

MELON VARGHESE

REGISTERED NURSE | DHA LICENSED



Dubai, UAE | melonvlinkedin@gmail.com | +971 50 966 7147

PERSONAL PROFILE

Dedicated and compassionate registered nurse skilled in-patient care, medication administration, and emergency response. Looking to contribute to a supportive healthcare team in a hospital or clinic setting.

KEY SKILLS

Clinical Patient Care, Medication Administration, Emergency Response & Critical Care, Medical Equipment Handling

PROFESSIONAL WORK EXPERIENCE

Organization	NMC Specialty Hospital, Dubai
Designation	Staff Nurse (Medical Surgical IP Ward)
Period	Nov 2025 to Present

Roles & Responsibilities:

- Provide high quality nursing care to patients before and after gynaecological surgeries, and other general surgical procedures. Maintained strict aseptic techniques and infection control protocols.
- Administered medications and IV fluids accurately as prescribed by the doctors.
- Assisted doctors with medical procedures and bedside treatments.
- Performed post-operative care including pain management, wound dressing, catheter care, and early mobilization.
- Kept clear and accurate records of patient progress in the hospital's computer system.
- Educated patients and their families on how to manage their health and medications after going home.
- Responded quickly to medical emergencies and reported any sudden changes in a patient's condition.
- Coordinated with multidisciplinary healthcare teams to ensure quality patient care.

Organization	Trushna Super Speciality Hospital, India
Designation	Staff Nurse (Medical & Surgical Ward)
Period	Jan 2021 to April 2025

Roles & Responsibilities:

- Provided patient care in medical and post-surgical wards, ensuring comfort, hygiene, and timely treatment.
 - Administered medications, monitored patient responses, and promptly reported concerns to doctors.
 - Recorded and tracked vital signs (blood pressure, pulse, temperature) and clinical observations to support accurate diagnoses and effective treatment.
 - Assisted doctors with minor procedures, wound care, and routine rounds.
 - Ensured infection control practices and maintained a safe, supportive environment for patients.
 - Maintained clear and accurate patient records, nursing notes, and handover reports.
 - Educated patients and families about post-discharge care, medication use, and follow-up instructions.
 - Responded to emergency situations in accordance with hospital protocols.
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Organization **A.J. Hospital and Research Center, India** (NABH Accredited)
Designation Staff Nurse (Medical & Surgical VIP Ward)
Period May 2019 to July 2020

Roles & Responsibilities:

- Received patients and assessed their condition to provide necessary treatment.
- Admitted and prepared patients for surgeries and post-surgical recovery.
- Performed medical and surgical nursing procedures including urinary catheterization, wound dressing, nasogastric tube insertion and feeding, CPR and steam inhalation.
- Administered oral medications, IV fluids, blood and blood products, oxygen therapy and injections, as prescribed. Closely monitored patients for side effects or complications.
- Promoted patient safety by consistently following infection control practices and hospital safety guidelines.
- Maintained accurate and timely nursing documentation, medication charts, and progress notes.
- Provided patient and family education on postoperative care, discharge instructions, and lifestyle modifications.
- Provided comprehensive nursing care to patients from diverse specialties, including oncology, orthopaedics, cardiology, and geriatrics. Responded to emergencies such as code blues, stabilizing patients per hospital protocols.

EDUCATIONAL QUALIFICATION

Degree & Course **B.Sc. Nursing**
Institution Laxmi Memorial College of Nursing, India
University Rajiv Gandhi University of Health Sciences
Year of Passing 2018

REGISTRATION/ HEALTH LICENSE

Regulatory Authority **Dubai Health Authority (DHA)**
Registered As Nurse and Midwife – Registered Nurse - Nursing
DHA Unique ID & License No. 98600404 & 98600404-001
Validity 01 Aug 2026

Regulatory Authority **Karnataka State Nursing Council**
Registered As Nurse, Mid-Wives and Health Visitor
Register # 96011
Year 2019

CERTIFICATIONS

1. Basic Life Support (BLS) HSI Aug 2025
2. Occupational English Test (OET) Cambridge Boxhill Language Assessment Jan 2021
Listening – 300, Reading – 310, Speaking – 380, Writing - 320

PERSONAL DOSSIER

Name Melon Varghese
DOB/ Age 26 Feb 1997 (28 years)
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Nationality Indian
Languages English, Malayalam, Kannada, Hindi