

# MUHAMMAD PALONKARA

## REGISTERED NURSE

Location : Kozhikode, Kerala, India

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## PROFESSIONAL SUMMARY

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Compassionate healthcare professional with 2+ years of hands-on clinical experience, actively seeking a Registered Nurse position within a dynamic and patient-centered healthcare facility. Demonstrated proficiency in delivering high-quality, evidence-based care in Cardiac ICU. Skilled in patient assessment, cardiac monitoring, emergency response (ACLS/BLS), and evidence-based practice. Adept at critical care, ventilator management, hemodynamic monitoring, multidisciplinary coordination to deliver optimal outcomes and quality improvement. Seeking opportunities to deliver compassionate, high-quality nursing care in dynamic healthcare settings.

## KEY SKILLS

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- Patient assessment expertise
- Emergency response (ACLS/BLS)
- Medication mastery
- Critical care interventions
- Diagnostic test coordination
- IV catheter insertion
- EMR documentation proficiency
- Infection prevention protocols
- Sterile technique mastery
- Patient/ family education
- Code blue response and Defibrillation
- Pain management techniques
- Post PTCA and thrombolysis care
- Medical emergency preparedness
- Ventilator and BiPAP management

## PROFESSIONAL LICENSES

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### Dubai Health Authority (DHA) License

DHA License No : 73873780

## WORK EXPERIENCE

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### Registered Nurse (Cardiac ICU)

18th September 2023 – Present

### Iqraa International Hospital & Research Centre, Calicut, Kerala, India

- Provided comprehensive nursing care for post-surgical patients and those with acute/chronic medical conditions.
- Collaborated with physicians and multidisciplinary teams to ensure evidence-based, patient-centered care and treatment efficacy.
- Championed patient advocacy by coordinating personalized care plans with families and multidisciplinary teams.
- Operated cardiac diagnostic equipment (ECG, ECHO) and provided pre-operative preparations and postoperative care for CAG, PTCA, and pacemaker procedures.
- Resolved patient and physician concerns promptly while maintaining strict compliance with hospital protocols.
- Orchestrated nursing assignments while ensuring accurate medication administration and documentation.
- Monitored and managed critical cardiac patients with CAD, ACS, pulmonary edema, and pacemaker implants.
- Performed emergency interventions (CPR, defibrillation) and stabilized patients during code blue situations.
- Administered blood transfusions, IV therapies, and cardiac medications with strict aseptic techniques.
- Maintained stringent infection control standards through proper equipment sterilization and aseptic techniques.
- Assisted physicians with complex procedures and implemented specialized treatment plans as directed.
- Prepared and recovered patients for angiograms, angioplasties, and other surgical interventions.
- Conducted pre/post-procedural patient education on risks, recovery, and long-term health management.
- Adhered to infection control protocols during catheter insertions, wound care, and sterile procedures.
- Implemented ventilator and BiPAP care protocols ensuring patient safety and comfort.
- Maintained accurate electronic medical records (EMR) and streamlined patient flow for efficient care delivery.

## EDUCATION

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### Bachelor of Science (BSc) Nursing

JDT Islam College Of Nursing , Kozhikode, Kerala, India | September 2018 – June 2023

### Higher Secondary Education

GHSS, Kuttyadi, Kerala, India | 2015 – 2017

### Secondary School Leaving Certificate (SSLC)

GHSS, Kuttyadi, Kerala, India | 2015

## CERTIFICATIONS & TRAINING

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- **Basic Life Support (BLS)**, Certified by the American Heart Association (AHA)
- **Advanced Cardiac Life Support (ACLS)**, Certified by the American Heart Association (AHA)

## ACHIEVEMENTS

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- Team leader of cardiac ICU and pain and palliative care
- Faculty in Public BLS Awareness Course.
- Participation Certificate awarded for Venous Thromboembolism Prevention & Management and Safe Patient Handling on 07/05/2024.

## EQUIPMENT PROFICIENCY

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- **Monitoring** : Cardiac Monitor, ECG Machine, Glucometer , Pulsoximeter
- **Emergency** : Defibrillator, Resuscitation Equipment, Suction machine, Ventilator, Laryngoscope, Ambu bag
- **Infusion Therapy** : Syringe Pump, Infusion Pump
- **Surgical Tools** : Scalpel, Retractor, Forceps, Needle Holder
- **Diagnostic** : Stethoscope, Thermometer, Steam Inhaler, , ECHO machine, ABG machine, BiPAP

## ADDITIONAL INFORMATION

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- **Languages** : English, Hindi, Malayalam, Tamil

## PERSONAL DETAILS

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- **Nationality** : Indian
- **Date of Birth** : 08/12/1999
- **Marital Status** : Unmarried
- **Passport** : Y7534112

## DECLARATION

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I hereby declare that the above mentioned statement is correct and true to the best of my knowledge and belief.