



RUKSANA RAFI

REGISTERED NURSE WITH MOH

CONTACT

- 0581151435
- ruksanarafi167@gmail.com
- Sharjah , UAE

VISA STATUS: VISIT

EDUCATION

- NAJATH COLLEGE OF NURSING
BSc Nursing
02.07.2023 completed

SKILL

- Communication
- Empathy & Teamwork
- Time management
- Decision-making
- Patient Assessment
- Patient Safety and Infection Control
- Performing medical procedure
- Advanced cardiac life support (ACLS)
- Post-operative care and monitoring
- Ventilator and life-support management
- Pain and sedation management
- Wound care and surgical site assessment
- Infection control and sterile technique

LANGUAGES

- English
- Hindi
- Malayalam
- Tamil

PROFILE

Dedicated and compassionate registered nurse with a strong foundation in providing holistic and patient-centered care across clinical settings. Skilled in nursing procedures, patient monitoring, health education, and interdisciplinary teamwork. Proven ability to implement individualized care plans and ensure optimal outcomes through evidence-based practice. Committed to continuous professional growth and maintaining the highest standards in patient safety and care.

WORK EXPERIENCE

- DOCTORS HOSPITAL, INDIA
STAFF NURSE-MEDICAL ICU(16.08.2023 TO 20.08.2024)
- MATRIA HOSPITAL ,CALICUT INDIA
STAFF NURSE-MEDICAL WARD AND SICU(20.10.2024 TO 16.07.2025)
- Monitor and manage critically ill post-operative patients.
- Ensuring patients stability and recovery by closely observing vital signs, administering medications, managing life-support equipment, and responding promptly to any changes in the patient's condition.
- Provided continuous critical care to medically unstable patients by monitoring vital signs, administering complex medication regimens, and collaborating with multidisciplinary teams to develop and implement individualized care plans.
- Aseptic dressing ,Surgical Dressing and Drug Administration.
- Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and post surgery patients.
- Preparing, administering and recording prescribed medications.
- Changing dressings, inserting catheters, and starting IVs.
- Encourage all care given is based upon the individual care assessment For each resident and that the care plan is administered to the highest standard.
- Maintaining and updating patient files, medical charts, and health records.
- Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.
- Care of Pre- Operative and Post- Operative Adhering to best nursing practices, standards, and protocols.

DECLARATION

I here by declare that the information furnished above is true to the best of my knowledge and belief shall carry myself in a manner that lends dignity to the organization and worth of the person.