



FIDA K R

REGISTERED NURSE - SHARJAH MOH QUAIFIED

050 934 0599 | fidakr2001@gmail.com | Al Jerf Industrial 3, Ajman, UAE

Compassionate and dedicated Registered Nurse with a Bachelor of Science in Nursing and hands-on experience in the Emergency Department. Skilled in patient assessment, triage, emergency and critical care, medication administration, and life-saving interventions. Adept at working in high-pressure environments, collaborating with multidisciplinary teams, and ensuring patient safety and quality care. Seeking a challenging nursing role in a reputed healthcare facility where I can leverage my clinical expertise, professional skills, and compassionate care to positively impact patient outcomes.

WORK EXPERIENCE

REGISTERED NURSE – EMERGENCY DEPARTMENT

Thalassery Co- Operative Hospital, Kerala, India | September 2024 – December 2025

- **Patient Assessment & Triage:** Conduct comprehensive assessments of patients upon arrival, identifying critical conditions and prioritizing care through effective triage protocols.
- **Emergency & Critical Care Delivery:** Provide immediate, high-acuity nursing care to patients with trauma, acute illness, or life-threatening conditions.
- **Medication Administration & Management:** Safely administer medications, IV fluids, and other treatments, ensuring strict adherence to dosage, timing, and documentation standards.
- **Life-Saving Interventions:** Assist physicians in emergency procedures, perform CPR, and provide advanced life support in critical situations.
- **Monitoring & Patient Observation:** Continuously monitor vital signs, neurological status, and clinical parameters, promptly identifying and reporting changes in patient conditions.
- **Clinical Documentation & Reporting:** Maintain accurate and detailed patient records, prepare reports, and ensure seamless communication during handovers for continuity of care.
- **Patient & Family Education:** Educate patients and families on treatment plans, preventive care, and post-discharge instructions to ensure informed and safe recovery.
- **Infection Control & Safety Compliance:** Implement and uphold strict infection control measures, safety protocols, and hospital policies to protect patients and staff.
- **Collaboration & Team Coordination:** Work effectively with multidisciplinary teams, including doctors, paramedics, and support staff, to ensure optimal patient outcomes.
- **Crisis Management & Rapid Response:** Respond promptly to emergencies, manage multiple critical cases simultaneously, and maintain composure under high-pressure situations.
- **Patient Advocacy & Emotional Support:** Act as a patient advocate by addressing concerns, providing emotional support, and ensuring patient rights and dignity are maintained during high-stress emergency situations.

EDUCATION

• BACHELOR OF SCIENCE - NURSING

Alshifa College of Nursing, Perinthalmanna, Kerala, India | 2019 – 2024

Kerala University of Health Sciences

REGISTRATIONS AND CERTIFICATION

- **Registered Nurse, Kerala Nurses and Midwives Council**

Registration No: KL03202404135 | Registered on: 24th July 2024

- **Sharjah MOH (Ministry of Health)**

Id: 51014 | Data Flow Completed | Reference No: M006-251210-8C8A7

PROFESSIONAL DEVELOPMENT

- AHA-Approved Advanced Cardiac Life Support (ACLS)
- AHA-Approved Basic Life Support (BLS)
- Certificate in Communication Skills – Alshifa College of Nursing
- Certificate in Geriatric Care Nursing – Alshifa College of Nursing
- Certificate in Skill Development in Counseling Psychology – National Service Society
- Certificate in COVID Frontline Worker Advanced Care Support – Healthcare Sector Skill Council
- NSS CCGC Certificate in International Yoga Training

EQUIPMENT HANDLED

Defibrillator | Suction Apparatus | Nebulizer Machine | Ventilator | Glucose Monitor (Glucometer) | Thermometer (Digital/Infrared) | ECG Machine | Cardiac Monitor | Blood Pressure Monitor (Manual & Digital) | Oxygen Cylinder & Flow Meter | Crash Cart (Emergency Trolley) | Pulse Oximeter | Syringe Pump | Infusion Pump

PROFESSIONAL / CLINICAL SKILLS

Patient Assessment | Triage & Emergency Care | Vital Signs Monitoring | Medication Administration | IV Therapy & Fluid Management | CPR & Life Support (BLS/ACLS) | Wound Care & Dressing | Infection Control & Sterilization | Clinical Documentation & Reporting | Patient Education & Counseling | Trauma & Critical Care Management | Multidisciplinary Team Coordination | Emergency Procedure Assistance | Patient Safety & Risk Management | Monitoring & Early Detection of Complications

PERSONAL SKILLS

Communication Skills | Compassion & Empathy | Time Management | Critical Thinking | Problem-Solving | Adaptability & Flexibility | Teamwork & Collaboration | Stress Management | Attention to Detail | Professionalism & Ethical Conduct

REFERENCE

- Submit upon request

DECLARATION

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.

FIDA K R