

MEGHNA T.M.

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Visa Status: Visit Visa | **Passport No:** X3155603 (Exp: 19/02/2034)

REGISTERED NURSE – CARDIAC ICU SPECIALIST

PROFESSIONAL SUMMARY

Dedicated and BLS/ACLS-certified **Critical Care Nurse** with **3+** years of specialized experience in **Cardiac Intensive Care Units**, managing critically ill cardiac patients in high-pressure environments. Proven ability to stabilize, monitor, and respond to acute emergencies using evidence-based practices and ICU protocols. Adept at ventilator management, hemodynamic monitoring, and multidisciplinary coordination to deliver optimal outcomes. Committed to maintaining clinical excellence and ensuring patient safety through precision and compassion.

CORE COMPETENCIES

- Critical Care Nursing
- Cardiac Monitoring & Emergency Response
- Ventilator & Bipap Management
- Hemodynamic Monitoring
- Patient Assessment & Evaluation
- Infection Control & ICU Protocols
- Post-PTCA and Thrombolysis Care
- Code Blue Response & Defibrillation
- ABG Collection & IV Cannulation
- Clinical Documentation & Records
- Multidisciplinary Team Coordination
- Patient & Family Communication

CLINICAL EXPERIENCE

• Iqraa International Hospital and Research Centre , Calicut, Kerala, India

- Feb 2024 – Oct 2025

Cardiac ICU Staff Nurse

• Nirmala Hospital, Calicut, Kerala, India

- Aug 2021 – Dec 2022 &

- Apr 2023 – Dec 2023

Cardiac ICU Staff Nurse

Tenure: 3 years 7 month **Key Responsibilities:**

- Monitored cardiac patients using advanced **ICU monitoring systems**.
- **Administered** emergency care including CPR and **defibrillation** during critical episodes.
- **Stabilized** patients post-PTCA, thrombolysis, MI, CKD, AKI, and arrhythmias.
- **Implemented** ventilator and Bipap care protocols ensuring patient safety and comfort.
- **Evaluated** hemodynamic status and responded promptly to fluctuations.
- **Coordinated** with multidisciplinary teams to manage acute interventions.
- **Maintained** sterile practices and enforced strict **infection control** measures.
- **Documented** patient progress, interventions, and outcomes with accuracy.
- Provided basic and advanced nursing care including **suctioning**, catheterization, and wound dressing.
- Managed medical devices such as **ECG machines, syringe pumps, infusion pumps, crash cart, oxygen cylinders, and ambu bags**.

CASE HANDLING EXPERIENCE

- **Post-PTCA Patients:** Monitored hemodynamic parameters, managed medication titration, and ensured early complication detection.
- **Heart Failure & Myocardial Infarction (MI):** Provided continuous cardiac monitoring, oxygen therapy, IV medication, and emergency response.

- **Cardiac Dysrhythmias:** Managed patients with atrial fibrillation, ventricular tachycardia, and bradyarrhythmias using ECG monitoring and intervention protocols.
- **Thrombolysed Patients:** Administered thrombolytic agents and closely observed for bleeding complications and neurological changes.
- **Chronic Kidney Disease (CKD) & Acute Kidney Injury (AKI):** Assisted in dialysis preparation, fluid balance monitoring, and renal function evaluation.
- **Code Blue Situations:** Actively responded with CPR, defibrillation, and medication support in resuscitation teams.
- **Ventilator-Dependent Patients:** Set ventilator parameters, suctioned airways, monitored blood gases (ABG), and documented ventilator settings.

CERTIFICATIONS & ELIGIBILITY

- **ACLS Provider (AHA Accredited)** – Valid till 04/2027
- **BLS Provider (AHA Accredited)** – Valid till 04/2027
- **DHA RN Eligibility (Dubai Health Authority)**
 - **DHA ID:** 82697191
 - **Registration Title:** RN - Nurses & Midwife
 - **Issue Date:** 10/02/2025
- **Kerala Nursing Council Registered Nurse**

EDUCATION

Post Basic B.Sc. Nursing

Dr. B. R. Ambedkar Institute of Nursing | Bengaluru, India | 2022 – 2024

Diploma in General Nursing and Midwifery

Nirmala School of Nursing | Kozhikode, India | 2017 – 2021

- Academic Achievement Award for **first rank** in Kerala nursing and midwifery 2017 – 2021

Higher Secondary Education (Science – 84.5%)

Govt. Higher Secondary School Kartikkulam | Wayanad, India | 2017

SSLC – GENERAL EDUCATION 95.5%

Govt. HSS Tholpetty | Wayanad, India | 2015

CLINICAL SKILLS

- IV Cannulation
- ABG & Blood Sample Collection
- Urinary Catheterization
- Ryle's Tube Insertion
- ECG Interpretation
- Suctioning Techniques
- CPR Administration
- Infection Control Practices
- Patient & Equipment Safety

LANGUAGES KNOWN

- English
- Malayalam

PROFESSIONAL REFERENCES

Dr. Nandakumar S.

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