

AISWARYA ANIRUDHAN

Registered Nurse



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📍 Al Rigga - Deira - Dubai

🚩 Indian

📄 Residence visa

SKILLS

- Patient advocacy
- Medication administration
- Patient education
- IV therapy
- Post-surgery care
- Data tracking and documentation
- Emergency response and rapid deterioration management
- Electronic health records
- Multidisciplinary team collaboration
- Catheterisation
- Infection prevention and control
- Geriatric care knowledge

EDUCATION

Bachelor of Science In Nursing

Institute of nursing education, school of medical education

08/2014 – 08/2018

kottayam, Kerala, India

SUMMARY

DHA-licensed registered nurse with over 5 years of clinical experience in intensive care units, medical surgical wards, and outpatient departments at tertiary hospitals. Proven experience in patient evaluation, critical care monitoring, intravenous therapy, pharmaceutical delivery, infection control, and emergency response. Recognized for clinical quality, collaborative efforts, and adherence to worldwide health care standards.

EXPERIENCE

Dr Sulaiman Al Habib Hospital

Registered Nurse (Medical & Surgical ward)

03/2024 – 03/2026 | Dubai, UAE

- Demonstrated knowledge of current trends in nursing practices by attending continuing education classes or seminars.
- Advocated for patients by supporting and respecting basic rights, values, and beliefs.
- Provided patient care and education to patients with chronic illnesses.
- Administered medications, tracked dosages, and documented patient conditions.
- Counseled patients regarding medication side effects or lifestyle changes necessary for improved health outcomes.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Conducted specified laboratory tests to help detect conditions and determine diagnosis.
- Demonstrated ability to work independently as well as collaboratively within a team environment.
- Recorded patient condition, vital signs, recovery progress and medication side effects.

Marsleeva Med City

Registered Nurse (Medical & Surgical ward)

04/2023 – 11/2023 | Palai, India

- Provided emotional support to patients and their families during difficult times.
- Treated and monitored wounds using liquid skin, sutures, and bandages.
- Provided direct patient care including wound dressing, administering medication and IV therapy.
- Provided emotional support and counseling to patients and their families.
- Monitored patient vitals post-surgery, managed medical equipment, and administered medications and IVs.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Identified potential problems or issues that may arise during treatment, such as drug interactions or allergies, and provided appropriate interventions when necessary.

LICENSE

DHA License-62271384

CERTIFICATIONS

- Basic Life Support(BLS) SEPT 2027
- Advanced Cardiovascular Life support(ACLS) AUG 2027

EQUIPMENT HANDLED

- Pulse Oximeter
- Glucometer
- ECG Machine
- Laryngoscope
- Nebulizer
- Suction Apparatus
- Cardiac Monitor
- Defibrillator
- Sphygmomanometer
- Telemetry

Baby Memorial Hospital

Registered Nurse(NICU)

09/2021 – 03/2022 | Kerala, India

- Collaborated with multi-disciplinary staff to improve overall patient care and response times.
- Developed individualized treatment plans based on patient's needs and preferences.
- Assisted physicians during examinations and surgeries, if required.
- Monitored inpatient bed use, facilities and staff to provide optimal use of resources.
- Maintained accurate records of patient care, treatments and procedures.
- Developed training and ongoing development for paraprofessional staff to enhance COVID-19 protocols.
- Encouraged healthy lifestyle habits among discharged patients by providing educational materials on nutrition, exercise, disease prevention.
- Tracked nursing data for care provided to document progress and outcomes for established goals.

Moolchand Medcity

Registered Nurse(NICU & OPD)

07/2019 – 07/2021 | New Delhi, India

- Developed training and ongoing development for paraprofessional staff to enhance COVID-19 protocols.
- Responded promptly to physicians' orders regarding changes in treatment plans or medications.
- Performed routine laboratory tests on samples from COVID-19 patients, including blood work, urine analysis, and sputum cultures.
- Encouraged healthy lifestyle habits among discharged patients by providing educational materials on nutrition, exercise, disease prevention.
- Tracked nursing data for care provided to document progress and outcomes for established goals.
- Maintained records management system to process personnel information and produce reports.
- Provided support and guidance to colleagues to maintain a collaborative work environment.
- Conducted testing of software and systems to ensure quality and reliability.

LANGUAGES

English — Fluent

Hindi — Fluent

Malayalam — Native/Bilingual

Arabic — Basic