

HRIDYA RAJAN

REGISTERED NURSE

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PROFESSIONAL SUMMARY

Compassionate and detail-oriented **Registered Nurse** with over **7+ years of clinical experience** in pediatrics, NICU, PICU, and general medicine across reputed hospitals in India. Skilled in providing high-quality patient care, monitoring critically ill patients, and assisting in life-saving procedures. Proficient in handling advanced ICU equipment, administering medications, and maintaining strict infection control standards. Recognized for strong teamwork, patient counseling, and documentation accuracy. Holds valid **Kerala and Karnataka Nursing Council registrations** and **MOHAP UAE Evaluation (Registered Nurse)**, seeking opportunities in UAE healthcare facilities to deliver safe, ethical, and evidence-based nursing care.

EDUCATION

- Bachelor of Science in Nursing (BSc Nursing)**
Laxmi Memorial College of Nursing, Mangalore
Affiliated to Rajiv Gandhi University of Health Sciences | 2010 – 2015

REGISTRATION DETAILS

- MOHAP UAE Evaluation (Registered Nurse)** – Ref. No. 330296 (2025)
- Karnataka Nursing & Midwives Council Registration** – Registration Number: 70514
- Kerala Nursing & Midwives Council Registration** – Registration Number: KL04201602140

KEY SKILLS

- Advanced Patient Assessment
- Medication Administration
- Hemodynamic Monitoring
- Compassionate Care
- Palliative and end of life care
- Critical Thinking and Problem-Solving
- Advanced Life Support
- Multidisciplinary Teamwork
- Patient and Family Communication
- Time Management and Prioritization
- Effective communication skills
- Ethics and confidentiality

CERTIFICATIONS

- Basic Life Support (BLS)**
American Heart Association (AHA)
Date of issue : 02.01.2025
Date of expiry : Jan.2027

EQUIPMENT HANDLED

- Ventilators (Invasive & Non-Invasive)
- CPAP and BiPAP Machines
- Infusion Pumps & Syringe Pumps
- Multi-Parameter Monitors (ECG, SpO₂, NIBP, IBP)
- Incubators & Radiant Warmers
- Phototherapy Units
- Nebulizers & Oxygen Therapy Devices
- Defibrillators & Suction Machines
- Glucometers & Point-of-Care Testing Devices
- Emergency Crash Cart and Resuscitation Equipment
- ECG Machines (12-lead and bedside monitoring)
- Blood Gas Analyzer (ABG Machine)

WORK EXPERIENCE

2024 – 2025

STAFF NURSE

JANATHA HOSPITAL, VADAKARA, KERALA, INDIA

Department : *General Medicine Department*

START DATE – 2024

STAFF NURSE

ASHA HOSPITAL, VADAKARA, KERALA, INDIA

Department : *NICU & PICU*

2022 – 2024

STAFF NURSE

PARCO HOSPITAL, VADAKARA, KERALA, INDIA

Department : *NICU*

2018 – 2019

STAFF NURSE

ASHA HOSPITAL, VADAKARA, KERALA, INDIA

Department : *Pediatric Department*

2016 – 2018

STAFF NURSE

ASHA HOSPITAL, VADAKARA, KERALA, INDIA

Department : *Pediatric & NICU Department*

2015 – 2016

STAFF NURSE

JANATHA HOSPITAL, VADAKARA, KERALA, INDIA

Department : *General Medicine Department*

Staff Nurse – General Medicine Department

- Delivered holistic nursing care to patients with acute and chronic medical conditions.
- Monitored patient vitals, clinical progress, and reported changes to the medical team.
- Administered prescribed medications, injections, and IV therapies with accuracy.
- Assisted physicians during diagnostic and therapeutic procedures in the general medicine ward.
- Maintained accurate patient records, nursing documentation, and discharge reports.
- Educated patients and families on disease management, medication adherence, and lifestyle modifications.
- Provided wound care management including dressing changes and infection prevention.
- Assisted in emergency situations such as cardiac arrest, seizures, and respiratory distress with prompt interventions.
- Coordinated with laboratory and radiology departments for diagnostic investigations.
- Supported hospital quality initiatives by participating in audits, safety checks, and care improvement programs.

Staff Nurse - NICU & PICU

- Delivered comprehensive nursing care to critically ill neonates and pediatric patients in intensive care settings.
- Monitored vital signs, oxygen saturation, and ventilator parameters ensuring timely interventions.
- Assisted physicians during neonatal resuscitation, intubation, and emergency procedures.
- Administered IV fluids, medications, and blood products as per physician orders.
- Operated and maintained NICU equipment including incubators, CPAP, ventilators, and phototherapy units.
- Provided emotional support and health education to parents regarding neonatal and pediatric care.
- Ensured strict adherence to infection control protocols and safety standards in the ICU.
- Collaborated with multidisciplinary teams including pediatricians, anesthetists, and respiratory therapists for patient care.
- Documented patient assessments, treatment responses, and progress accurately in medical records.
- Participated in clinical training sessions and mentored junior nursing staff in NICU and PICU practices.