




SOFFY JOSEPH


DHA LICENSE NUMBER: 81462851

CAREER OBJECTIVE

Seeking challenging employment in an organization where excellence, honesty and integrity are the foundation for success. To obtain a position that would be sensitive to the needs of an experienced nurse. I would like to get an employer who is willing to utilize my knowledge and experience as well as my academic accomplishment.

CONTACT

 **0555663526**
0556261498

 **SOFFYJOSEPH98@GMAIL.COM**

 **DEIRA**

PERSONAL INFO

Date of Birth :13/07/1998
Gender : Female
Marital Status : Married
Passport : C6901324
Nationality : Indian
Visa Status : Husband Visa

EDUCATION

- **BSC NURSING (2016-2021)**
Crescent college of Nursing,
(Kerala University of Health and
Science), Alathur, Palakkad
District, Kerala, India
- **HIGHER SECONDARY EDUCATION
(+2) (2014-2016)**
Marthoma Girls Higher Secondary
school, Thrissur, Kerala,
India
- **S.S.L.C (10TH) (2014)**
St. Clare's CGHSS, Thrissur,
Kerala, India

PROFESSIONAL REGISTRATION

ORGANIZATION: DUBAI HEALTH AUTHORITY (DHA)
STATUS: PASSED
DOCUMENT ID: 218091
DHA ID: 81462851
DHA DATAFLOW: D001-2505-2436802

ORGANIZATION :KERALA NURSING COUNCIL
:REGISTERED MIDWIFE
REGISTRATION NO :KL03202103920
REGISTRATION DATE : 07-Oct-2021

BLS AND ACLS : ISSUE DATE
: 09/10/2024
:RENEW DATE
:OCTOBER 2026
: JUBLEE MISSION HOSPITAL

WORK EXPERIENCE

UNITY MISSION HOSPITAL, TANUR, MALAPPURAM DISTICT, KERALA, INDIA

POSITION: STAFF NURSING
AREA OF EXPOSURE: EMERGENCY DEPARTMENT
May 2023 – Jan 2025

FAMILY HEALTH CENTRE, NATTIKA, THRISSUR DISTRICT, KERALA, INDIA

POSITION: STAFF NURSING (MIDLEVEL SERVICE PROVIDER)
AREA OF EXPOSURE: FIELD DUTY
Dec 2022 – APR 2023

BASIC COMPUTER KNOWLAGE

(Ms. Office, Windows, Word,
Computer Activities, E-mail and
Net Surfing,)

LANGUAGES

- English
- Malayalam
- Hindi

METROPOLITAN HOSPITAL, KOORKKANCHERY, THRISSUR DISTRICT, KERALA, INDIA

POSITION: STAFF NURSING
AREA OF EXPOSURE: CASUALTY
Nov 2021 – Dec 2022

TALUK HEAD QUARTERS HOSPITAL, PATTAMBI, PALAKKAD DISTRICT, KERALA, INDIA

POSITION: NURSING ASSISTANT (TRAINING PERIOD)
AREA OF EXPOSURE: COVID DUTY
May 2021 – Oct 2021

AREA OF INTEREST

- Emergency Department, Intensive Care Unit.

MY STRENGTHS

I am self-motivated. I can communicate reasonably well. I have a good level of emotional intelligence to get along with different types of patients and colleagues and I can keep myself cool in hard times. I am trained to be proactive, highly initiative, responsible in execution, hard working in endeavors, ability to comprehend effective, assertive in resolution.

DUTIES AND RESPONSIBILITIES

- Maintenance of good nurse patient relationship
- Complete physical, mental, psychological assessment of the patient.
- Prioritizing and implementing the care, Checking vitals and recordings.
- Maintenance of Intake and output chart, Collection of specimen including ABG
- IV Cannulation
- Providing proper positions and restraints according to condition,
- Maintenance of emergency drugs., Continuous cardiac monitoring with five lead ECG
- Oxygen Therapy
- Assisting in Diagnostic procedure like X-ray, Ultra Sound, ECG.
- Bladder wash and enema.
- Care of patient with pressure ulcer.
- Assisting in epidural catheterization
- Performing steam inhalation, Nebulization, Bladder wash, Ryle's tube insertion, Urinary Catheterization.
- Administration of medications
- Blood glucose monitoring
- Wound care and pain management
- Infection control and safety management
- Maintenance of records and reports
- Family meeting and counseling.
- Supervision and orientation of students and new trainees.
- Well versed in CPR.

ROUTINE FUNCTIONS

- Preparation of the unit.
- To provide health care to the patient.
- Admissions and transfer out
- To meet the needs of the patient.
- Bio medical waste management.
- To provide special care for specific disease pattern of various life support devices.
- Pressure sore care.
- To provide psychological and spiritual support to the

patient. • Management of emergency. • To assist medical team for all procedures. • Calculation and administration of drugs. • Follow strict aseptic technique. • Observe changes in patient condition and documentation • Participate in in-service education programme. • Administration of medicine through all routes. • Monitoring vital signs. • Preparation of nursing care plan and nursing diagnosis. . • Sample collection, Dressing and Suture removal.

EQUIPMENT USED

• Cardiac Monitor. • Pulse Oxymeter • Laryngoscope • Sphygmomanometer • Suction Apparatus • Warmer • Oxygen Cylinder • Nebulizer. • Infusion Pump and syringe pump. • Kangaroo feeding pump • Glucometer • Computer • Epidural catheters • Peripheral and IV catheters • ABG machine • Ambu Bag • ECG Machine • ventilator • ketone monitor • defibrillator

ASSISTED PROCEDURES

• Endotracheal intubation • Arterial catheterization • Central venous catheterization • Ryle's tube insertion • Percutaneous tracheostomy • Foleys catheterization • Lumbar puncture • Blood gas analysis • Pleural tapping • Inter costal drainage • insertion and drainage • Foreign body removal • Nerve block • Bedside endoscopy • ascetic tapping • suturing • correction and dislocation, Casting • insertion of external jugular vein • knee aspiration

CASE MANAGEMENT

• Chest pain • Cardiac Arrest • Trauma care • Hyperthermia • Care of burns • bleeding care • CABG • COPD • Respiratory failure • Asthma • Anemia • Carcinoma • Meningitis • Seizure • Stroke • Heart transplant • Chronic kidney failure • Acute kidney injury • Poisoning • Acute MI • Post TB • Critically ill • End of life care

DECLARATION

Hereby declare that the above mentioned information is true and correct to the best of my knowledge and belief.

Place :
Date :

Yours sincerely,
Soffy Joseph