



TIGY T THOMAS

REGISTERED NURSE | DHA ID - 87527761

DHA-licensed Registered Nurse with experience in Cardio-Thoracic and Vascular Surgery (CTVS) ICU since August 2023. Skilled in managing pre and post-operative cardiac patients, ventilator care, and emergency response. Experienced in collaborating with multidisciplinary teams and providing patient and family education. Committed to delivering high-quality, evidence-based nursing care.



tigy2721@gmail.com



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Dubai, UAE

SKILLS

Patient Assessment & Monitoring

Medication Administration

Emergency Response & Basic Life Support

Adaptability

LANGUAGES

ENGLISH

Full Professional Proficiency

HINDI

Full Professional Proficiency

MALAYALAM

Full Professional Proficiency

INTERESTS

Health Education

Mentoring

Volunteering

WORK EXPERIENCE

REGISTERED NURSE (CTVS ICU)

Kailash Health Care and Heart Institute

08/2023 - 12/2025

Noida, Uttar Pradesh, India

NABH Accredited, 325 bedded

Achievements/Tasks

- Provided comprehensive care to pre-operative and post-operative cardiac patients.
- Monitored and interpreted vital signs for critically ill cardiac patients and maintained accurate intake-output documentation to support treatment decisions.
- Managed sterile cardiac dressings, suturing assistance, and wound care.
- Assisted in ICU procedures including intubation and central line care.
- Administered medications as per physician orders.
- Provided oral and Ryle's tube feeding.
- Educated patients and families on post-operative care and recovery.
- Delivered first aid and emergency response care.
- Cases handled** - CABG, MVR & DVR, DVT, Valve Replacement Surgery, Chest Trauma
- Equipment handled** - Ventilator, BiPAP, Laryngoscope, Suction Machine, Nasal Prongs, Patient Warmer, Ambu Bag

EDUCATION

BSc. Nursing

Rajiv Gandhi University of Health Science

2018 - 2022

Bangalore, Karnataka

Science

Kerala state board of higher secondary Examinations

2016 - 2018

Nedumon, Kerala

CERTIFICATES

Basic Life Support (BLS), Valid until Oct 2027

Advanced Cardiac Life Support (ACLS), Valid until Nov 2027

Nursing Professional development in digital healthcare (2022)

Phlebotomy and Infusion Nursing (2020)

PROJECT

A study to assess the impact of electronic gadgets on the lifestyle factors among school going children during Covid 19 pandemic

Under the Guidance of Dr. Lavanya Subhashini (Vice principal and HOD of Pediatric Nursing SDUCON)