

# JULIE ELSA GEORGE, DHA Licensed Registered Nurse | MICU & HDU Experience | Patient-Centered Clinical Care

Dubai, United Arab Emirates | Residence Visa, +971 569140029, juliegeorgekp@gmail.com

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Date of birth	19 Dec 1991	Nationality	Indian
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## PROFILE

Compassionate and results-driven Registered Nurse with 3+ years of clinical experience across MICU, HDU, and outpatient care within fast-paced healthcare environments in the UAE and India. Skilled in comprehensive patient assessment, emergency support, chronic disease management, and multidisciplinary collaboration. Proven ability to maintain high standards of patient safety, infection control, clinical documentation, and evidence-based nursing practices. Adept at managing complex cases, educating patients, and supporting physicians during critical procedures. Known for delivering patient-centered care while maintaining accuracy, professionalism, and clinical excellence aligned with UAE healthcare standards.

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## PROFESSIONAL EXPERIENCE

Mar 2024 — Present	Staff Nurse, Right Health Clinic	Dubai
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- Provide comprehensive nursing care through accurate assessment, diagnosis, and patient monitoring.
- Collaborate with multidisciplinary teams to support individualized care plans and clinical decision-making.
- Administer medications and therapeutic treatments while carefully evaluating patient responses.
- Deliver patient education on disease management, lifestyle modifications, and medication adherence.
- Maintain detailed electronic medical records ensuring completeness, accuracy, and compliance.
- Contribute to quality improvement initiatives and support clinical research activities.
- Mentor junior nurses by sharing knowledge, clinical skills, and best practices.

Apr 2021 — Apr 2022	Staff Nurse – MICU, MES Medical College Hospital	Kerala
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- Conducted psychiatric assessments, mental status examinations, and patient histories.
- Monitored cardiac rhythms, identified arrhythmias, and supported cardiac procedures.
- Assisted with IABP, ICD care, post-CABG management, and cardioversion procedures.
- Collected and interpreted ABG samples and assisted with arterial line insertion.
- Managed ICD tube care and prepared standardized drips for critical care support.
- Responded to Code Blue situations, supporting defibrillation and emergency stabilisation.
- Ensured compassionate therapeutic communication and maintained strong nurse-patient relationships.

Oct 2016 — Jan 2019	Staff Nurse – HDU / Psychiatric & Critical Care, Wockhardt Specialty Hospital	Mumbai
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- Delivered high-quality care to critically ill patients following the structured nursing process.
  - Managed medical and surgical emergencies with rapid assessment and intervention.
  - Performed continuous monitoring of vital signs, neurological status, and clinical parameters.
  - Supported physicians during emergency and surgical procedures.
  - Demonstrated strong knowledge of emergency drugs, indications, and safe administration.
  - Participated in in-service training programs to enhance clinical competencies.
  - Ensured timely medication administration and supported patients' nutritional needs.
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## CORE SKILLS

Patient Assessment	Care Planning
Acute Care	Patient & Family Education
MICU/HDU Nursing	Clinical Documentation
Emergency Response	Multidisciplinary Collaboration
Medication Administration	Infection Control
Cardiac Monitoring	Patient Safety Compliance
ABG Interpretation	Critical Thinking
Wound Care	Time Management
IV/Drip Preparation	Teamwork
Post-operative Support	Ethical Nursing Practice

KEY ACHIEVEMENTS

- Successfully supported high-acuity patients in MICU/HDU environments, ensuring safe monitoring, timely interventions, and holistic care.
- Recognized for accurate clinical documentation and strong compliance with infection control and patient safety protocols.
- Contributed to improved patient satisfaction through education, emotional support, and clear communication with patients and families.
- Played an active role in mentoring junior nursing staff and assisting with quality improvement activities in clinical settings.

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EDUCATION

2014 BSc Nursing, R.S.C. College of Nursing, Madhya Pradesh, India

2010 Higher Secondary, Board of Higher Secondary Examinations, Kerala

2007 High School, Board of Public Examinations, Kerala

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CERTIFICATIONS Basic Life Support (BLS)

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LICENSURE

- Dubai Health Authority (DHA) – Unique ID: 90357510
- Madhya Pradesh Nursing Council – Reg. No.: AI-26816, DII-26166
- Maharashtra Nurses & Midwives Council – Reg. No.: XVII-19577

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LANGUAGES English Malayalam  
Hindi

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REFERENCES References available upon request