

ATHIRA BABU

Experienced Nursing Professional (OR)

DHA ID: 57718749, Expires on 18 th December 2026



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MY OBJECTIVE:

To obtain a position in a Health Care Facility where I can utilize my skills, knowledge and experience to provide quality health care.

MY CORE COMPETENCIES:

- Detail-oriented professional with over 6 Months experience, providing thorough support to Team & Doctors
- Suitable to work well in both team environment and individual assignments.
- Willingness in learning new technical challenges and finding solutions to meet the needs.

DUTIES AND RESPONSIBILITIES:

- Assessment, Planning, Implementation and Evaluation of the nursing care requirements of the allocated patients.
- Share professional knowledge and skills with all colleagues.
- Demonstrate nursing procedures and supervise junior nurses, student nurses and para-nursing staff
- Organization and management of nursing care.
- Efficient recording of all necessary documentation.
- Timely identification and communication of any issues to ward management

BIO-DATA

Date of Birth: 03.03.2002
Gender: Female
Place of Birth: Kerala, India.
Nationality: Indian
Languages: English, Malayalam

Passport#: AB666920

CURRENT REGISTRATION

Reg.Center: Kerala Nursing Council
Reg. No: KL03202501950
Date: 23-05-2025

SPECIAL TRAINING:

BLS
ACLS

EQUIPMENTS USED:

- Infusion pumps
- ECG Machine
- CPR Trolley
- Pulse Oximeter
- Cardiac Monitor
- Defibrillator
- Nebulizer
- Suction apparatus
- Ventilators
- ABG machine
- Warmers
- Incubators
- Phototherapy
- Trolley
- Oxygen Flow meter
- Portable X-Ray Machine
- Laryngoscope
- Ambubag
- Needle & Syringe destroyer

**Taluk Head Quarters Hospital
Vaikom**

CAREER PROFILE AND EXPERIENCE (Current):

Working as a Voluntary Staff Nurse in Operation Theater in Taluk Head Quarters Hospital ,
Vaikom ,Kottayam,Kerala

Period: 28- July - 2025 – till this period

PROFESSIONAL QUALIFICATION:

**BCF College of Nursing
Chemmanakary , Vaikom,
Kottayam**

- **Bachelor of Science in Nursing** from BCF College of Nursing Chemmanakary ,Vaikom, Kottayam .Under Kerala University of Health Science (Thrissur)

CLINICAL REFERENCE DURING BSc. NURSING:

- 1st Year
 - **Fundamentals of Nursing** at Indo American Hospital West Gate ,Vaikom (Medical surgical Department) & Taluk Headquarters Hospital Vaikom
- 2nd Year
 - **Medical surgical nursing-1:** Indo American Hospital , Chemmanakary,Vaikom (Neurology Department)& Taluk Headquarters Hospital Vaikom, Holy Ghost Mission Hospital ,Muttuchira (Medical Surgical Dept)
 - **Community Health Nursing-1:** FHC,
 - **Medical Surgical Nursing-2:** Vaikom Taluk Head Quarters (Medical Surgical Department)
 - **Community Health Nursing-2:** FHC,
- 3rd Year
 - **Psychiatric Nursing:** Sacred Heart Hospital, Paynkulam (Mental Health Nursing Department)
 - **Pediatric Nursing:** Renai Medicity Hospital ,Palarivattam ,Ernakulam
 - **Oncology Department :** Regional Cancer center ,Thiruvananthapuram
- 4th Year
 - **Midwifery and Gynecological Nursing:** W & C Hospital ,Alappuzha

COMPUTER LITERACY:

Familiar with windows98/XP, Microsoft Office Word, Internet surfing and e-mail operations.

General Surgeries:

SURGERIES PERFORMED:

- Anterior Posterior Resection
- Hernia Repair: -Bilateral Inguinal Hernia ,Right Inguinal Hernia,Left Inguinal Hernia Para Umbilical Hernia Repair.
- Hydrocele Repair
- Laparotomy
- Thyroidectomy
- Modified Radical Mastectomy
- Colostomy
- Appendicectomy
- Stapled Haemorrhoidectomy
- Wound Debridement
- Trendelenderg Repair
- Circumcision
- Samandibular Sialadenectomy
- Breast lump Excision
- Pilonidal SinusExcision
- Lymph Node Biopsy
- I & D
- Amputation



- Axillary Clearance
- Total neck dissection
- Commando
- Cancer tongue excision
- Excision of cancer upper lip

Laparoscopic Surgeries:

- Lap. Appendicectomy
- Lap assisted Vaginal Hysterectomy
- Total Lap. Hysterectomy
- Lap. Female Sterilization

ENT Surgeries:

- Earlobe Repair
- DNE Endoscopy
- Tympanoplasty
- Rhyno plasty

Neurological Surgery:

- Craniotomy
- Laminectomy
- Dissectomy
- Brain Tumour Excission
- Transphenoidal tumour excision

Gynecological Surgeries:

- LSCS
- Abdominal Hystrectomy
- Vaginal Hystrectomy
- Dilatationand Currettage
- Ovarian Cystectomy
- Tubal Ligation

Ortho Surgeries:

- Total Knee Replacement
- Anterior Cruciate Ligament tear+ Diagnostic
- Carpel Tunnel Syndrome
- DQTS Release
- Implant Removal
- Kwire Removal and Insertion
- Dynamic Hip Screw (DHS)
- Open Reduction Internal Fixation





TYPES OF PATIENTS HANDLED:

- Patients with cardiac arrest
- Patients with kidney problems
- Patients with blood disorders like hemophilia, sickle cell anemia, leukemia's.
- Patients with brain disorders like aneurysm, Tumors

NURSING CARE:

- Receiving the patients to the ward.
- Assessing the physical and psychological needs of the patients
- Monitoring the vital signs.
- Assisting for invasive procedures like CVP catheterization, Arterial Catheterization and Tracheostomy.
- Ryle's tube insertion and feeding.
- Intravenous Cannulation
- Jejunostomy Feeding.
- Injection & medication.
- Pre and post-operative care

PROCEDURES CARRIED OUT:

- Injections
 - IM
 - IV
 - SC
- IV Cannulation
- Suture removal
- Assisting in various procedures like Intubations, Lumbarpunctures, Central Line Cannulation, Tracheostomyetc.
- CPR
- Blood Exchange & Transfusions
- Surfactant Installation
- Intercostal Drainage & Insertion
- Pleural Tapping
- Catheterization
- Suturing
- Peritoneal Dialysis
- Assisting Tapping





REFERENCES:

Mrs. Nisha Wilson

Principal

BCF College of Nursing Chemmanakry ,Vaikom, Kerala, India

Mrs. Sholly R

OT Supervisor

Taluk Head Quarters Hospital Vaikom ,Kottayam ,Kerala,India

DECLARATION:

I hereby declare that the information furnished above is true to the best of my knowledge and belief.

ATHIRA BABU

Date:

Place: Dubai,UAE

