



## SURUMI MUSTHAQ

Physiotherapist (DHA ID-03406989)  
(MOH ID- 284405)

+971-508707995

[surumisulaiman51@gmail.com](mailto:surumisulaiman51@gmail.com)

Dubai, UAE

Visa Status: Resident Visa

Languages: English, Arabic, Hindi,  
Malayalam, Tamil

## ACADEMICS

Bachelor of Physiotherapy 2012-2016  
Bethany Navajeevan College of  
Physiotherapy.

## AREA OF EXPERTISE

- PT treatments & Techniques
- Patient assessment & Analysis
- Pain Management
- Rehabilitation Techniques & Equipment's
- Manual Exercise Therapy Techniques
- Stroke Management
- Dry Needling
- Kinesiology taping
- Instrument assisted soft tissue mobilization (IASTM) & cupping technique

## PROFILE SUMMARY

Compassionate & Accomplished **Physiotherapist** possessing strong clinical assessment and **4.5 years of** experience in rehabilitation of **Musculoskeletal, Cardio-Thoracic, Neurological, Obstetrics, Pediatrics, Geriatric, Gynae, Multiple Sclerosis, Sports fitness & postural care etc.** Proficient in assessing findings and prescribing exercises for long-term wellness. Also, possess prominent **client-facing skills** with **BLS TRAINED**

Seeking a position in the sphere of medicine, wherein I can apply my experience & expertise to deliver the best for the betterment of the company.

## PROFESSIONAL EXPERIENCE

### Physiotherapist

- Emirates Hospital Dubai UAE Jan 2024 – Present
- Al Tadawi Speciality Hospital Dubai UAE June 2023 – Dec 2023
- Al Hayat Center , Dubai, UAE Jan 2023 - May 2023
- BEEES Physiotherapy clinic, Kerala May 2022 – Aug 2022
- Government Medical College Hospital, Kerala. Jun 2019 –Dec 2020
- Karunya Physiotherapy Centre,Kerala. Aug 2018 – May 2019

- Worked as **Physiotherapist** for the events, **WORLD RUN** and **WORLD SKATEBOARDING TOUR OF OLYMPIC GAMES**
- To assess the patients and provide appropriate services including **early mobilization, Musculoskeletal, neuro & cardio-Thoracic rehabilitation.**
- Pain management by **manual hands-on techniques, strengthening exercises, and physiotherapeutic modalities.**
- Monitored & documented patients' progress to **therapies & exercises** and recommend modifications to treatment plans.
- Assisted the patients in the **Intensive Care Unit (ICU)**

## CLINICAL TRAININGS / INTERNSHIPS

- Physiotherapy Dept at Kerala Institute of Medical Science Trivandrum - 1 Month
- Physiotherapy Dept at SP Fort hospital, Thiruvananthapuram - 1 Month
- Sree Ramakrishna Hospital Emergency Center - 1 Month
- Sneha theertham Mental hospital - 1 Month
- Sancta Maria Old age - 1 Month
- Physiotherapy trainee at Government General hospital Dec 2016 – Sep 2017

### SOFT SKILLS

- Multi-tasker and fast learner
- Strong leadership skills
- Flexible, adaptable team player
- Good communication & social skills
- Patient Management skills
- Time management skills
- Detail and result oriented
- Proactive, Reliable & Adaptable

### DEPARTMENTS WORKED

- Musculoskeletal & Orthopedics
- Obstetrics, Pediatrics & Gynaecology
- Sports, Fitness & Postural Correction
- Cardio-Thoracic, Neurological
- Burns & Intensive Care Unit (ICU)

### SEMINARS/ WORKSHOPS ATTENDED

- Spiman 2018 (Two Days Hands On Workshop On Spinal Manipulation
- Live O'phy (Cervical And Lumbar Pathologies)
- Kinesiology Taping
- Dry Needling Practitioner- Basic Module
- Instrument Assisted Soft Tissue Mobilization (Iastm) & Cupping Technique
- 

References: Will be furnished upon request