

Dr Darsana D S

+971563774354

darsana91menon@gmail.com

Dubai, UAE

www.linkedin.com/in/darsana-menon-010536338

SKILLS

- Medical diagnosis
- Patient education
- Preventative treatment
- Minor surgeries
- Emergency Care
- Paediatric care
- Ear, nose and throat (ENT) examinations
- General health assessments

EDUCATION

08/2020 - 12/2023

Indira Gandhi General
Hospital Puducherry |
Puducherry
DNB: Family Medicine

08/2011 - 03/2016

Thanjavur Medical College |
Thanjavur
Bachelor of Medicine, Bachelor
of Surgery: Modern Medicine

LANGUAGES

English

Advanced

Hindi

Intermediate

Tamil

Advanced

Malayalam

Native

CERTIFICATIONS AND LICENSES

DHA License-Full time license

PERSONAL DETAILS

Nationality: Indian

PROFESSIONAL SUMMARY

Experienced healthcare professional focused on family medicine. Capable of providing comprehensive patient care and managing chronic conditions through personalised treatment plans. Proficient in basic life support, medical record-keeping, and preventative treatment. Skilled in diabetic nutrition, geriatric care, paediatric care, and emergency care. Adept at clinical examining, minor surgeries, and hospital admission management. Committed to patient education and advocacy through effective communication and online consulting. Career goal: to enhance patient outcomes through innovative healthcare solutions and continuous professional development.

WORK HISTORY

12/2024 - *Present*

General Practitioner

LIFE Medical Centre & Clinic | Dubai

- Conduct thorough patient evaluations, including taking medical histories, performing physical exams, and ordering necessary tests.
- Diagnose, treat, and manage acute and chronic conditions, providing personalized care plans tailored to individual patient needs.
- Prescribe medications, therapies, and treatments, ensuring safe and effective patient care.
- Offer preventive care services, such as immunizations, health screenings, and lifestyle counseling.
- Collaborate with specialists and other healthcare providers for comprehensive patient management.
- Educate patients and families on disease prevention, health maintenance, and treatment options.
- Maintain accurate patient records in compliance with medical regulations and confidentiality standards.
- Stay updated on the latest medical research and practices through continuous education.

Marital Status: Married
Visa Status: Residential Visa
Gender: Female
Other: DHA Licensed

01/2024 - 09/2024

Family Physician
SR Clinic | Thanjavur

- Utilized medical technology and equipment to diagnose and treat medical conditions
- Assessed illness impact on patient abilities in work activities, placing necessary restrictions
- Referred patients to outside specialists or hospital admission for more advanced care
- Educated patients on preventive health measures and lifestyle changes that resulted in improved health outcomes
- Issued acute and repeat electronic prescriptions following clinical prescribing formulary
- Developed a comprehensive care plan for chronically ill patients resulting reduction in hospital readmissions
- Diagnosed and treated a wide variety of medical conditions, resulting in successful patient recovery
- Prescribed and monitored medication for patients
- Interpreted findings from investigations such as blood tests, communicating diagnosis with patient
- Performed clinical patient examinations promptly, assessing and diagnosing conditions accurately
- Carried out telephone triage and face-to-face consultations to provide evidence-based clinical care to patients
- Managed chronic conditions effectively to improve patients' quality of life.
- Conducted regular check-ups, promoting early detection of illnesses.
- Diagnosed a wide range of diseases, ensuring appropriate treatment plans were implemented.
- Enhanced patient comfort by providing empathetic and comprehensive care.
- Improved overall family health for sustained wellbeing through preventive counselling.

08/2020 - 12/2023

Family Medicine Resident
Indira Gandhi Government General Hospital | Puducherry

- Offered valuable insights into disease prevention by providing education on diet, exercise, hygiene, and disease management.
- Implemented latest clinical guidelines in practice, ensuring adherence to legal obligations.
- Carried out minor surgical procedures increasing scope of practice within the hospital.
- Strengthened service delivery by participating in weekly team meetings discussing case studies and best practices.
- Maintained accurate records adhering strictly to data protection laws.
- Collaborated effectively with nursing staff enhancing overall team performance.
- Managed a diverse range of medical conditions by

- implementing individualised treatment plans.
- Coordinated with multidisciplinary teams for optimal patient outcomes.
- Facilitated referrals for patients requiring specialist intervention leading to quicker diagnosis.
- Ensured timely response to emergency situations for effective crisis management.
- Demonstrated commitment to ongoing professional development through attending seminars and conferences related to family medicine.
- Discussed symptoms, diagnoses and prognoses with patients and caregivers to support informed medical decisions.
- Educated patients and community members about disease prevention and general wellness to boost awareness of public health issues.
- Gained consent to perform suggested treatments and interventions, following all patient advocacy measures to reduce risks.
- Performed minor surgical procedures to alleviate symptoms of basic health issues.
- Signed repeat prescriptions, death certificates and fitness for work statements to fulfil patient needs and requests.
- Delivered immunisations in accordance with local and national standards for care.
- Kept detailed, accurate patient notes for thorough medical records.
- Collaborated with multidisciplinary teams to provide excellent care continuity.
- Assessed diagnostic findings to determine patient treatment plans.
- Signposted nutrition and health advice for improved disease prevention.
- Applied modern medicine principles to appropriately treat medical, surgical & obstetrics conditions.
- Carried out surgeries and procedures with focus and care.

09/2017 - 07/2020

General Practitioner

Honeywellness Clinic | Palakkad

- Improved patient health by providing comprehensive and personalised healthcare.
- Managed complex medical conditions through diligent diagnosis and treatment planning.
- Delivered high standard of care for optimal patient outcomes.
- Ensured continuous care with regular follow-up appointments.
- Performed minor surgeries as part of routine GP duties, lowering referral rates to specialists.
- Applied excellent clinical judgement during emergency situations - saved numerous lives in process.
- Offered compassionate counselling sessions - alleviated anxieties associated with illness.
- Treated wide array of diseases spanning all age groups, emphasising holistic approach towards health and wellness.

- Prescribed medication to treat diagnosed conditions or illnesses.
- Prescribed medication with dosage advice to suit individualised patient needs.
- Referred patients for X-rays and additional procedures to speed up diagnoses.

03/2016 - 03/2017

Intern doctor

Thanjavur Medical College | Thanjavur

- Diagnosed and treated a variety of conditions, providing quality care.
- Collaborated with nurses for optimal patient outcomes.
- Performed regular patient check-ups, ensuring early detection of potential health issues.
- Managed emergency situations effectively, prioritising patient safety.
- Improved medical knowledge with regular attendance at workshops and seminars.
- Rotated across different specialities gaining a holistic understanding of medical practice.
- Assisted in emergency situations, making critical decisions under pressure.
- Complied with all ethical guidelines whilst dealing with sensitive patient data.
- Presented cases at clinical meetings facilitating collective learning and knowledge sharing.
- Assisted senior doctors during rounds providing valuable insights into patient conditions.
- Kept detailed, accurate patient notes for thorough medical records.