defibrillator, ecg machine and other advanced life-support equipments.
- Administered medications, IV fluids, blood products safely as per physician orders.
- Performed procedures such as NG tube insertion, IV cannulation, catheterization, tracheal suctioning, and wound dressing.
- Maintained accurate and up-to-date patient records, including nursing notes, intake/output, and vital chart.
- Followed strict INFECTION CONTROL PROTOCOL and ensure aseptic technique in all procedures.
- Maintained clean and safe environment for patients and staff.
- Work in coordination with all healthcare workers and multidisciplinary coordination.
- Provided emotional support to patients and families.
- Participated in doctors rounds.
- Respond promptly to CODE BLUE, CARDIAC ARREST.
- Performed basic and advanced life support (BLS/ACLS) as required.
- Assisted physicians during invasive and non invasive procedures.
- Making of CARE PLAN according to patient conditions
- Patient Discharge planning

EDUCATION

B.Sc Nursing

2018 – 2022

KMC college of Nursing, Trichy

HARD SKILLS

- Patient assessment and care
- Emergency response
- Medication administration
- Electric health record
- Sepsis management
- Infection control
- Conflict management

SOFT SKILLS

- Communication
- Team work
- Empathy and compassion
- Critical thinking
- Adaptability and flexibility
- Time management
- Documentation accuracy

DHA DETAILS

- *DHA* exam passed on 22/09/25, *ELIGIBILITY* ID-81967385-RNT0312-1

REGISTRATION AND CERTIFICATION

- *RNRM* certification in Tamilnadu Nursing Council valid on 10/07/2028
- *BLS* certification in *AMERICAN HEART ASSOCIATION* valid on 1/07/2027
- *ACLS* certification valid on 6/02/2026

LANGUAGE

- English
- Tamil

DECLARATION

I hereby declare that the information given above is true and correct to the best of my knowledge and belief. I assure that I will work according to the institutional policies and for the welfare of the organization.